



WELCOME

WASHINGTON NATIONAL CATHEDRAL

JULY 19, 2020



Preaching Today

The Rev. Canon Jan Naylor Cope



Presiding Today

The Rev. Canon Rosemarie Logan Duncan

An Online House of Prayer for All People

Even though our building is closed temporarily, we're committed to bringing all the warmth, beauty and God's presence in the Cathedral directly to you! We invite you to interact with us in new ways, and we hope you find a measure of comfort and God's grace in these challenging times.

COVID-19 closures have disrupted life for everyone, and we know this is a difficult time for many. You can help the Cathedral provide comfort and hope for our nation. Give today at cathedral.org/support

Your Online Cathedral

Enjoy exclusive online content at cathedral.org/online

PRAYER REQUESTS

[Submit prayers](#) for yourself, those you love and the world. During the week we offer these prayers during a time of prayer and intercession.

LEARN & EXPLORE

Since you can't visit the Cathedral, we'll bring the Cathedral to you! Each week we share new Cathedral highlights online. This week, we showcase our patron saints, Peter and Paul, in the Cathedral's art.

CHAPEL PILGRIMAGES

Join Cathedral clergy for a series of [Chapel Pilgrimages](#), exploring the chapels and offering meditations.

CARILLON RECITALS

Most Saturdays Cathedral Carillonneur Edward M. Nassor plays a recital on the 53-bell Kibbey Carillon. Listen from outside on the Cathedral grounds.

LET THERE BE LEGO!

For \$2/brick, [you can help build](#) the world's largest Cathedral made of LEGO® bricks. All funds go toward repairing earthquake damage.

Virtual Coffee Hour

Sundays

Join Canon Vicar Dana Colley Corsello as we gather as a national, online congregation for a cup of virtual coffee. [Registration](#) is limited.

Preaching Next Week

Sunday, July 26, 11:15 am

Join us next week when the Rev. Canon Dana Colley Corsello preaches and the Very Rev. Randolph Marshall Hollerith presides.

Oral Histories

ORAL HISTORIES

We can only work for a better future if we truly understand our past. The Cathedral's Racial Justice Task Force has been collecting a series of first-person oral histories from African American members of the Cathedral community to help us all learn, reflect and walk forward together. [Watch the series.](#)

COVID Memorial Prayers

Saturdays, noon

The Cathedral joins in grieving the lives lost to the coronavirus pandemic, and we share the pain of anxiety and loss in these uncertain times. [Submit the names](#) of friends or loved ones lost to the COVID-19 pandemic to be included in weekly memorial services.

Online Magazine

This special issue of *Cathedral Age* magazine documents how the Cathedral found new ways to live into its call to be a "great church for national purposes" during the spring lockdown, and the changes large and small that introduced the Cathedral to a growing audiences around the country. Whether you're part of the newly expanded Cathedral family, or a longtime member, we hope you'll enjoy reading our latest issue. [Read online.](#)

Online Spiritual Practices

ONLINE LISTENING FOR GOD

Tuesday, July 21, 5:30 pm

ONLINE CENTERING PRAYER

Tuesday, July 21, 6 pm

Tuesday evening prayer gatherings are offered online from the Center for Prayer and Pilgrimage [Facebook page.](#)

SPIRITUAL SUMMER CAMP

Sunday, 4–5 pm

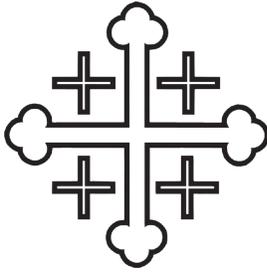
July 26 - [Contemporary Illuminated Manuscript](#)

August 9 - [Lectio Divina: A Doorway Into Creative Prayer](#)

Why should kids have all the fun? Explore playful practices that nourish the spirit. Invite your friends or make new ones as we write, draw, and engage with the Spirit in creative community. Register for Zoom link and password.

