

The Holy Eucharist

The Thirteenth Sunday after Pentecost

August 19, 2018 • 10:00 AM

WASHINGTON NATIONAL CATHEDRAL

THE ENTRANCE RITE

The people's responses are in bold.

CARILLON PRELUDE

Praise, my soul, the King of heaven

Lauda anima; arr. James B. Slater (b. 1927)

ORGAN PRELUDE

Cantabile from *Symphony VI*, Op. 42 no. 2

Charles-Marie Widor (1844-1937)

INTROIT

O Sacred Feast

Healey Willan (1880-1968)

O Sacred Feast, wherein Christ is received, the memory of his Passion is renewed in us, our souls are filled with grace, and the pledge of everlasting glory is given unto us. Alleluya.

(Magnificat Antiphon, 2nd Vespers of the Feast of Corpus Christi)

The people stand as able.

HYMN AT THE PROCESSION • 410

Praise, my soul, the King of heaven

Lauda anima

THE OPENING ACCLAMATION

Blessed be God: Father, Son and Holy Spirit.

And blessed be God's kingdom, now and for ever.

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Glo-ry to God in the high - est, and peace to his peo-ple on earth. Lord

God, heaven-ly King, al - might-y God and Fa - ther, we wor - ship you, we give you thanks, we

praise you for your glo - ry. Lord Je-sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb of God, you

take a-way the sin of the world: have mer - cy on us; you are seat-ed at the right hand of the Father:

re - ceive our prayer. For you a-lone are the Ho - ly One, you a- lone are the

Lord, you a - lone are the Most High, Je - sus Christ, with the Ho - ly

Spi - rit, in the glo - ry of God the Fa - ther. A - men.

THE WORD OF GOD

THE COLLECT FOR THE THIRTEENTH SUNDAY AFTER PENTECOST

The Lord be with you.

And also with you.

Let us pray.

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The people are seated.

THE FIRST READING

1 Kings 2:10-12, 3:3-14

1 Kings 2:10-12, 3:3-14

David slept with his ancestors, and was buried in the city of David. The time that David reigned over Israel was forty years; he reigned seven years in Hebron, and thirty-three years in Jerusalem. So Solomon sat on the throne of his father David; and his kingdom was firmly established.

Solomon loved the Lord, walking in the statutes of his father David; only, he sacrificed and offered incense at the high places. The king went to Gibeon to sacrifice there, for that was the principal high place; Solomon used to offer a thousand burnt offerings on that altar. At Gibeon the Lord appeared to Solomon in a dream by night; and God said, "Ask what I should give you." And Solomon said, "You have shown great and steadfast love to your servant my father David, because he walked before you in faithfulness, in righteousness, and in uprightness of heart toward you; and you have kept for him this great and steadfast love, and have given him a son to sit on his throne today. And now, O Lord my God, you have made your servant king in place of my father David, although I am only a little child; I do not know how to go out or come in. And your servant is in the midst of the people whom you have chosen, a great people, so numerous they cannot be numbered or counted. Give your servant therefore an understanding mind to govern your people, able to discern between good and evil; for who can govern this your great people?"

It pleased the Lord that Solomon had asked this. God said to him, "Because you have asked this, and have not asked for yourself long life or riches, or for the life of your enemies, but have asked for yourself understanding to discern what is right, I now do according to your word. Indeed I give you a wise and discerning mind; no one like you has been before you and no one like you shall arise after you. I give you also what you have not asked, both riches and honor all your life; no other king shall compare with you. If you will walk in my ways, keeping my statutes and my commandments, as your father David walked, then I will lengthen your life."

The Word of the Lord.
Thanks be to God.

PSALM III

chant: Robert Knox Kennedy (b. 1945)

One measure of music is sung for each half verse, changing pitch on the underlined syllable. The people sing the verses in bold.



Hallelujah!
I will give thanks to the Lord with my whole heart,
in the assembly of the upright, in the congregation.
Great are the deeds of the Lord!
they are studied by all who delight in them.
His work is full of majesty and splendor,
and his righteousness endures for ever.
He makes his marvelous works to be remembered;
the Lord is gracious and full of compassion.
He gives food to those who fear him;
he is ever mindful of his covenant.
He has shown his people the power of his works
in giving them the lands of the nations.

