

# The Holy Eucharist

The Fourth Sunday in Lent

March 10, 2024 • 11:15 AM

WASHINGTON NATIONAL CATHEDRAL

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*Worship lies at the heart of the Christian life. It is in worship that we express our theology and define our identity. It is through encountering God within worship that we are formed and transformed as the people of God. One of the glories of the Episcopal Church is its liturgical worship. Liturgy refers to the patterns, forms, words, and actions through which public worship is conducted.*

*The people's responses are in bold.*

*This type of note, offering directions about the service is called a "rubric," which comes from the Latin word rubrica (red)—referring to a time when these instructional notes were always written in red.*

*When the service is accompanied by music, it often begins with an instrumental piece of music, during which the congregation can prepare for worship.*

## PRELUDE

"Largo" from Organ Sonatina No. 4

Christopher Wicks (b. 1975)

*I Love You Jesus*

Kirk Franklin (b. 1970)

## THE ENTRANCE RITE

### INTROIT

*The Lamb*

Stephen Caracciolo (b. 1962)

Little Lamb who made thee  
Dost thou know who made thee  
Gave thee life & bid thee feed.  
By the stream & o'er the mead;  
Gave thee clothing of delight,  
Softest clothing wooly bright;  
Gave thee such a tender voice,  
Making all the vales rejoice!  
Little Lamb who made thee  
Dost thou know who made thee

Little Lamb I'll tell thee  
Little Lamb I'll tell thee!  
He is called by thy name,  
For he calls himself a Lamb:  
He is meek & he is mild,  
He became a little child:  
I a child & thou a lamb,  
We are called by his name.  
Little Lamb God bless thee.  
Little Lamb God bless thee.

*(William Blake, 1757–1827)*

*The people stand as able at the introduction to the hymn.*

# HYMN AT THE PROCESSION • 686

*Come, Thou Fount of Every Blessing*

*Sung by all.*

*Nettleton*

*We begin our worship as a gathered community by praising God in song.*

1. Come, thou fount of ev - ery bless - ing, tune my heart to sing thy  
 2. Here I find my great - est trea - sure; hith - er by thy help, I've  
 3. Oh, to grace how great a debt - or dai - ly I'm con - strained to

grace! Streams of mer - cy nev - er ceas - ing, call for songs of loud-est praise.  
 come; and I hope, by thy good plea - sure, safe - ly to ar - rive at home.  
 be! Let thy good - ness, like a fet - ter, bind my wan - dering heart to thee:

Teach me some me - lo - dious son - net, sung by flam - ing tongues a -  
 Je - sus sought me when a stran - ger, wan-dering from the fold of  
 prone to wan - der, Lord, I feel it, prone to leave the God I

love. Praise the mount! Oh, fix me on it, mount of God's un - chang-ing love.  
 God; he, to res - cue me from dan - ger, in - ter - posed his pre - cious blood.  
 love; here's my heart, oh, take and seal it, seal it for thy courts a - bove.

## THE OPENING ACCLAMATION

Blessed be the God of our salvation:

**Who bears our burdens and forgives our sins.**

## THE PENITENTIAL SENTENCES

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. *1 John 1:8, 9*

*The people may kneel as able or be seated.*

## CONFESSION OF SIN & ABSOLUTION

Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.

Dios de misericordia,  
confesamos que hemos pecado contra ti  
de pensamiento, palabra y obra,  
por lo que hemos hecho  
y por lo que hemos dejado sin hacer.  
No te hemos amado de todo corazón;  
no hemos amado al prójimo como a nosotros mismos.  
Sincera y humildemente nos arrepentimos.  
Por tu Hijo Jesucristo,  
ten piedad de nosotros y perdónanos;  
así tu voluntad será nuestra alegría  
y caminaremos en tus sendas  
para gloria de tu nombre. Amén.

*The presider offers the absolution, and the people respond, Amen.*

## KYRIE ELEISON

*Lord, Have Mercy*

*Sung by all.*

plainsong Mass 18

Kyrie eleison ('Lord, have mercy') is a Greek petition that has long been used in the liturgy. During Lent the Gloria in excelsis (or a song of praise) is not sung and is replaced by the Kyrie eleison or the Trisagion, an ancient hymn from the Orthodox liturgy.

Choir      All

Lord, have mer - cy. Lord, have mer - cy.