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The Holy Eucharist

The Seventh Sunday after Pentecost

July 19, 2020 • 11:15 AM

WASHINGTON NATIONAL CATHEDRAL

Worship lies at the heart of the Christian life. It is in worship that we express our theology and define our identity. It is through encountering God within worship that we are formed and transformed as the people of God. One of the glories of the Episcopal Church is its liturgical worship. Liturgy refers to the patterns, forms, words, and actions through which public worship is conducted.

The people's responses are in bold.

This type of note, offering directions about the service is called a "rubric," which comes from the Latin word rubrica (red)—referring to a time when these instructional notes were always written in red.

THE ENTRANCE RITE

When the service is accompanied by music, it often begins with an instrumental piece of music, during which the congregation can prepare for worship.

PRELUDE

Air for Organ, Op. 68, No. 1
Grand Lothbury Voluntary

William B. Cooper (1920-1993)
Angela Kraft Cross (b. 1957)

INTROIT

Glory to your name

Byron Cage (b. 1962)

Glory to your name,
Glory to your name,
Glory to your name.

Forever you are the same.

We worship and adore you.

We bow ourselves before you,

Giving you the glory

That is due your name.

We magnify your name,

Glorify your name,

O God.

*Immortal, invisible, God only wise**Sung by all.**St. Denio**We begin our worship as a gathered community by praising God in song.*

1. Im - mor - tal, in - vis - i - ble, God on - ly wise, in light in - ac -
 2. Un - rest - ing, un - hast - ing, and si - lent as light, nor - want - ing, nor
 3. To all life thou giv - est, to both great and small; in all life thou
 4. Thou reign - est in glo - ry, thou rul - est in light, thine an - gels a -
 ces - si - ble hid from our eyes, most bless - ed, most glo - rious, the
 wast - ing, thou rul - est in might; thy jus - tice like moun - tains high
 liv - est, the true life of all; we blos - som and flour - ish, like
 dore thee, all veil - ing their sight; all laud we would ren - der: O
 An - cient of Days, al - might - y, vic - tor - ious, thy great Name we praise.
 soar - ing a - bove thy clouds, which are foun - tains of good - ness and love.
 leaves on the tree, then with - er and per - ish; but nought chan - geth thee.
 help us to see 'tis on - ly the spen - dor of light hid - eth thee.

THE OPENING ACCLAMATION

Blessed be God: Father, Son, and Holy Spirit.

And blessed be God's kingdom, now and for ever. Amen.

THE COLLECT FOR PURITY*This prayer was an English rendering of a Latin prayer that began the liturgy in the medieval church before the Reformation. It remains a distinctive part of Episcopal worship to this day.*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Dios omnipotente, para quien todos los corazones están manifiestos, todos los deseos son conocidos y ningún secreto se halla encubierto: Purifica los pensamientos de nuestros corazones por la inspiración de tu Santo Espíritu, para que perfectamente te amemos y dignamente proclamemos la grandeza de tu santo Nombre; por Cristo nuestro Señor. Amén.

The Gloria, or some other song of praise, centers the service on the God we gather to praise in our worship.

Glo-ry to God in the high - est, and peace to his peo-ple on earth. Lord
 God, heaven-ly King, al - might-y God and Fa - ther, we wor - ship you, we give you thanks, we
 praise you for your glo - ry. Lord Je - sus Christ, on-ly Son of the Fa - ther, Lord God, Lamb of God, you
 take a-way the sin of the world: have mer - cy on us; you are seat-ed at the right hand of the Fa - ther:
 re - ceive our prayer. For you a-lone are the Ho - ly One, you a - lone are the
 Lord, you a - lone are the Most High, Je - sus Christ, with the Ho - ly
 Spi - rit, in the glo - ry of God the Fa - ther. A - men.

THE WORD OF GOD

THE COLLECT FOR THE SEVENTH SUNDAY AFTER PENTECOST

The collect is the prayer appointed for each Sunday that “collects” or captures the theme of the day or season of the Church year. It summarizes the attributes of God as revealed in the scriptures for the day.

The Lord be with you.

And also with you.

Let us pray.

