



Morning Prayer

Good Friday

April 7, 2023 • 10:00 AM

WASHINGTON NATIONAL CATHEDRAL

The people's responses are in bold.

The people stand as able at the sound of the bells.

OPENING SENTENCES

They pierce my hands and my feet; they divide my garments among them; they cast lots for my clothing.
Psalm 22:16b, 17b

Is it nothing to you, all you who pass by? Look and see if there is any sorrow like my sorrow which was brought upon me, whom the Lord has afflicted. *Lamentations 1:12*

THE INVITATORY AND PSALTER

Lord, open our lips.

And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.

God, come to our aid.

Lord, make haste to help us.

PSALM 95:1-7

Said by all.

Venite, exultemus

Come, let us sing to the Lord;
let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving
and raise a loud shout to him with psalms.

For the Lord is a great God,
and a great King above all gods.

In his hand are the caverns of the earth,
and the heights of the hills are his also.

The sea is his, for he made it,
and his hands have molded the dry land.

Come, let us bow down, and bend the knee,
and kneel before the Lord our Maker.

For he is our God,
and we are the people of his pasture and the sheep
of his hand.

Oh, that today you would hearken to his voice!

The people are seated.

Deus, Deus meus

My God, my God, why have you forsaken me?
and are so far from my cry
and from the words of my distress?

**O my God, I cry in the daytime, but you do
not answer;
by night as well, but I find no rest.**

Yet you are the Holy One,
enthroned upon the praises of Israel.

**Our forefathers put their trust in you;
they trusted, and you delivered them.**

They cried out to you and were delivered;
they trusted in you and were not put to shame.

**But as for me, I am a worm and no man,
scorned by all and despised by the people.**

All who see me laugh me to scorn;
they curl their lips and wag their heads, saying,

**“He trusted in the Lord; let him deliver him;
let him rescue him, if he delights in him.”**

Yet you are he who took me out of the womb,
and kept me safe upon my mother’s breast.

**I have been entrusted to you ever since I was born;
you were my God when I was still in my
mother’s womb.**

Be not far from me, for trouble is near,
and there is none to help.

**Many young bulls encircle me;
strong bulls of Bashan surround me.**

They open wide their jaws at me,
like a ravening and a roaring lion.

**I am poured out like water;
all my bones are out of joint;
my heart within my breast is melting wax.**

My mouth is dried out like a pot-sherd;
my tongue sticks to the roof of my mouth;
and you have laid me in the dust of the grave.

**Packs of dogs close me in,
and gangs of evildoers circle around me;
they pierce my hands and my feet;
I can count all my bones.**

They stare and gloat over me;
they divide my garments among them;
they cast lots for my clothing.

**Be not far away, O Lord;
you are my strength; hasten to help me.**

Save me from the sword,
my life from the power of the dog.

**Save me from the lion’s mouth,
my wretched body from the horns of wild bulls.**

I will declare your Name to my brethren;
in the midst of the congregation I will praise you.

**Praise the Lord, you that fear him;
stand in awe of him, O offspring of Israel;
all you of Jacob’s line, give glory.**

For he does not despise nor abhor the poor in
their poverty;

neither does he hide his face from them;
but when they cry to him he hears them.

**My praise is of him in the great assembly;
I will perform my vows in the presence of
those who worship him.**

The poor shall eat and be satisfied,
and those who seek the Lord shall praise him:
“May your heart live for ever!”

**All the ends of the earth shall remember and turn to
the Lord,
and all the families of the nations shall bow
before him.**

For kingship belongs to the Lord;
he rules over the nations.

**To him alone all who sleep in the earth bow down
in worship;
all who go down to the dust fall before him.**

My soul shall live for him;
my descendants shall serve him;
they shall be known as the Lord’s for ever.

**They shall come and make known to a people
yet unborn
the saving deeds that he has done.**

**Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen.**

THE LESSONS

THE FIRST LESSON

Genesis 22:1-14

God tested Abraham. He said to him, "Abraham!" And he said, "Here I am." He said, "Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt-offering on one of the mountains that I shall show you." So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac; he cut the wood for the burnt-offering, and set out and went to the place in the distance that God had shown him. On the third day Abraham looked up and saw the place far away. Then Abraham said to his young men, "Stay here with the donkey; the boy and I will go over there; we will worship, and then we will come back to you." Abraham took the wood of the burnt-offering and laid it on his son Isaac, and he himself carried the fire and the knife. So the two of them walked on together. Isaac said to his father Abraham, "Father!" And he said, "Here I am, my son." He said, "The fire and the wood are here, but where is the lamb for a burnt-offering?" Abraham said, "God himself will provide the lamb for a burnt-offering, my son." So the two of them walked on together. When they came to the place that God had shown him, Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood. Then Abraham reached out his hand and took the knife to kill his son. But the angel of the Lord called to him from heaven, and said, "Abraham, Abraham!" And he said, "Here I am." He said, "Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me." And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and took the ram and offered it up as a burnt-offering instead of his son. So Abraham called that place "The Lord will provide"; as it is said to this day, "On the mount of the Lord it shall be provided."

Here ends the lesson.

The people stand as able.

A SONG OF PENITENCE

Said by all.

Kyrie Pantokrator

O Lord and Ruler of the hosts of heaven,
God of Abraham, Isaac, and Jacob,
and of all their righteous offspring:
You made the heavens and the earth,
with all their vast array.
All things quake with fear at your presence;
they tremble because of your power.
But your merciful promise is beyond all measure;
it surpasses all that our minds can fathom.
O Lord, you are full of compassion,
long-suffering, and abounding in mercy.
You hold back your hand;
you do not punish as we deserve.
In your great goodness, Lord,
you have promised forgiveness to sinners,
that they may repent of their sin and be saved.