Choir      All

Christ, have mer - cy. Christ, have mer - cy.

Choir      All

Lord, have mer - cy. Lord, have mer - cy.

*The people stand as able.*

## THE COLLECT FOR THE FOURTH SUNDAY IN LENT

The collect is the prayer appointed for each Sunday that "collects" or captures the theme of the day or season of the Church year. It summarizes the attributes of God as revealed in the scriptures for the day.

The Lord be with you.  
And also with you.  
Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

*The people are seated.*

# THE WORD OF GOD

## THE FIRST LESSON

*This reading is typically from the Old Testament (Hebrew Scriptures) which Jesus knew and from which he often referred or quoted.*

Numbers 21:4-9

From Mount Hor they set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us." So Moses prayed for the people. And the Lord said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

The Word of the Lord.  
Thanks be to God.

Números 21:4-9

Los israelitas salieron del monte Hor en dirección al Mar Rojo, dando un rodeo para no pasar por el territorio de Edom. En el camino, la gente perdió la paciencia y empezó a hablar contra Dios y contra Moisés. Decían: «¿Para qué nos sacaron ustedes de Egipto? ¿Para hacernos morir en el desierto? No tenemos ni agua ni comida. ¡Ya estamos cansados de esta comida miserable!» El Señor les envió serpientes venenosas, que los mordieron, y muchos israelitas murieron. Entonces fueron a donde estaba Moisés y le dijeron: «¡Hemos pecado al hablar contra el Señor y contra ti! ¡Pídele al Señor que aleje de nosotros las serpientes!» Moisés pidió al Señor que perdonara a los israelitas, y el Señor le dijo: «Hazte una serpiente como ésa, y ponla en el asta de una bandera. Cuando alguien sea mordido por una serpiente, que mire hacia la serpiente del asta, y se salvará.» Moisés hizo una serpiente de bronce y la puso en el asta de una bandera, y cuando alguien era mordido por una serpiente, miraba a la serpiente de bronce y se salvaba.

Palabra de Dios.  
Demos gracias a Dios.

## THE PSALM

*Sung by the choir.*

chant: plainsong mode v

*The psalms are prayers that Jesus used and cover every mood of humanity's relationship with God and one another.*

Psalms 107:1-3, 17-21

Salmo 107:1-3, 17-21

Give thanks to the Lord, for he is good,  
and his mercy endures for ever.  
Let all those whom the Lord has redeemed proclaim  
that he redeemed them from the hand of the foe.  
He gathered them out of the lands;  
from the east and from the west,  
from the north and from the south.  
Some were fools and took to rebellious ways;  
they were afflicted because of their sins.  
They abhorred all manner of food  
and drew near to death's door.  
Then they cried to the Lord in their trouble,  
and he delivered them from their distress.

¡Den gracias a Dios porque es bueno,  
porque su misericordia dura para siempre!  
Díganlo los redimidos del Señor,  
a quienes redimió del poder del enemigo,  
a quienes congregó de las naciones:  
del oriente y del occidente,  
del norte y del sur.  
La gente, insensata y rebelde,  
fue afligida por sus maldades.  
Todo alimento les daba asco;  
llegaron a las puertas de la muerte.  
En su angustia, clamaron al Señor  
y él los libró de su aflicción.

He sent forth his word and healed them  
and saved them from the grave.  
Let them give thanks to the Lord for his mercy  
and the wonders he does for his children.

Dios envió su palabra y los sanó,  
y los rescató del sepulcro.  
Den gracias a Dios porque es bueno,  
por las maravillas que hace por su pueblo.

## THE SECOND LESSON

*This reading, taken from the New Testament, is typically from a letter (epistle) to the early Church, the Acts of the Apostles, or the Revelation to John.*

### Ephesians 2:1-10

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ—by grace you have been saved—and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God—not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