Almighty God, the fountain of all wisdom, you know our necessities before we ask and our ignorance in asking; Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness we cannot ask; through the worthiness of your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE FIRST READING

This reading is typically from the Old Testament (Hebrew Scriptures) which Jesus knew and from which he often referred or quoted.

Isaiah 44:6-8

Thus says the Lord, the King of Israel, and his Redeemer, the Lord of hosts: I am the first and I am the last; besides me there is no god. Who is like me? Let them proclaim it, let them declare and set it forth before me. Who has announced from of old the things to come? Let them tell us what is yet to be. Do not fear, or be afraid; have I not told you from of old and declared it? You are my witnesses! Is there any god besides me? There is no other rock; I know not one.

The Word of the Lord.
Thanks be to God.

Isaías 44:6-8

El Señor, el rey y redentor de Israel, el Señor todopoderoso, dice: «Yo soy el primero y el último; fuera de mí no hay otro dios. ¿Quién hay igual a mí? Que hable y me lo explique. ¿Quién ha anunciado desde el principio el futuro, y dice lo que está por suceder? Pero, ¡ánimo, no tengan miedo! Yo así lo dije y lo anuncié desde hace mucho, y ustedes son mis testigos. ¿Hay acaso otro dios fuera de mí? No hay otro refugio; no conozco ninguno.»

Palabra del Señor.
Demos gracias a Dios.

THE PSALM

Sung by the cantor.

arr. Michael McCarthy (b. 1966)

The psalms are prayers that Jesus used and cover every mood of humanity's relationship with God and one another.

Psalms 86:11-17

Teach me your way, O Lord,
and I will walk in your truth;
 knit my heart to you that I may fear your Name.
I will thank you, O Lord my God, with all my heart,
 and glorify your Name for evermore.
For great is your love toward me;
 you have delivered me from the nethermost Pit.
The arrogant rise up against me, O God,
and a band of violent men seeks my life;
 they have not set you before their eyes.
But you, O Lord, are gracious and full of compassion,
 slow to anger, and full of kindness and truth.
Turn to me and have mercy upon me;
 give your strength to your servant;
 and save the child of your handmaid.
Show me a sign of your favor,
so that those who hate me may see it and be ashamed;
 because you, O Lord, have helped me
 and comforted me.

Salmo 86:11-17

Enséñame, oh Señor, tu camino,
para que siga yo en tu verdad;
 afirma mi corazón, para que tema tu Nombre.
Te daré gracias de todo corazón, oh Señor mi Dios;
 glorificaré tu Nombre para siempre;
Porque grande es tu misericordia para conmigo;
 me has librado del Abismo profundo.
Oh Dios, los soberbios se levantan contra mí;
una banda de hombres violentos busca mi vida;
 no te han puesto delante de sus ojos;
Mas tú, oh Señor, eres misericordioso y clemente,
 tardo para la ira, y rico en gracia y verdad.
Mírame, y ten misericordia de mí;
 da de tu fuerza a tu siervo,
 y salva al hijo de tu sierva.
Dame una señal de tu favor,
para que la vean los que me odian, y se avergüencen;
 porque tú, oh Señor, me ayudaste y me consolaste.

THE SECOND READING

This reading, taken from the New Testament, is typically from a letter (epistle) to the early Church, the Acts of the Apostles, or the Revelation to John.

Romans 8:12-25

Romanos 8:12-25

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh—for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, “Abba! Father!” it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ—if, in fact, we suffer with him so that we may also be glorified with him. I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labor pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

The Word of the Lord.
Thanks be to God.

