

The Holy Eucharist

The Fifteenth Sunday after Pentecost September 2, 2018 • 10:00 AM

Washington National Cathedral

THE ENTRANCE RITE

The people's responses are in bold.

CARILLON PRELUDE

God, my King, thy might confessing

Stuttgart; arr. Roy Hamlin Johnson (b. 1929)

Negro spiritual; arr. William Dawson (1899-1990)

If you cannot sing like angels,

if you cannot preach like Paul,

You can tell the love of Jesus,

And say "He died for all."

(Jeremiah 8:22)

ORGAN PRELUDE

Finlandia, Op. 26

Jean Sibelius (1865-1957)

INTROIT

There is a balm in Gilead

There is a Balm in Gilead, to make the wounded whole, There is a Balm in Gilead, to heal the sinsick soul.

Sometimes I feel discouraged, And think my work's in vain, But then the Holy Spirit revives my soul again.

nd think my work's in vain,

The people stand as able.

HYMN AT THE PROCESSION • 414

God, my King, thy might confessing

Stuttgart

THE OPENING ACCLAMATION

Blessed be God: Father, Son and Holy Spirit. And blessed be God's kingdom, now and for ever.

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

SONG OF PRAISE Robert Powell (b. 1932)



THE WORD OF GOD

THE COLLECT FOR THE FIFTEENTH SUNDAY AFTER PENTECOST

The Lord be with you.

And also with you.

Let us pray.

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. **Amen.**

The people are seated.

THE FIRST READING

Song of Solomon 2:8-13

The voice of my beloved! Look, he comes, leaping upon the mountains, bounding over the hills. My beloved is like a gazelle or a young stag. Look, there he stands behind our wall, gazing in at the windows, looking through the lattice. My beloved speaks and says to me: "Arise, my love, my fair one, and come away; for now the winter is past, the rain is

over and gone. The flowers appear on the earth; the time of singing has come, and the voice of the turtledove is heard in our land. The fig tree puts forth its figs, and the vines are in blossom; they give forth fragrance. Arise, my love, my fair one, and come away."

The Word of the Lord. Thanks be to God.

PSALM 45:1-2, 7-10

chant: Robert Knox Kennedy (b. 1945)

One measure of music is sung for each half verse, changing pitch on the underlined syllable. The people sing the verses in bold.



My heart is stirring with a noble song; let me recite what I have fashioned for the <u>king</u>; my tongue shall be the pen of a skilled <u>wri</u>ter.

You are the fairest of <u>men;</u> grace flows from your lips, because God has blessed you for <u>ever</u>.

Your throne, O God, endures for ever and <u>ever</u>, a scepter of righteousness is the scepter of your kingdom; you love righteousness and hate in<u>iquity</u>.

Therefore God, your God, has a<u>noint</u>ed you with the oil of gladness above your <u>fel</u>lows.

All your garments are fragrant with myrrh, aloes, and <u>cas</u>sia, and the music of strings from ivory palaces makes you <u>glad</u>.

Kings' daughters stand among the ladies of the <u>court</u>; on your right hand is the queen, adorned with the gold of <u>Oph</u>ir.

THE SECOND READING James 1:17-27

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfillment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures.

You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls.

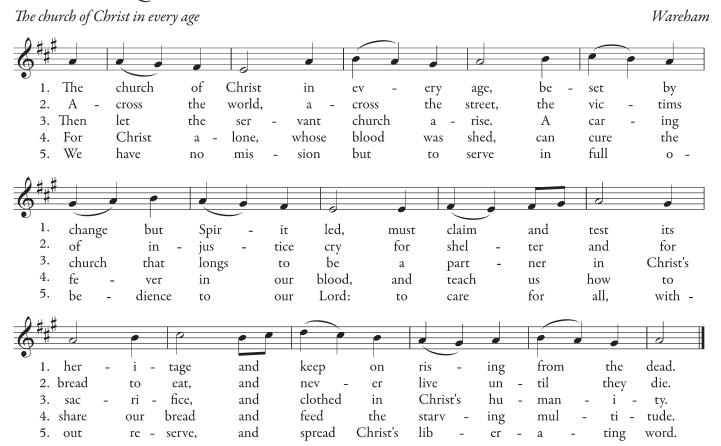
But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act-they will be blessed in their doing.

If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world.

The Word of the Lord.

Thanks be to God.

HYMN AT THE SEQUENCE



THE HOLY GOSPEL Mark 7:1-8, 14-15, 21-23

The Holy Gospel of our Lord Jesus Christ according to Mark. Glory to you, Lord Christ.

When the Pharisees and some of the scribes who had come from Jerusalem gathered around him, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, "Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?" He said to them, "Isaiah prophesied rightly about you hypocrites, as it is written, 'This people honors me with their lips, but their hearts are far from me; in vain do they worship me, teaching human precepts as doctrines.' You abandon the commandment of God and hold to human tradition."

Then he called the crowd again and said to them, "Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile. For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person."

The Gospel of the Lord.

Praise to you, Lord Christ.

THE SERMON

The people stand as able.

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation, he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

After each intercession,

God of Mercy,

Hear our prayer.

The presider prays the concluding collect, and the people respond, Amen.

THE CONFESSION & ABSOLUTION

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The presider offers absolution and the people respond, Amen.