The Word of the Lord.  
**Thanks be to God.**

### Efesios 2:1-10

Antes ustedes estaban muertos a causa de las maldades y pecados en que vivían, pues seguían los criterios de este mundo y hacían la voluntad de aquel espíritu que domina en el aire y que anima a los que desobedecen a Dios. De esa manera vivíamos también todos nosotros en otro tiempo, siguiendo nuestros malos deseos y cumpliendo los caprichos de nuestra naturaleza pecadora y de nuestros pensamientos. A causa de eso, merecíamos con toda razón el terrible castigo de Dios, igual que los demás. Pero Dios es tan misericordioso y nos amó con un amor tan grande, que nos dio vida juntamente con Cristo cuando todavía estábamos muertos a causa de nuestros pecados. Por la bondad de Dios han recibido ustedes la salvación. Y en unión con Cristo Jesús nos resucitó, y nos hizo sentar con él en el cielo. Hizo esto para demostrar en los tiempos futuros su generosidad y su bondad para con nosotros en Cristo Jesús. Pues por la bondad de Dios han recibido ustedes la salvación por medio de la fe. No es esto algo que ustedes mismos hayan conseguido, sino que es un don de Dios. No es el resultado de las propias acciones, de modo que nadie puede gloriarse de nada; pues es Dios quien nos ha hecho; él nos ha creado en Cristo Jesús para que hagamos buenas obras, siguiendo el camino que él nos había preparado de antemano.

Palabra de Dios.  
**Demos gracias a Dios.**

*The people stand as able at the introduction to the hymn.*

*Amazing Grace**Sung by all.**New Britain*

*The sequence hymn moves us toward the summit of the Liturgy of the Word—the reading of the Holy Gospel. Gospel means “good news”—specifically the “good news of Jesus.”*

1. A - maz - ing grace! how sweet the sound, that saved  
 2. 'Twas grace that taught my heart to fear, and grace  
 3. The Lord has prom - ised good to me, his word  
 4. Through man - y dan - gers, toils, and snares, I have  
 5. When we've been there ten thou - sand years, bright shin -

1. a wretch like me! I once was lost but  
 2. my fears re - lieved; how pre - cious did that  
 3. my hope se - cures; he will my shield and  
 4. al - rea - dy come; 'tis grace that brought me  
 5. ing as the sun, we've no less days to

1. now am found, was blind but now I see.  
 2. grace ap - pear the hour I first be - lieved.  
 3. por - tion be as long as life en - dures.  
 4. safe thus far, and grace will lead me home.  
 5. sing God's praise than when we'd first be - gun.

## THE HOLY GOSPEL

*This reading is taken from one of the four Gospels (Matthew, Mark, Luke, and John), which depict the life, teachings, death, resurrection, and ascension of our Lord Jesus Christ. We stand for the Gospel reading to show the particular importance placed on Jesus' words and actions.*

John 3:14-21

Juan 3:14-21

The Holy Gospel of our Lord Jesus Christ according to John.

Glory to you, Lord Christ.

Jesus said, "Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

The Gospel of the Lord.

Praise to you, Lord Christ.

*The people are seated at the invitation of the preacher.*

## THE SERMON

*The sermon directly follows the Gospel because it is to be grounded in the scriptures. It illuminates the scriptural readings and relates them to daily life.*

*The people stand as able.*

Santo evangelio de nuestro Señor Jesucristo según Juan.

Gloria a ti, Cristo Señor.

Jesús dijo: «Así como Moisés levantó la serpiente en el desierto, así también el Hijo del hombre tiene que ser levantado, para que todo el que cree en él tenga vida eterna. Pues Dios amó tanto al mundo, que dio a su Hijo único, para que todo aquel que cree en él no muera, sino que tenga vida eterna. Porque Dios no envió a su Hijo al mundo para condenar al mundo, sino para salvarlo por medio de él. El que cree en el Hijo de Dios, no está condenado; pero el que no cree, ya ha sido condenado por no creer en el Hijo único de Dios. Los que no creen, ya han sido condenados, pues, como hacían cosas malas, cuando la luz vino al mundo prefirieron la oscuridad a la luz. Todos los que hacen lo malo odian la luz, y no se acercan a ella para que no se descubra lo que están haciendo. Pero los que viven de acuerdo con la verdad, se acercan a la luz para que se vea que todo lo hacen de acuerdo con la voluntad de Dios.»

El evangelio del Señor.

Te alabamos, Cristo Señor.

The Reverend Canon Jan Naylor Cope



## THE NICENE CREED

*The word “creed” comes from the Latin “credo” for “I believe.” First formulated at the Council of Nicaea in 325 AD and confirmed in 381 AD, the Nicene Creed is said at the Holy Eucharist and reflects what Christians believe regarding the relationship between the Father, Jesus, and the Holy Spirit: The Holy Trinity.*

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation,  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under  
Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living  
and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver  
of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped  
and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and  
apostolic Church.  
We acknowledge one baptism for the forgiveness  
of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

Creemos en un solo Dios,  
Padre todopoderoso,  
Creador del cielo y de la tierra,  
de todo lo visible e invisible.