Así pues, hermanos, tenemos una obligación, pero no es la de vivir según las inclinaciones de la naturaleza débil. Porque si viven ustedes conforme a tales inclinaciones, morirán; pero si por medio del Espíritu hacen ustedes morir esas inclinaciones, vivirán. Todos los que son guiados por el Espíritu de Dios, son hijos de Dios. Pues ustedes no han recibido un espíritu de esclavitud que los lleve otra vez a tener miedo, sino el Espíritu que los hace hijos de Dios. Por este Espíritu nos dirigimos a Dios, diciendo: «¡Abbá! ¡Padre!» Y este mismo Espíritu se une a nuestro espíritu para dar testimonio de que ya somos hijos de Dios. Y puesto que somos sus hijos, también tendremos parte en la herencia que Dios nos ha prometido, la cual compartiremos con Cristo, puesto que sufrimos con él para estar también con él en su gloria. Considero que los sufrimientos del tiempo presente no son nada si los comparamos con la gloria que habremos de ver después. La creación espera con gran impaciencia el momento en que se manifieste claramente que somos hijos de Dios. Porque la creación perdió su verdadera finalidad, no por su propia voluntad, sino porque Dios así lo había dispuesto; pero le quedaba siempre la esperanza de ser liberada de la esclavitud y la destrucción, para alcanzar la gloriosa libertad de los hijos de Dios. Sabemos que hasta ahora la creación entera se queja y sufre como una mujer con dolores de parto. Y no sólo ella sufre, sino también nosotros, que ya tenemos el Espíritu como anticipo de lo que vamos a recibir. Sufrimos profundamente, esperando el momento de ser adoptados como hijos de Dios, con lo cual serán liberados nuestros cuerpos. Con esa esperanza hemos sido salvados. Sólo que esperar lo que ya se está viendo no es esperanza, pues, ¿quién espera lo que ya está viendo? Pero si lo que esperamos es algo que todavía no vemos, tenemos que esperarlo sufriendo con firmeza.

Palabra del Señor.
Demos gracias a Dios.

HYMN AT THE SEQUENCE

We are climbing Jacob's ladder

Sung by all.

Negro spiritual

The sequence hymn moves us toward the summit of the Liturgy of the Word—the reading of the Holy Gospel. Gospel means “good news”—specifically the “good news of Jesus.”



1. We are climb-ing Ja - cob's lad - der; we are climb-ing Ja - cob's lad - der;
2. Ev-ery round goes high-er, high-er; ev-ery round goes high-er, high-er;
3. Sin-ner, do you love your Je - sus? sin-ner, do you love your Je - sus?
4. If you love him why not serve him; if you love him why not serve him;

we are climb-ing Ja - cob's lad - der, sol - diers of the cross.
ev - ery round goes high-er, high-er, sol - diers of the cross.
sin - ner, do you love your Je - sus? sol - diers of the cross.
if you love him why not serve him, sol - diers of the cross.

THE HOLY GOSPEL

This reading is taken from one of the four Gospels (Matthew, Mark, Luke, and John), which depict the life, teachings, death, resurrection, and ascension of our Lord Jesus Christ. We stand for the Gospel reading to show the particular importance placed on Jesus' words and actions.

Matthew 13:24-30, 36-43

Mateo 13:24-30, 36-43

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, Lord Christ.

Another parable Jesus put before the crowds: “The kingdom of heaven may be compared to someone who sowed good seed in his field; but while everybody was asleep, an enemy came and sowed weeds among the wheat, and then went away. So when the plants came up and bore grain, then the weeds appeared as well. And the slaves of the householder came and said to him, ‘Master, did you not sow good seed in your field? Where, then, did these weeds come from?’ He answered, ‘An enemy has done this.’ The slaves said to him, ‘Then do you want us to go and gather them?’ But he replied, ‘No; for in gathering the weeds you would uproot the wheat along with them. Let both of them grow together until the harvest; and at harvest time I will tell the reapers, Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn.’” Then he left the crowds and went into the house. And his disciples approached him, saying, “Explain to us the parable of the weeds of the field.” He answered, “The one who sows the good seed is the Son of Man; the field is the world, and the good

Santo Evangelio de nuestro Señor Jesucristo, según Mateo.

¡Gloria a ti, Cristo Señor!

