

The Holy Eucharist

Third Sunday after the Epiphany

January 21, 2018 • 11:15 am

WASHINGTON NATIONAL CATHEDRAL

The people's responses are in bold.

THE ENTRANCE RITE

CARILLON PRELUDE

Sing praise to God who reigns above

Mit Freuden zart; arr. Sally Slade Warner (1932-2009)

ORGAN VOLUNTARY

Prelude, Fugue and Chaconne, BuxWV 137

Dieterich Buxtehude (c. 1637-1707)

Prelude and Fugue in C major, BWV 547

Johann Sebastian Bach (1685-1750)

INTROIT

O nata lux

Thomas Tallis (1505-1585)

Sung in Latin. O Light of light, by love inclined, Jesu Redeemer of mankind, with loving kindness deign to hear from suppliant voices praise and prayer. Thou, who to raise our souls from hell, didst deign in fleshly form to dwell, vouchsafe us, when our race is run, in thy fair Body to be one. (*Office hymn, Feast of the Transfiguration*)

The people stand.

PROCESSIONAL HYMN • 390

Praise to the Lord, the Almighty

Lobe den Herren

THE OPENING ACCLAMATION

Blessed be the one, holy and living God.
Glory to God for ever and ever. Amen.

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

SONG OF PRAISE

Glory to you, Lord God of our Fathers


John Rutter (b. 1945)




Glo-ry to you, _____ Lord God of our fa - thers; _____ you are wor - thy of praise; glo - ry to



you. _____ Glo - ry to you, _____ for the ra - di - ance of your ho - ly Name; we will



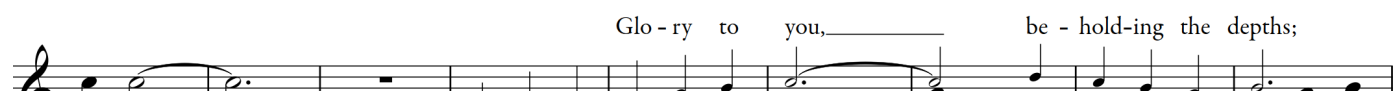
praise you and high - ly ex - alt you for ev - er. _____ Glo - ry to you _____ in the



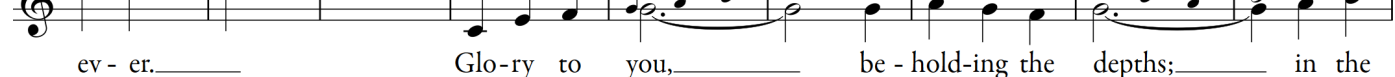
splen - dor of your tem - ple, _____ on the throne of your ma - jes - ty, glo - ry to you. _____ Glo - ry to



you, seat - ed be - tween the Cher - u - bim; _____ we will praise you and high - ly ex - alt you for -



ev - er. _____ Glo - ry to you, _____ be - hold - ing the depths;



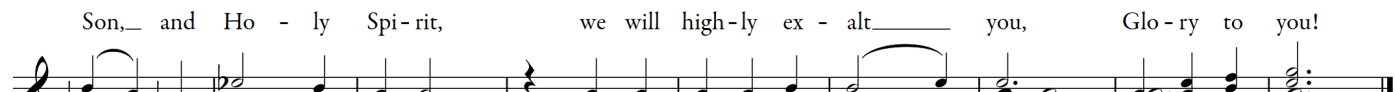
_____ Glo - ry to you, _____ be - hold - ing the depths; _____ in the



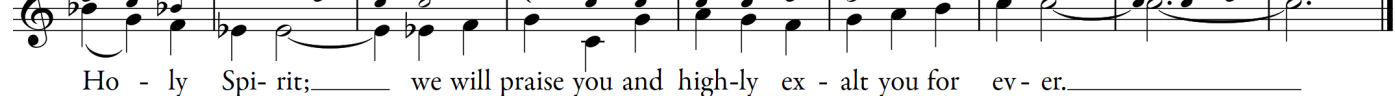
in the high vault of hea - ven, _____ Glo - ry to you, _____ Fa - ther,



high vault of hea - ven, glo - ry to you. _____ Glo - ry to you, _____ Fa - ther, Son, and



Son, _____ and Ho - ly Spi - rit, _____ we will high - ly ex - alt _____ you, _____ Glo - ry to you!



Ho - ly Spi - rit; _____ we will praise you and high - ly ex - alt you for ev - er. _____

THE WORD OF GOD

THE COLLECT FOR THE THIRD SUNDAY AFTER THE EPIPHANY

The Lord be with you.
And also with you.
Let us pray.

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The people are seated.