Creemos en un solo Señor, Jesucristo,  
Hijo único de Dios,  
nacido del Padre antes de todos los siglos:  
Dios de Dios, Luz de Luz,  
Dios verdadero de Dios verdadero,  
engendrado, no creado,  
de la misma naturaleza que el Padre,  
por quien todo fue hecho;  
que por nosotros, y por nuestra salvación bajó  
del cielo,  
y por obra del Espíritu Santo  
se encarnó de María, la Virgen,  
y se hizo humano.  
Por nuestra causa fue crucificado  
en tiempos de Poncio Pilato;  
padeció y fue sepultado,  
resucitó al tercer día, según las escrituras,  
subió al cielo,  
y está sentado a la derecha del Padre;  
de nuevo vendrá con gloria para juzgar  
a vivos y muertos,  
y su reino no tendrá fin.

Creemos en el Espíritu Santo, Señor y dador de vida,  
que procede del Padre y del Hijo,  
que con el Padre y el Hijo recibe  
una misma adoración y gloria,  
y que habló por los profetas.  
Creemos en la iglesia,  
que es una, santa, católica y apostólica.  
Reconocemos un solo bautismo  
para el perdón de los pecados.  
Esperamos la resurrección de los muertos  
y la vida del mundo futuro. Amén.

*The people are seated.*



## THE ADMISSION OF CATECHUMENS

*Those to be admitted as candidates for baptism at the Great Vigil of Easter are presented. The presider examines the candidates and their sponsors about the candidates' readiness and preparation for a life in Christ.*

*The candidates are received and prayed for. The people respond, Amen.*

*The people stand as able.*

## THE PRAYERS OF THE PEOPLE

*We pray for ourselves and particularly on behalf of others. In our prayers we pray for the for Universal Church, the nation and all who govern, the welfare of the world, the concerns of our community of faith, including those who are in need or suffer, and for the departed. We are reminded in prayer that we are part of a larger fellowship, the Church—the Body of Christ.*

*After each intercession,*

Lord, in your mercy  
Hear our prayer.

Señor, en tu piedad,  
Escucha nuestra oración.

*The presider prays the concluding collect, and the people respond, Amen.*

## THE PEACE

The peace of the Lord be always with you.  
And also with you.

La paz del Señor sea siempre con ustedes.  
Y también contigo.

*The people greet one another with a sign of God's peace and then are seated.*

## THE HOLY COMMUNION

### THE OFFERTORY

*Having listened to the Word of God, affirmed our faith, confessed our sins, received forgiveness and shared in the peace, we are prepared for the drama and miracle of the Holy Communion. At the offertory, we gratefully offer back to God some of what God has given us, symbolically in the bread and wine, and in the money we give.*

*An offering is received to support the Cathedral's ministry of sharing God's love. All are invited to make a gift as the plate is passed, by scanning the QR code on the back of this leaflet, or online at [cathedral.org/give](http://cathedral.org/give).*

*The altar is prepared for Holy Communion.*

### ANTHEM AT THE OFFERTORY

*O vos omnes*

*Sung by the choir.*

Pablo Casals (1876–1973)

*Sung in Latin.*

All you who pass by, look and see if there is any sorrow like my sorrow.

*(Paraphrase of Lamentations 1:12a)*

*The people stand as able at the introduction to the hymn.*

PRESENTATION HYMN • 337 (STANZAS 1-2)

*And Now, O Father, Mindful of the Love*

*Sung by all.*

*Unde et memores*



1. And now, O Fa-ther, mind - ful of the love that bought us, once for all, on Cal-vary's tree,  
2. Look Fa - ther, look on his a-noint-ed face, and on - ly look on us as found in him;



and hav - ing with us him that pleads a - bove, we here pre-sent, we here spread forth to thee,  
look not on our mis - us - ings of thy grace, our prayer so lan - guid, and our faith so dim:



that on - ly of-fering per-fect in thine eyes, the one true, pure, im - mor - tal sac - ri - fice.  
for lo! be-tween our sins and their re - ward, we set the pas-sion of thy Son our Lord.