Jesús les contó esta otra parábola: «Sucede con el reino de los cielos como con un hombre que sembró buena semilla en su campo; pero cuando todos estaban durmiendo, llegó un enemigo, sembró mala hierba entre el trigo y se fue. Cuando el trigo creció y se formó la espiga, apareció también la mala hierba. Entonces los trabajadores fueron a decirle al dueño: “Señor, si la semilla que sembró usted en el campo era buena, ¿de dónde ha salido la mala hierba?” El dueño les dijo: “Algún enemigo ha hecho esto.” Los trabajadores le preguntaron: “¿Quiere usted que vayamos a arrancar la mala hierba?” Pero él les dijo: “No, porque al arrancar la mala hierba pueden arrancar también el trigo. Lo mejor es dejarlos crecer juntos hasta la cosecha; entonces mandaré a los que han de recogerla que recojan primero la mala hierba y la aten en manojos, para quemarla, y que después guarden el trigo en mi granero.”» Jesús despidió entonces a la gente y entró en la casa, donde sus discípulos se le acercaron y le pidieron que les explicara la parábola de la mala hierba en el campo. Jesús les respondió: «El que siembra la

seed are the children of the kingdom; the weeds are the children of the evil one, and the enemy who sowed them is the devil; the harvest is the end of the age, and the reapers are angels. Just as the weeds are collected and burned up with fire, so will it be at the end of the age. The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers, and they will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears listen!”

The Gospel of the Lord.
Praise to you, Lord Christ.

buena semilla es el Hijo del hombre, y el campo es el mundo. La buena semilla representa a los que son del reino, y la mala hierba representa a los que son del maligno, y el enemigo que sembró la mala hierba es el diablo. La cosecha representa el fin del mundo, y los que recogen la cosecha son los ángeles. Así como la mala hierba se recoge y se echa al fuego para quemarla, así sucederá también al fin del mundo. El Hijo del hombre mandará a sus ángeles a recoger de su reino a todos los que hacen pecar a otros, y a los que practican el mal. Los echarán en el horno encendido, y vendrán el llanto y la desesperación. Entonces los justos brillarán como el sol en el reino de su Padre. Los que tienen oídos, oigan.»

El Evangelio del Señor.
Te alabamos, Cristo Señor.

THE SERMON

The Reverend Canon Jan Naylor Cope

The sermon directly follows the Gospel because it is to be grounded in the scriptures. It illuminates the scriptural readings and relates them to daily life.

THE NICENE CREED

The word "creed" comes from the Latin "credo" for "I believe." First formulated at the Council of Nicaea in 325 AD and confirmed in 381 AD, the Nicene Creed is said at the Holy Eucharist and reflects what Christians believe regarding the relationship between the Father, Jesus, and the Holy Spirit: The Holy Trinity.

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation,
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under
Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of
the Father.
He will come again in glory to judge the living
and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver
of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped
and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and
apostolic Church.
We acknowledge one baptism for the forgiveness
of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Creemos en un solo Dios,
Padre todopoderoso,
Creador de cielo y tierra,
de todo lo visible e invisible.

Creemos en un solo Señor, Jesucristo,
Hijo único de Dios,
nacido del Padre antes de todos los siglos:
Dios de Dios, Luz de Luz,
Dios verdadero de Dios verdadero,
engendrado, no creado,
de la misma naturaleza que el Padre,
por quien todo fue hecho;
que por nosotros
y por nuestra salvación
bajó del cielo:
por obra del Espíritu Santo
se encarnó de María, la Virgen,
y se hizo hombre.
Por nuestra causa fue crucificado
en tiempos de Poncio Pilato:
padeció y fue sepultado.
Resucitó al tercer día, según las Escrituras,
subió al cielo
y está sentado a la derecha del Padre.
De nuevo vendrá con gloria
para juzgar a vivos y muertos,
y su reino no tendrá fin.

Creemos en el Espíritu Santo,
Señor y dador de vida,
que procede del Padre y del Hijo,
que con el Padre y el Hijo
recibe una misma adoración y gloria,
y que habló por los profetas.
Creemos en la Iglesia,
que es una, santa, católica y apostólica.
Reconocemos un solo Bautismo
para el perdón de los pecados.
Esperamos la resurrección de los muertos
y la vida del mundo futuro. Amén.

