

The Holy Eucharist

The Third Sunday in Lent
March 24, 2019 • 11:15 AM

WASHINGTON NATIONAL CATHEDRAL

The people's responses are in bold.

THE ENTRANCE RITE

PRELUDE

Psalm-prelude: set 1, no. 3

Herbert Howells (1892-1983)

("Yea, though I walk through the valley of the shadow of death, I will fear no evil.")

The people remain seated during the introit.

INTROIT

Hear my prayer, O Lord

Henry Purcell (1659-1695)

Hear my prayer, O Lord, and let my crying come unto thee.

(Psalm 102:1)

The people stand at the introduction of the hymn.

PROCESSIONAL HYMN • 401

The God of Abraham praise

Leoni

THE LENTEN ACCLAMATION

Bless the Lord who forgives all our sins.

His mercy endures for ever.

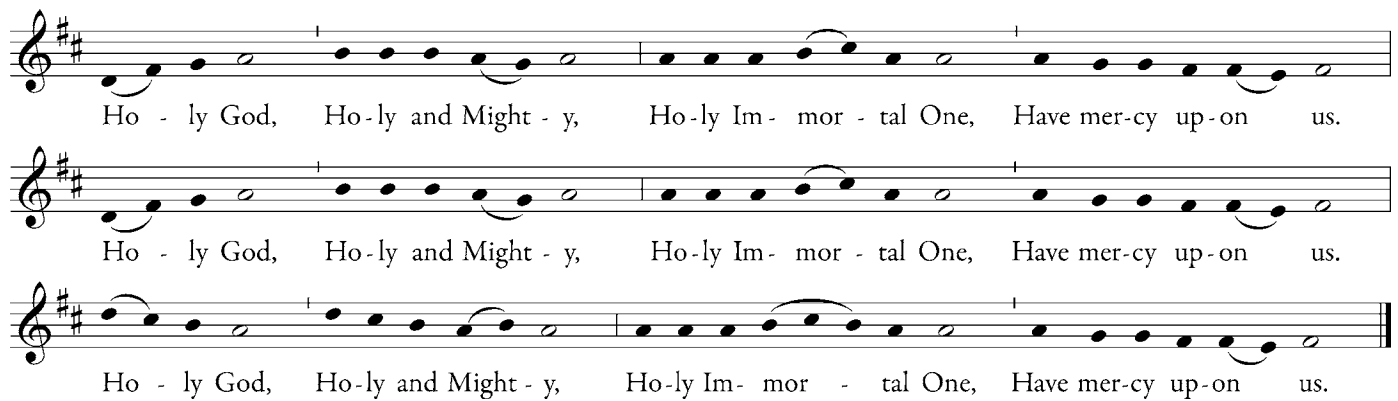
THE PENITENTIAL SENTENCES

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. (*1 John 1:8, 9*)

THE CONFESSION & ABSOLUTION

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The presider offers absolution and the people respond, Amen.



Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have mer - cy up - on us.

Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have mer - cy up - on us.

Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have mer - cy up - on us.

THE WORD OF GOD

THE COLLECT FOR THE THIRD SUNDAY IN LENT

The Lord be with you.

And also with you.

Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The people are seated.

THE FIRST READING

Exodus 3:1-15

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God.

Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain."

But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I am who I am." He said further, "Thus you shall say to the Israelites, 'I am has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations."

The Word of the Lord.

Thanks be to God.

PSALM 63:1-8

chant: plainsong, Tone II

O God, you are my God; eagerly I seek you;
 my soul thirsts for you, my flesh faints for you,
 as in a barren and dry land where there is no water.
 Therefore I have gazed upon you in your holy place,
 that I might behold your power and your glory.
 For your loving-kindness is better than life itself;
 my lips shall give you praise.
 So will I bless you as long as I live
 and lift up my hands in your Name.

My soul is content, as with marrow and fatness,
 and my mouth praises you with joyful lips,
 When I remember you upon my bed,
 and meditate on you in the night watches.
 For you have been my helper,
 and under the shadow of your wings I will rejoice.
 My soul clings to you;
 your right hand holds me fast.