THE GREAT THANKSGIVING

*In the Great Thanksgiving, we do what Jesus himself asked us to do: thank God and recall all that God has done for us in the life, death, and resurrection of Christ. The Great Thanksgiving, or Eucharistic Prayer, is a long prayer with four parts. Each of these four parts corresponds to a different action of Jesus at the Last Supper, where he took, blessed, broke, and gave bread and wine as sacraments of his body and blood. We begin the Great Thanksgiving with the Sursum corda, meaning "Lift up your hearts."*

The Lord be with you.

And also with you.

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

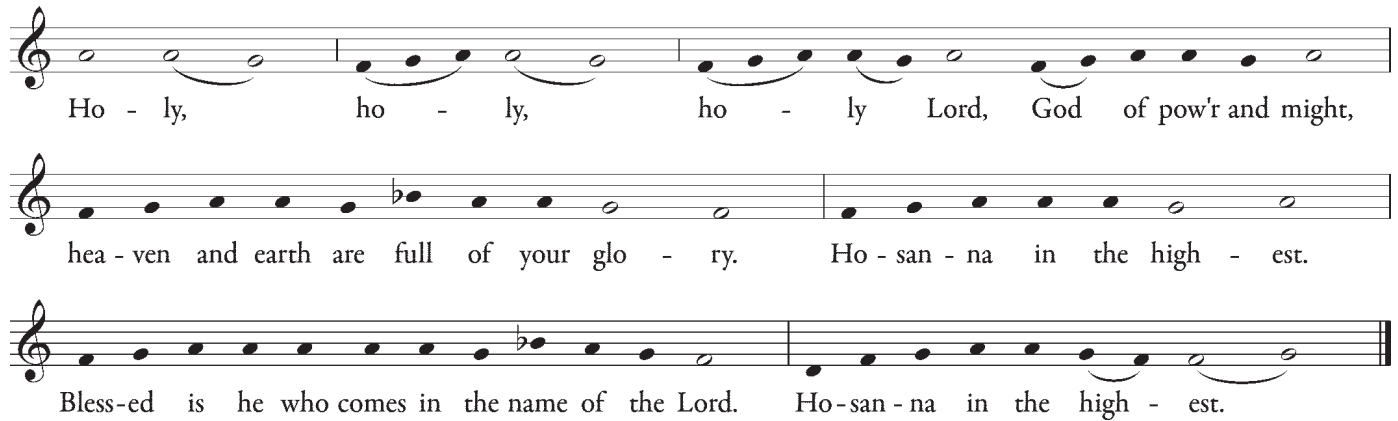
**It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*The Sanctus (Holy, Holy, Holy) is the hymn of praise that never ceases before God and is based on Isaiah 6:3.*



*We recall God's acts of salvation history. The presider says the "Words of Institution" that Jesus said at the Last Supper. At the Memorial Acclamation we remember Christ's death, resurrection, and promise to return at the end of the age. During the prayer, the Holy Spirit is invoked to bless and sanctify the gifts of bread and wine.*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

*The Great Amen is when the congregation with a unified great voice concurs with all that the presider has prayed. It is the only "Amen" in all capitals found in the Book of Common Prayer, signifying the greatness of the congregation's response.*

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

## THE LORD'S PRAYER

*We pray together the prayer that Jesus taught his disciples to pray. The link between our daily bread and the spiritual food we receive in the Eucharist is an ancient connection.*

And now, as our Savior Christ has taught us, we are bold to say,

Notre Père..., Padre nuestro..., Vater unser...,

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

Padre nuestro que estás en el cielo,  
santificado sea tu nombre;  
venga tu reino;  
hágase tu voluntad  
en la tierra como en el cielo.  
Danos hoy nuestro pan de cada día.  
Perdona nuestras ofensas,  
como también nosotros perdonamos  
a los que nos ofenden.  
No nos dejes caer en la tentación  
y líbranos del mal.  
Porque tuyo es el reino, el poder y la gloria,  
ahora y por siempre. Amén.