THE PRAYERS OF THE PEOPLE

We pray for ourselves and particularly on behalf of others. In our prayers we pray for the Universal Church, the nation and all who govern, the welfare of the world, the concerns of our community of faith, including those who are in need or suffer, and for the departed. We are reminded in prayer that we are part of a larger fellowship, the Church—the Body of Christ.

After each intercession,

Hear us, O God.
Your mercy is great.

Después de cada intercesión,

Atiéndonos, O Señor.
Tu misericordia es grande.

The presider prays the concluding collect, and the people respond, Amen.

THE CONFESSION & ABSOLUTION

Confessing our sins, receiving forgiveness (absolution), and showing signs of peace to one another prepare us to receive Christ in the Sacrament of Holy Communion.

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Dios de misericordia,
confesamos que hemos pecado contra ti
por pensamiento, palabra y obra,
por lo que hemos hecho
y lo que hemos dejado de hacer.
No te hemos amado con todo el corazón;
no hemos amado a nuestro prójimo como a nosotros
mismos.
Sincera y humildemente nos arrepentimos.
Por amor de tu Hijo Jesucristo,
ten piedad de nosotros y perdónanos;
así tu voluntad será nuestra alegría
y andaremos por tus caminos,
para gloria de tu Nombre. Amén.

The presider offers absolution and the people respond, Amen.

THE PEACE

The peace of the Lord be always with you.
And also with you.

La paz del Señor sea siempre con ustedes.
Y con tu espíritu.

THE HOLY COMMUNION

THE OFFERTORY

Having listened to the Word of God, affirmed our faith, confessed our sins, received forgiveness and shared in the peace, we are prepared for the drama and miracle of the Holy Communion. At the offertory, we gratefully offer back to God some of what God has given us, symbolically in the bread and wine, and in the money we give.

All are invited to make a gift to support the Cathedral's ministry of sharing God's love with the world by texting the dollar amount you wish to give to (202) 856-9005 or visiting cathedral.org/support.

The altar is prepared for Holy Communion.

ANTHEM AT THE OFFERTORY

"Laudamus te" from *Mass in B minor*, BWV 232 *Sung by the cantor.* Johann Sebastian Bach (1685-1750)

Sung in Latin.

We praise you.

We bless you.

We worship you.

We glorify you.

THE GREAT THANKSGIVING

In the Great Thanksgiving, we do what Jesus himself asked us to do: thank God and recall all that God has done for us in the life, death, and resurrection of Christ. The Great Thanksgiving, or Eucharistic Prayer, is a long prayer with four parts. Each of these four parts corresponds to a different action of Jesus at the Last Supper, where he took, blessed, broke, and gave bread and wine as sacraments of his body and blood. We begin the Great Thanksgiving with the Sursum corda, meaning "Lift up your hearts."

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

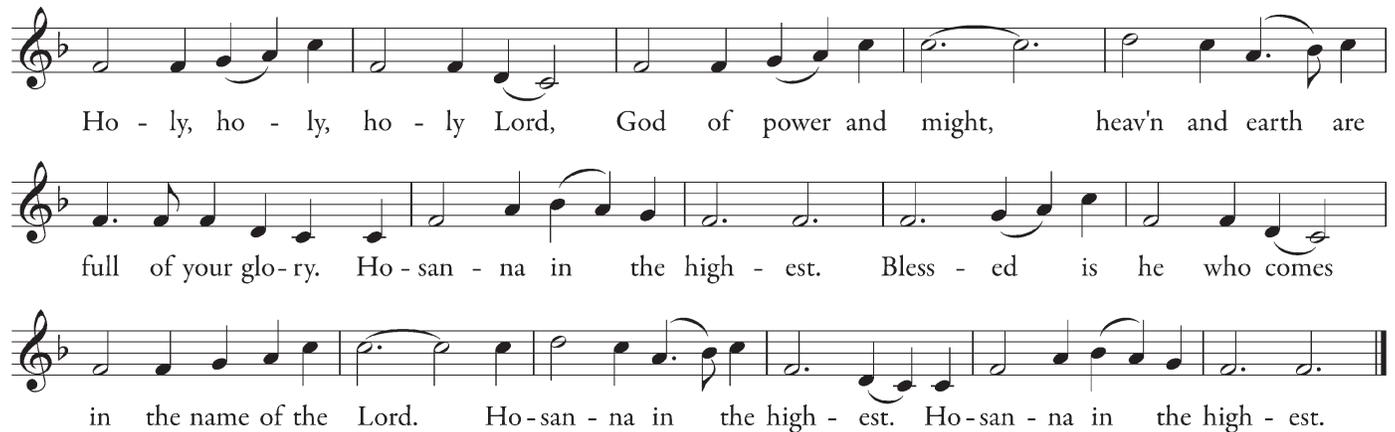
It is right to give our thanks and praise.