The works of his hands are faithfulness and justice;
all his commandments are sure.
They stand fast for ever and ever,
because they are done in truth and equity.
He sent redemption to his people;
he commanded his covenant for ever;
holy and awesome is his Name.
The fear of the Lord is the beginning of wisdom;
those who act accordingly have a good
understanding;
his praise endures for ever.

THE SECOND READING

Ephesians 5:15-20

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

The Word of the Lord.
Thanks be to God.

The people stand as able.

HYMN AT THE SEQUENCE • 323

Bread of heaven, on thee we feed

Jesu, Jesu, du mein Hirt

THE HOLY GOSPEL

John 6:51-58

The Holy Gospel of our Lord Jesus Christ according to John.

Glory to you, Lord Christ.

Jesus said, "I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever."

The Gospel of the Lord.

Praise to you, Lord Christ.

The people are seated at the invitation of the preacher.

THE SERMON

The Reverend Melissa Hollerith

The people stand as able.

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation, he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

After each intercession,

God of Mercy,

Hear our prayer.

The presider prays the concluding collect, and the people respond, Amen.

THE CONFESSION & ABSOLUTION

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The presider offers absolution and the people respond, Amen.

THE PEACE

The peace of Christ be always with you.
And also with you.

The people greet one another with a sign of God's peace and are then seated.

THE OFFERTORY

An offering is received to support the Cathedral's ministry of sharing God's love with the world.

The altar is prepared for Holy Communion.

ANTHEM AT THE OFFERTORY

Let the peoples praise you

Bruce Neswick (b. 1956)

Let the peoples praise You, O God:
let all the people praise You.

Let the peoples praise You, O God:
let all the people praise You.

May God be merciful to us and bless us,
show us the light of his countenance and come to us.
Let your ways be known upon earth,
Your saving health among all nations.
Let the peoples praise You, O God:
let all the people praise You.

The earth has brought forth her increase;
may God, our own God, give us his blessing.
God shall bless us: and may all the
ends of the earth stand in awe of him.
Let the peoples praise You, O God:
let all the people praise You.

Let the nations be glad and sing for joy,
for you judge the peoples with equity,
and guide all the nations upon earth.

(Psalm 67)

The people stand as able.

HYMN AT THE PRESENTATION • 380

From all that dwell below the skies

Old 100th

THE HOLY COMMUNION

THE GREAT THANKSGIVING

The Lord be with you.
And also with you.
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give God thanks and praise.

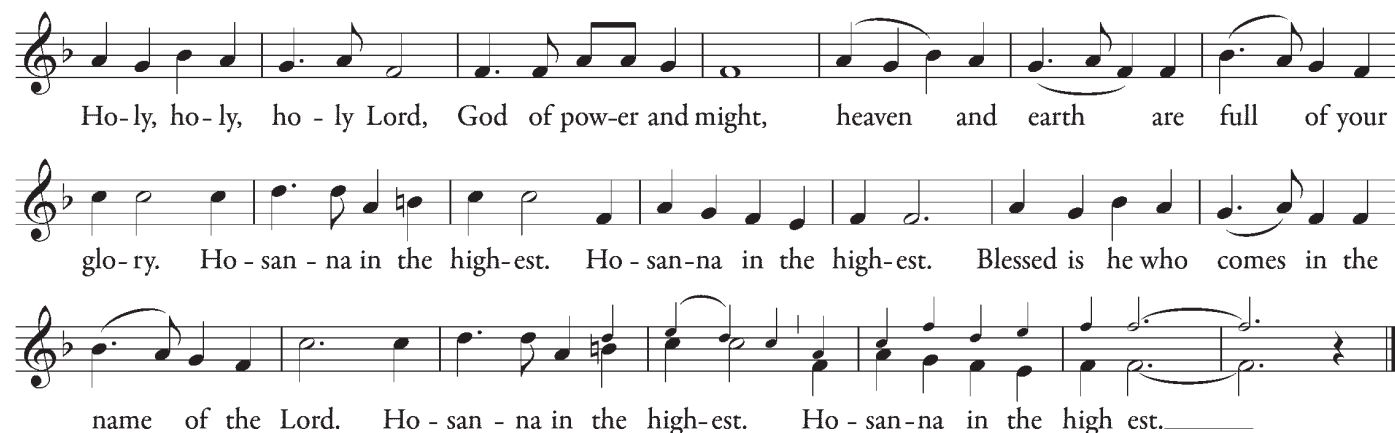
It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