## THE BREAKING OF THE BREAD

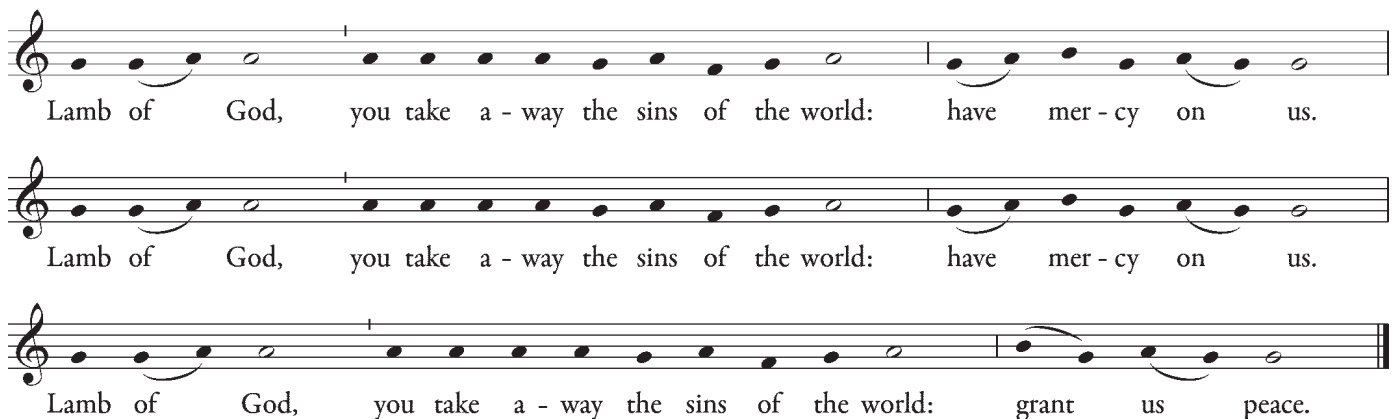
*The presider breaks the bread in silence.*

## FRACTION ANTHEM

*Agnus Dei*

*Sung by all.*

*Mass 18*



Lamb of God, you take a - way the sins of the world: have mer - cy on us.

Lamb of God, you take a - way the sins of the world: have mer - cy on us.

Lamb of God, you take a - way the sins of the world: grant us peace.

## THE INVITATION TO HOLY COMMUNION

*All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Please move at the direction of the ushers. You may receive the bread in open and outstretched hands and respond to receiving Communion by saying "Amen." Gluten-free wafers are available; please make your need known to the minister. Receiving the bread only is full participation in the Eucharist. For those who wish to consume wine, there are separate chalices for drinking and intincting (dipping the bread). You may either drink from a silver chalice or intinct (dip the bread) into a glass chalice. If you prefer to receive a blessing instead of receiving Communion, you may indicate your choice by crossing your hands across your chest. Those who wish to have Holy Communion brought to them at their seat should notify an usher.*

*Those unable to receive Communion today are invited to say the Prayer of Spiritual Communion.*

## ANTHEM DURING THE COMMUNION

*God So Loved*

*Sung by the ensemble.*

Andrew Bergthold, Ed Cash,  
Franni Cash, Martin Cash, Scott Cash

Come all you weary.  
Come all you thirsty.  
Come to the well,  
That never runs dry.  
Drink of the water,  
Come and thirst no more.  
Come all you sinners.  
Come find His mercy.  
Come to the table,  
He will satisfy.  
Taste of His goodness,  
Find what you're looking for.

*Refrain* For God so loved the world  
That He gave us,  
His one and only  
Son to save us.  
Whoever believes in Him  
Will live forever.

Bring all your failures,  
Bring your addictions,  
Come lay them down  
At the foot of the cross.  
Jesus is waiting there  
With open arms.  
See His open arms.

*The people stand as able.*

## THE POSTCOMMUNION PRAYER

Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.

*Refrain*

The power of hell,  
Forever defeated.  
Now it is well,  
I'm walking in freedom.  
For God so loved,  
God so loved the world.

Praise God, praise God,  
From whom all blessings flow.  
Praise Him, praise Him,  
For the wonders of His love.

*Refrain*

The power of hell,  
Forever defeated.  
Now it is well,  
I'm walking in freedom.  
For God so loved,  
God so loved the world.

Bring all your failures,  
Bring your addictions,  
Come lay them down  
At the foot of the cross.  
Jesus is waiting.  
God so loved the world.

Dios eterno, Padre celestial:

En tu gracia nos has aceptado como miembros vivos  
de tu Hijo nuestro Salvador Jesucristo,  
y nos has alimentado con comida espiritual  
en el sacramento de su cuerpo y de su sangre.  
Envíanos ahora en paz al mundo  
y danos fortaleza y valentía  
para amarte y servirte  
con alegría y de todo corazón;  
por Cristo nuestro Señor. Amén.