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

The Sanctus (Holy, Holy, Holy) is the hymn of praise that never ceases before God and is based on Isaiah 6:3.



Ho - ly, ho - ly, ho - ly Lord, God of power and might, heav'n and earth are
 full of your glo-ry. Ho - san - na in the high - est. Bless - ed is he who comes
 in the name of the Lord. Ho-san - na in the high - est. Ho-san - na in the high - est.

We recall God's acts of salvation history. The presider says the "Words of Institution" that Jesus said at the Last Supper. At the Memorial Acclamation we remember Christ's death, resurrection, and promise to return at the end of the age. During the prayer, the Holy Spirit is invoked to bless and sanctify the gifts of bread and wine.

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love.

You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with our patrons, the Apostles Peter and Paul, and all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

THE LORD'S PRAYER

We pray together the prayer that Jesus taught his disciples to pray. The link between our daily bread and the spiritual food we receive in the Eucharist is an ancient connection.

And now, as our Savior Christ has taught us, we are bold to say,

Notre Père..., Padre nuestro..., Vater unser...,

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,
for ever and ever. Amen.

Padre nuestro que estás en el cielo,
santificado sea tu Nombre,
venga tu reino,
hágase tu voluntad,

en la tierra como en el cielo.

Danos hoy nuestro pan de cada día.

Perdona nuestras ofensas,

como también nosotros perdonamos
a los que nos ofenden.

No nos dejes caer en tentación

y líbranos del mal.

Porque tuyo es el reino,

tuyo es el poder,

y tuya es la gloria,

ahora y por siempre. Amén.

THE BREAKING OF THE BREAD & THE FRACTION ANTHEM

The presider breaks the bread in silence.

This is the Body of Christ

Sung by all.

John Bell (b. 1949)

This is the Bo - dy of Christ,___ bro - ken that we may be whole;___ this cup, as
pro - mised by God, true to his word, cra - dles our Lord;___ food for the good of the soul. ___

THE INVITATION TO HOLY COMMUNION

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

The presider invites the following prayer to be said by all.

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot receive you in the Sacrament of your Body and Blood, come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

ANTHEM DURING THE COMMUNION

Safe from Harm

If I lose my life, I will find again.
I will soar on eagle's wings and then
Ever cease from war, rest in Jesus arms,
For the Lord, he's good, and I am safe from harm.

It's the Lord that gives, heard the prophets say,
And I will bless his name, though he takes away.
I will trust, not fear, naught to be alarmed,
For the Lord, he's good, and I am safe from harm.

I'm safe, I'm safe.
In the eye of the storm, there's calm.
For the Lord, he's good.
My soul is safe from harm.

So when the tear ducts swell, and my strength has gone,
I will still believe when is name I call.
He will rescue me, for dusk turns to dawn,
For the Lord, he's good, and I am safe from harm.

I'm safe, I'm safe.
In the eye of the storm, there's calm.
For the Lord, he's good,
For the Lord, he's good,
For the Lord, he's good.
My soul is safe from harm.

LA INVITACIÓN A LA SANTA EUCARISTÍA

La comunión espiritual es una devoción personal que cualquier persona puede orar en cualquier momento expresando su deseo de recibir la Santa Comunión en ese instante, pero en que la circunstancias le impide de recibir los elementos reales de la Santa Comunión.