And now, O Lord, I bend the knee of my heart,
and make my appeal, sure of your gracious
goodness.
I have sinned, O Lord, I have sinned,
and I know my wickedness only too well.
Therefore I make this prayer to you:
Forgive me, Lord, forgive me.
Do not let me perish in my sin,
nor condemn me to the depths of the earth.
For you, O Lord, are the God of those who repent,
and in me you will show forth your goodness.
Unworthy as I am, you will save me,
in accordance with your great mercy,
and I will praise you without ceasing all the days of
my life.
For all the powers of heaven sing your praises,
and yours is the glory to ages of ages. Amen.

(Prayer of Manasseh, 1-2, 4, 6-7, 11-15)

The people are seated.

Concerning this salvation, the prophets who prophesied of the grace that was to be yours made careful search and inquiry, inquiring about the person or time that the Spirit of Christ within them indicated, when it testified in advance to the sufferings destined for Christ and the subsequent glory. It was revealed to them that they were serving not themselves but you, in regard to the things that have now been announced to you through those who brought you good news by the Holy Spirit sent from heaven—things into which angels long to look! Therefore prepare your minds for action; discipline yourselves; set all your hope on the grace that Jesus Christ will bring you when he is revealed. Like obedient children, do not be conformed to the desires that you formerly had in ignorance. Instead, as he who called you is holy, be holy yourselves in all your conduct; for it is written, ‘You shall be holy, for I am holy.’ If you invoke as Father the one who judges all people impartially according to their deeds, live in reverent fear during the time of your exile. You know that you were ransomed from the futile ways inherited from your ancestors, not with perishable things like silver or gold, but with the precious blood of Christ, like that of a lamb without defect or blemish. He was destined before the foundation of the world, but was revealed at the end of the ages for your sake.

Here ends the lesson.

The people stand as able.

A SONG TO THE LAMB

Said by all.

Dignus es

**Splendor and honor and kingly power
are yours by right, O Lord our God,
For you created everything that is,
and by your will they were created and have their being;
And yours by right, O Lamb that was slain,
for with your blood you have redeemed for God,
From every family, language, people, and nation,
a kingdom of priests to serve our God.
And so, to him who sits upon the throne,
and to Christ the Lamb,
Be worship and praise, dominion and splendor,
for ever and for evermore.**

(Revelation 4:11; 5:9-10, 13)

THE APOSTLES' CREED

Said by all.

Officiant Christ for our sake became obedient unto death, even death on a Cross. Let us proclaim our faith saying,

I believe in God, the Father almighty,
creator of heaven and earth;
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

THE PRAYERS

Officiant The Lord be with you.

People And also with you.

Officiant Let us pray.

THE LORD'S PRAYER

Said by all.

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.

THE SUFFRAGES

- V. Show us your mercy, O Lord;
R. **And grant us your salvation.**
V. Clothe your ministers with righteousness;
R. **Let your people sing with joy.**
V. Give peace, O Lord, in all the world;
R. **For only in you can we live in safety.**
V. Lord, keep this nation under your care;
R. **And guide us in the way of justice and truth.**
V. Let your way be known upon earth;
R. **Your saving health among all nations.**
V. Let not the needy, O Lord, be forgotten;
R. **Nor the hope of the poor be taken away.**
V. Create in us clean hearts, O God;
R. **And sustain us with your Holy Spirit.**

THE COLLECTS

Almighty God, we pray you graciously to behold this your family, for whom our Lord Jesus Christ was willing to be betrayed, and given into the hands of sinners, and to suffer death upon the cross; who now lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ our Lord. **Amen.**

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. **Amen.**

The people are seated at the invitation of the homilist.

THE MEDITATION

The Reverend Canon Stuart A. Kenworthy

The people stand as able.

THE GENERAL THANKSGIVING

Said by all.

Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

Let us bless the Lord.
Thanks be to God.

The congregation leaves in silence or may remain to pray quietly.

HOLY WEEK & EASTER 2023

FRIDAY, APRIL 7: GOOD FRIDAY

Rite of Reconciliation (Confession) • 10:15–11:45 AM and 5:00–6:30 PM
Solemn Liturgy of Good Friday • NOON
Good Friday Evening Service • 7:00 PM

SATURDAY, APRIL 8: EASTER EVE

Great Vigil & First Eucharist of Easter • 8:00 PM

SUNDAY, APRIL 9: THE SUNDAY OF THE RESURRECTION: EASTER DAY

Festival Holy Eucharist • 8:00 AM and 11:15 AM (passes required)
Organ Recital • 2:00 PM
Choral Evensong • 4:00 PM

For a full listing of special services and events for Holy Week and Easter:
cathedral.org/easter

ABOUT THE GOOD FRIDAY OFFERING

Our Good Friday offering will be contributed to the work of the Anglican Communion in Jerusalem and the Middle East. This joins with offerings being taken in Episcopal churches throughout the nation today symbolizing unity with and concern for those who witness to Christ throughout that region. Checks should be made out to: The Domestic and Foreign Missionary Society with “Good Friday Offering” in the memo line. Give securely online at iam.ec/goodfridayoffering.

The Christian presence in the Middle East is a key bridge to peace-building among the faiths and ethnic groups of the region. The Good Friday Offering demonstrates our support for Christians of the region, assuring them that they are neither forgotten nor alone. By supporting their ministries of education, health care, and pastoral work, we help maintain and improve relationships that are the essential foundations for reconciliation and peace throughout the region. The Good Friday Offering is an expression of our solidarity with our sisters and brothers in Christ who keep the faith alive throughout the Land of the Holy One.

OFFICIANT

The Reverend Canon Stuart A. Kenworthy
Canon, Episcopal Diocese of Washington (Hon.)

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