## THE SOLEMN PRAYER OVER THE PEOPLE

*During the season of Lent, in place of a final blessing, the presider offers a Prayer over the People.*

Let us bow before the Lord.

*The people may kneel or bow as able.*

*The presider prays over the people, and the people respond, Amen.*

*The people stand as able.*

## HYMN AT THE CLOSING • 473

*Lift High the Cross*

*Sung by all.*

*Crucifer*

*Refrain*

Lift high the cross, the love of Christ pro - claim  
till all the world a - dore his sa - cred Name.

1. Led on their way by this tri - um - phant sign,  
2. Each new - born ser - vant of the Cru - ci - fied  
3. O Lord, once lift - ed on the glo - rious tree,  
4. So shall our song of tri - umph ev - er be:

*Repeat Refrain*  
the hosts of God in con - quering ranks com - bine.  
bears on the brow the seal of him who died.  
as thou hast prom - ised, draw the world to thee.  
praise to the Cru - ci - fied for vic - to - ry.

## THE DISMISSAL

Let us bless the Lord.

Thanks be to God.

Bendigamos al Señor.

Demos gracias a Dios.

## POSTLUDE

*Laetare*

Noël Goemanne (1926–2010)



*The Washington Ringing Society will ring the Cathedral bells following the service.*

*You are invited to join the Cathedral clergy for an online sermon discussion today  
at the National-International Coffee Hour at 1:30 pm EST.*

*The link to register: [t.ly/1kHQ](https://t.ly/1kHQ)*

**PARTICIPANTS** Presider: The Reverend Canon Rosemarie Logan Duncan, Canon for Worship; Preacher: The Reverend Canon Jan Naylor Cope, Provost; Gospellers: The Reverend Patrick L. Keyser, Associate Priest for Worship, The Reverend Spencer W. Brown, Priest Associate; Assisting Clergy: The Reverend Canon Dana Colley Corsello, Canon Vicar, The Reverend Canon Leonard L. Hamlin, Sr., Canon Missioner and Minister of Equity and Inclusion, The Reverend Martha D. Johns; Musicians: The Girls Cathedral Choir, The Cathedral Contemporary Ensemble, Canon Michael McCarthy, Canon for Music and Director of Institutional Planning, Thomas M. Sheehan, Organist and Associate Director of Music, Julie DeBoer, Chorister Program Director and Associate Director of Music, Michele Fowlin, Associate Director of Music for Contemporary Worship, Dr. Edward M. Nassor, Carillonneur.

**FLOWERS** In the mid-nave, the Lenten pedestals of branches are given in loving memory of Mary Ashley Scarborough. In accordance with the Cathedral practice of bare altars during the Lenten season, all flower endowments during Lent will be named and honored in the Easter service leaflet.

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All Cathedral worship services are livestreamed via video for our online congregation. By participating in this service you acknowledge that you may be visible on live broadcast or archived video. If you are uncomfortable about the possibility of appearing on video, please see an usher to be reseated in a more private area.



*Thank you for joining us in worship. Please know that your participation with us today has been a blessing.*

The work of this Cathedral is made possible entirely through the support of individuals like you. The gifts of people from across the country and the world are behind every worship service, concert, public program, and the daily work of maintaining this historic landmark and house of prayer for all people.



*All are invited to make a gift to support the Cathedral's ministry of sharing God's love.*

As the plate is passed. • By scanning the QR code at the left. • Online at [cathedral.org/give](https://cathedral.org/give).  
By texting the dollar amount you wish to give to 202-856-9005.

*Thank you for your generosity.*

## LENT, HOLY WEEK, & EASTER 2024

For a full listing of special services and events:  
[cathedral.org/easter](https://cathedral.org/easter)

### ORGAN RENOVATION PROJECT

From January through March, the Cathedral will be under active construction as part of the Organ Renovation Project. The High Altar, Great Choir, and St. John's Chapel will be closed and inaccessible due to scaffolding installed during this period. The Cathedral remains open for Sunday Eucharist, weekday services, and programming throughout the project. Please check [www.cathedral.org](https://www.cathedral.org) for the most up-to-date information about service and program locations. Learn more about the Organ Renovation at [www.cathedral.org/organ](https://www.cathedral.org/organ).