La presidenta invita a todos a rezar esta oración.

Jesús mío, creo que estás verdaderamente presente en el Sagrado Sacramento del Altar. Te amo por encima de todas las cosas, y te anhelo en mi alma. Como no te puedo recibir en el Sacramento de tu Cuerpo y Sangre, entra al menos espiritualmente en mi corazón. Límpiame y fortaléceme con tu gracia, Señor Jesús, y nunca permitas que me separe de ti. Que pueda vivir en ti, y tú en mí, en esta vida y en la vida venidera. Amén.

Sung by the cantor.

BeBe Winans (b. 1962)
Linda Thompson (b. 1950)

THE POSTCOMMUNION PRAYER

Loving God,
we give you thanks
for restoring us in your image
and nourishing us with spiritual food
in the Sacrament of Christ's Body and Blood.
Now send us forth
a people, forgiven, healed, renewed;
that we may proclaim your love to the world
and continue in the risen life of Christ our Savior.
Amen.

Dios amoroso,
te damos gracias
por restaurarnos a tu imagen
y alimentarnos con alimento espiritual
en el Sacramento del Cuerpo y la Sangre de Cristo.
Ahora envíanos como
un pueblo, perdonado, sanado, renovado;
para que podamos proclamar tu amor al mundo
y continuar en la vida resucitada de Cristo nuestro
Salvador.
Amén.

THE BLESSING

The presider blesses the people, and the people respond, Amen.

HYMN AT THE CLOSING • 542

Christ is the world's true Light

Sung by all.

St. Joan



1. Christ is the world's true Light, its Cap - tain of sal - va - tion,
2. In Christ all rac - es meet, their an - cient feuds for - get - ting,
3. One Lord, in one great Name u - nite us all who own thee;

the Day - star clear and bright of ev - ery race and na - tion;
the whole round world com - plete, from sun - rise to its set - ting;
cast out our pride and shame that hin - der to en - throne thee;

new life, new hope a - wakes, for all who own his sway:
when Christ is throned as Lord, all shall for - sake their fear,
the world has wait - ed long, has tra - vailed long in pain;

free - dom her bond - age breaks, and night is turned to day.
to plough-share beat the sword, to prun - ing - hook the spear.
to heal its an - cient wrong, come, Prince of Peace, and reign.

THE DISMISSAL

Let us go forth in the name of Christ.
Thanks be to God.

Salgamos en nombre de Cristo.
Demos gracias a Dios.

POSTLUDE

I don't feel no ways tired

Curtis Burrell

A Prayer for the Power of the Spirit Among the People of God

God of all power and love, we give thanks for your unfailing presence and the hope you provide in times of uncertainty and loss. Send your Holy Spirit to enkindle in us your holy fire. Revive us to live as Christ's body in the world: a people who pray, worship, learn, break bread, share life, heal neighbors, bear good news, seek justice, rest and grow in the Spirit. Wherever and however we gather, unite us in common prayer and send us in common mission, that we and the whole creation might be restored and renewed, through Jesus Christ our Lord. Amen.



Una Oración por el Poder del Espíritu Entre el Pueblo de Dios

Dios de todo poder y amor, te damos gracias por tu constante presencia y por la esperanza que brindas en tiempos de incertidumbre y de pérdida. Envía tu Espíritu Santo a encender en nosotros tu fuego santo. Revívenos para vivir como cuerpo de Cristo en el mundo: un pueblo que ora, adora, parte el pan, comparte la vida, atiende a sus prójimos, es portador de buenas nuevas, busca la justicia, descansa y crece en el Espíritu. Dondequiera y de cualquier manera que nos reunamos, únenos en oración comunitaria y envíanos en una misión común: que nosotros y toda la creación podamos ser restaurados y renovados, mediante Jesucristo nuestro Señor. Amén.

— *The church-wide leadership of The Episcopal Church and the Evangelical Lutheran Church in America in response to the COVID-19 pandemic and commended for prayer May 31–September 6, 2020.*

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