SANCTUS & BENEDICTUS

Richard Proulx (1937-2010)



Ho-ly, ho-ly, ho - ly Lord, God of pow-er and might, heaven and earth are full of your
glo-ry. Ho - san - na in the high-est. Ho - san-na in the high-est. Blessed is he who comes in the
name of the Lord. Ho - san - na in the high-est. Ho - san-na in the high est._____

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love.

You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Peter and Paul and all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

THE LORD'S PRAYER

Notre Père..., Padre nuestro..., Vater unser...,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD & THE FRACTION ANTHEM

Gary James (b. 1957)

Sung by cantor first time, then the people repeat.



The bread which we break, alleluia, is the communion of the body of Christ. *Refrain*

One body are we, alleluia, for though many, we share one bread. *Refrain*

THE INVITATION TO HOLY COMMUNION

The people are seated.

All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Please receive the bread in open and outstretched hands and sip the wine from the chalice, guiding it gently to your lips; or you may dip the wafer into the wine. Gluten-free wafers are available; please make your need known to the minister. Respond to receiving Communion by saying "Amen." If you prefer to receive a blessing instead, please indicate your choice by crossing your hands across your chest.

Those who wish to have Holy Communion brought to them at their seat should notify an usher.

During the administration of Holy Communion the laying on of hands and prayers for healing is offered in St. John's Chapel. Please enter the chapel by the ramp or stairs to the right of the pulpit.

ANTHEM DURING THE COMMUNION

Adolescentulus sum ego

William Mundy (1529-1591)

Sung in Latin. I am immature and despised, but I do not forget your precepts. Your justice is eternal, and your law is truth.

(Psalm 119:141-142)

The people stand as able.

SENDING FORTH EUCHARISTIC VISITORS *(when scheduled)*

In the name of God and this Cathedral Church, we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's Body and Blood.

We who are many are one body, because we all share one bread, one cup.

THE POSTCOMMUNION PRAYER

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

The presider blesses the people, and the people respond, Amen.

HYMN AT THE CLOSING

Go forth for God

Toulon

1. Go forth for God; go to the world in peace; be of good courage,
2. Go forth for God; go to the world in love; strength - en the faint, give
3. Go forth for God; go to the world in strength; hold fast the good, be
4. Go forth for God; go to the world in joy; to serve God's peo - ple

armed with heaven - ly grace, in God's good Spi - rit dai - ly to in -
cour - age to the weak; help the af - flict - ed; rich - ly from a -
ur - gent for the right; ren - der to no one e - vil; Christ at
ev - ery day and hour, and serv - ing Christ, our ev - every gift em -

crease, till in his king - dom we be - hold his face.
bove his love sup - plies that grace and power we seek.
length shall o - ver - come all dark - ness with his light.
ploy, re - joic - ing in the Ho - ly Spi - rit's power.

THE DISMISSAL

Let us go forth in the name of Christ.
Thanks be to God.

ORGAN VOLUNTARY

Intrada

Grayston Ives (b. 1948)

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WORSHIP LEADERS The Very Reverend Randolph Marshall Hollerith, The Reverend Canon Dana Colley Corsello, The Reverend Andrew K. Barnett, The Reverend Dr. Leonard L. Hamlin, Sr., The Reverend Melissa Hollerith, The Reverend Martha Watson, The Cathedral Singers.

FLOWERS The flowers throughout the Cathedral are given to the glory of God. The High Altar: in celebration of the marriage of Rebecca Parks and Daniel Demus; Children's Chapel Altar: in loving memory of Katherine Kavanaugh; War Memorial Chapel Altar: in memory of Morris Karlynn Barrett; Bethlehem Chapel Altar: in memory of Charlotte Grandin Whorle.

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