THE SECOND READING

1 Corinthians 10:1-13

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness. Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

The Word of the Lord.
Thanks be to God.

The people stand as able at the introduction of the hymn.

HYMN AT THE SEQUENCE • 648

When Israel was in Egypt's land

Go Down, Moses

THE HOLY GOSPEL

Luke 13:1-9

The Holy Gospel of our Lord Jesus Christ according to Luke.
Glory to you, Lord Christ.

At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them--do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did." Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.'"

The Gospel of the Lord.
Praise to you, Lord Christ.

The people are seated at the invitation of the preacher.

THE SERMON

The Reverend Canon Leonard L. Hamlin, Sr.

The people stand as able.

THE NICENE CREED

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.

Through him all things were made.

For us and for our salvation,
he came down from heaven:

by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;

he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. Amen.

The people are seated.

THE ADMISSION OF ADULT CANDIDATES FOR HOLY BAPTISM, CONFIRMATION, AND RECEPTION INTO THE EPISCOPAL CHURCH, AND REAFFIRMATION

The candidates are presented and examined. The presider asks the sponsors and congregation,

Presider As God is your witness, do you support the admission of these candidates for Holy Baptism, confirmation, reception, and reaffirmation?

People **We do.**

The candidates are received and prayed for. The people respond, Amen.

The people stand as able.

THE PEACE

The peace of the Lord be always with you.

And also with you.

The people greet one another with a sign of God's peace and are then seated.

THE OFFERTORY

An offering is received to support the Cathedral's ministry of sharing God's love with the world.

The altar is prepared for Holy Communion.

ANTHEM AT THE OFFERTORY

Bow down Thine ear, O Lord

Cesar-August Franck (1822-1890)

Bow down Thine ear, Oh Lord, and hear me:

I am poor and needy.

For Thou art good, Oh Lord,

And ready to forgive us our many transgressions.

Teach me Thy way, Lord, God, I will walk in Thy truth.

Incline my heart to love Thy Name evermore.

Holy Lord most merciful, Save and redeem us,

And be Thou forgiving and plenteous in mercy.

For Thy most holy Name's sake, O Lord, my God.

Bow down Thine ear, Oh Lord, and hear me:

I am poor and needy. For Thou art good, Oh Lord,

And ready to forgive us our many transgressions.

Bow down Thine ear, Oh Lord,

And attend to the voice of my pray'r.

And save Thou Thy servant, Oh Lord, my God.

(Adapted from Psalm 86 by Bernard Miegier)

The people stand as able at the introduction of the hymn.

HYMN AT THE PRESENTATION

Come, ye disconsolate

Disconsolate

1. Come, ye dis - con - so - late, wher - e'er ye lan - guish,
2. Joy of the des - o - late, light of the stray - ing,
3. Here see the bread of life; see wa - ters flow - ing

come to the mer - cy seat, fer - vent - ly kneel:
hope of the pen - i - tent, fade - less and pure!
forth from the throne of God, pure from a - bove:

Here bring your wound - ed hearts, here tell your an - guish;
Here speaks the com - for - ter, ten - der - ly say - ing,
Come to the feast of love; come, ev - er know - ing

earth has no sor - row that heav'n can - not heal.
"Earth has no sor - row that heav'n can - not cure."
earth has no sor - row but heav'n can re - move.

THE HOLY COMMUNION

THE GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and every where to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS & BENEDICTUS

David Hurd (b. 1950)

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, heav - en and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

THE LORD'S PRAYER

Notre Père..., Padre nuestro..., Vater unser...,

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

for ever and ever. Amen.

The presider breaks the bread in silence.

Lamb of God, you take a - way the sins of the world: have mer - cy on us.

Lamb of God, you take a - way the sins of the world: have mer - cy on us.

Lamb of God, you take a - way the sins of the world: grant us peace.

THE INVITATION TO HOLY COMMUNION

The people are seated.