THE PEACE

The peace of Christ be always with you.

And also with you.

The people greet one another with a sign of God's peace and are then seated.

THE OFFERTORY

An offering is received to support the Cathedral's ministry of sharing God's love with the world.

The altar is prepared for Holy Communion.

ANTHEM AT THE OFFERTORY

King of glory, King of peace

Harold Friedell (1905-1958)

King of glory, King of peace, I will love thee; And, that love may never cease, I will move thee. Thou hast granted my request, thou hast heard me; Thou didst note my working breast, thou hast spared me. Wherefore with thy utmost art I will sing thee, And the cream of all my heart I will bring thee.

(George Herbert, 1593-1633)

The people stand as able.

HYMN AT THE PRESENTATION • 707

Take my life, and let it be

Though my sins against me cried, thou didst clear me, And alone, when they replied, thou didst hear me. Seven whole days, not one in seven, I will praise thee; In my heart, though not in heaven, I can raise thee. Small it is, in this poor sort to enroll thee; E'en eternity's too short to extol thee.

Hollingside

THE HOLY COMMUNION

THE GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

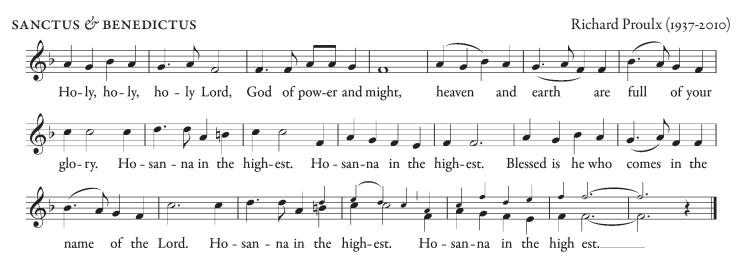
Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:



Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love.

You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us;

and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Peter and Paul and all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

THE LORD'S PRAYER

Notre Père..., Padre nuestro..., Vater unser...,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread $\ensuremath{\mathscr{C}}$ the fraction anthem

Gary James (b. 1957)

Sung by cantor first time, then the people repeat.



The bread which we break, alleluia, is the communion of the body of Christ. *Refrain*

One body are we, alleluia, for though many, we share one bread. Refrain

THE INVITATION TO HOLY COMMUNION

The people are seated.

All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Please receive the bread in open and outstretched hands and sip the wine from the chalice, guiding it gently to your lips; or you may dip the wafer into the wine. Gluten-free wafers are available; please make your need known to the minister. Respond to receiving Communion by saying "Amen." If you prefer to receive a blessing instead, please indicate your choice by crossing your hands across your chest.

Those who wish to have Holy Communion brought to them at their seat should notify an usher.

During the administration of Holy Communion the laying on of hands and prayers for healing is offered in St. John's Chapel. Please enter the chapel by the ramp or stairs to the right of the pulpit.

ANTHEM DURING THE COMMUNION

Never weather-beaten sail

Charles Hubert Hastings Parry (1848-1918)

Never weather-beaten sail more willing bent to shore, never pilgrim's limbs affected slumber more than my wearied sprite, than my wearied sprite now longs to fly out of my troubled breast: O come quickly, sweetest Lord, come quickly, sweetest Lord, and take my soul to rest, come quickly, sweetest Lord, and take my soul to rest! Ever blooming are the joys of heaven's high Paradise, cold age deafs not there, our ears nor vapour dim our eyes: Glory, glory, glory there the sun outshines; whose beams the blessed only see: O come quickly, glorious Lord, come quickly, glorious Lord, and raise my spirits to Thee, come quickly, glorious Lord and raise my sprite, my sprite to Thee. (Thomas Campion, 1567-1620)

The people stand as able.

SENDING FORTH EUCHARISTIC VISITORS (when scheduled)

In the name of God and this Cathedral Church, we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's Body and Blood.

We who are many are one body, because we all share one bread, one cup.

THE POSTCOMMUNION PRAYER

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

The presider blesses the people, and the people respond, Amen.

HYMN AT THE CLOSING • 541

Come, labor on Ora labora

THE DISMISSAL

Let us go forth in the name of Christ. Thanks be to God.

ORGAN VOLUNTARY

March in D William T. Best (1826-1897)

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WORSHIP LEADERS The Very Reverend Randolph Marshall Hollerith, The Reverend Canon Jan Naylor Cope, The Reverend Canon Dana Colley Corsello, The Reverend Canon Kelly Brown Douglas, The Reverend Dr. Leonard L. Hamlin, Sr., The Venerable Sue von Rautenkranz, The Cathedral Singers.

FLOWERS The flowers throughout the Cathedral are given to the glory of God. The High Altar: in honor of the employees of Washington National Cathedral and the Protestant Episcopal Cathedral Foundation and in celebration of the marriage of Julie Rogers and Amanda Hite; Children's Chapel Altar: in memory of Earl Mountbatten of Burma and his grandson, The Honorable Nicholas Knatchbull; War Memorial Chapel Altar: in memory of Clausen Francis Stekl; Bethlehem Chapel Altar: in memory of Stephen Mitchell Hoyt; Norman Prince Tomb: on the anniversary of the birth of Norman Prince.

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