All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Please receive the bread in open and outstretched hands and sip the wine from the chalice, guiding it gently to your lips; or you may dip the wafer into the wine. Gluten-free wafers are available; please make your need known to the minister. Respond to receiving Communion by saying "Amen." If you prefer to receive a blessing instead, please indicate your choice by crossing your hands across your chest.

Those who wish to have Holy Communion brought to them at their seat should notify an usher.

During the administration of Holy Communion, the laying on of hands and prayers for healing are offered in St. John's Chapel. Please enter the chapel by the ramp or stairs to the right of the pulpit.

ANTHEM DURING THE COMMUNION

Vinea mea

Francis Poulenc (1899-1963)

Sung in Latin.

Vine that I have loved as my own,
 I it was who planted thee, chose thee and planted thee;
 Why is all thy sweetness turned into gall and bitterness?
 Why wouldst thou crucify Me and take Barrabas in my place?
 I fenced thee sound, I took the hard stones away,
 took them from thy path and built a tower in thy defense.

(Third response during Matins of Good Friday; tr. Hugh Ross)

The people stand as able.

THE POSTCOMMUNION PRAYER

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE PRAYER OVER THE PEOPLE

Let us bow down before the Lord.

The people kneel or bow, as able.

The presider prays over the people, and the people respond, Amen.

The people stand as able.

HYMN AT THE CLOSING • 142

Lord, who throughout these forty days

St. Flavian

THE DISMISSAL

Let us bless the Lord.

Thanks be to God.

POSTLUDE

Fantasia and Fugue in G minor, BWV 542

Johann Sebastian Bach (1685-1750)

WORSHIP LEADERS The Very Reverend Randolph Marshall Hollerith, The Reverend Canon Jan Naylor Cope, The Reverend Canon Dana Colley Corsello, The Reverend Canon Rosemarie Logan Duncan, The Reverend Canon Leonard L. Hamlin, Sr., The Reverend Mary McCue, The Cathedral Singers.

FLOWERS In the mid-nave, the Lenten pedestals of branches are given in loving memory of Mary Ashley Scarborough. In accordance with the Cathedral practice of bare altars during the Lenten season, all flower endowments during Lent will be named in the leaflet and honored at Easter.

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HOLY WEEK & EASTER 2019

SUNDAY, APRIL 14: PALM SUNDAY: THE SUNDAY OF THE PASSION

Holy Eucharist with Liturgy of the Palms • 8 am (nave + live webcast)
Holy Eucharist with Liturgy of the Palms • 11:15 am (nave + live webcast)

TUESDAY, APRIL 16: TUESDAY IN HOLY WEEK

Holy Eucharist with Renewal of Vows and Blessing of Chrism • noon (nave)
(Open to the public.)

THURSDAY, APRIL 18: MAUNDY THURSDAY

Holy Eucharist with Washing of Feet and the Stripping of the Altar • 7 pm (nave + live webcast)
Vigil with the Reserved Sacrament • 9 pm –12 am (St. John's Chapel)

FRIDAY, APRIL 19: GOOD FRIDAY

Morning Prayer in the Presence of the Reserved Sacrament • 10 am (St. John's Chapel)
Solemn Liturgy of Good Friday • noon (nave + live webcast)
Good Friday Evening Service • 7 pm (nave + live webcast)

SATURDAY, APRIL 20: EASTER EVE

The Great Vigil and First Eucharist of Easter • 8 pm (nave + live webcast)

SUNDAY, APRIL 21: THE SUNDAY OF THE RESURRECTION: EASTER DAY

Festival Holy Eucharist • 8:00 am and 11:15 am (nave + live webcast) *passes required*
Easter Day Organ Recital • 1:30 pm (nave + live webcast)
Festival Choral Evensong • 4 pm (nave + live webcast)

*For a full listing of special services and events for Lent, Holy Week, and Easter:
cathedral.org/lent*

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Simply text the dollar amount you wish to give to (202) 856-9005. You'll be taken to a secure website to enter your credit card information, which is kept safe and secure.

Thank you in advance for your generosity. Please know that your presence with us today has been a blessing.



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