THE FIRST READING

Jonah 3:1-5, 10

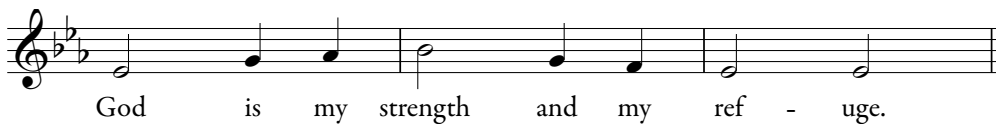
The word of the Lord came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

The Word of the Lord.
Thanks be to God.

PSALM 62:6-14

Chant: James Turle (1802-1882)



For God alone my soul in silence waits;
truly, my hope is in him.
He alone is my rock and my salvation,
my stronghold, so that I shall not be shaken.
In God is my safety and my honor;
God is my strong rock and my refuge.
Put your trust in him always, O people,
pour out your hearts before him, for God is
our refuge.
Those of high degree are but a fleeting breath,
even those of low estate cannot be trusted.

On the scales they are lighter than a breath,
all of them together.
Put no trust in extortion;
in robbery take no empty pride;
though wealth increase, set not your heart upon it.
God has spoken once, twice have I heard it,
that power belongs to God.
Steadfast love is yours, O Lord,
for you repay everyone according to his deeds.

The people repeat the antiphon.

THE SECOND READING

1 Corinthians 7:29-31

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

The Word of the Lord.
Thanks be to God.

The people stand.

Rise up, ye saints of God

Festal Song

THE HOLY GOSPEL

Mark 1:14-20

The Holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you, Lord Christ.

Now after John (the Baptist) was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, “The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.” As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea — for they were fishermen. And Jesus said to them, “Follow me and I will make you fish for people.” And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

The Gospel of the Lord.

Praise to you, Lord Christ.

The people are seated at the invitation of the preacher.

THE SERMON

Dr. Brené Brown

The people stand.

THE NICENE CREED

We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.

For us and for our salvation, he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

After each intercession,

God of life and light,
hear us, we pray.

The presider prays the concluding collect, and the people respond, Amen.

THE PEACE

The peace of the Lord be always with you.
And also with you.

The people greet one another with a sign of God's peace and are seated.

THE OFFERTORY

An offering is received to support the Cathedral's ministry of sharing God's love with the world.

The altar is prepared for Holy Communion.

ANTHEM AT THE OFFERTORY

Arise, shine, for your light is come

Ned Rorem (b. 1923)

Arise, shine for your light has come, and the glory of the Lord has dawned upon you. For behold, darkness covers the land; deep gloom enshrouds the peoples. But over you the Lord will rise, and his glory will appear upon you. Nations will stream to your light, and kings to the brightness of your dawning. Your gates will be always open; by day or night they will never be shut. They will call you the City of the Lord, The Zion of the Holy One of Israel. Violence will no more be heard in your land, ruin or destruction within your borders. You will call your walls, Salvation, and all your portals, Praise. The sun will no more be your light by day; by night you will not need the brightness of the moon. The Lord will be your everlasting light, and your God will be your glory. (*Isaiah 60:1-6*)

The people stand.

HYMN AT THE PRESENTATION • 408

Sing praise to God who reigns above

Mit Freuden zart

THE HOLY COMMUNION

THE GREAT THANKSGIVING

The Lord be with you.
And also with you.
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

The presider offers our thanks to God for the grace and mercy made available in Christ, and in response the people sing:

SANCTUS & BENEDICTUS

Grayson Warren Brown (b. 1948)

Ho-ly, ho - ly, ho - ly, ho - ly, ho - ly Lord God of hosts. _____

_____ Hea-ven and earth are filled with your glo - ry. Ho - san - na in the

high - est. Bless-ed is he who comes in the name _____ of the Lord, _____

_____ of the Lord. _____ Ho - san - na in the

high - - - est. Ho - san - na in the high - est. _____

The presider gives thanks to God for the reconciling work of Christ's passion and resurrection and prays over the bread and wine.

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

Dying, you destroyed our death.

Rising, you restored our life.

Christ Jesus, come in glory!

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with blessed Peter and Paul, our patrons, and all your people into the joy of our true eternal home.

Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

Blessed are you now and for ever. AMEN.

THE LORD'S PRAYER

Notre Père..., Padre nuestro..., Vater unser...,

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

for ever and ever. Amen.

THE BREAKING OF THE BREAD & THE FRACTION ANTHEM

Taste and see

James Moore (b. 1951)

Taste and see, taste and see the good - ness of the Lord. O
taste and see, taste and see the good - ness of the Lord, of the Lord.

The people are seated.

THE INVITATION TO HOLY COMMUNION

All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Please receive the bread in open and outstretched hands and sip the wine from the chalice, guiding it gently to your lips; or you may dip the wafer into the wine. Gluten-free wafers are available; please make your need known to the minister. Respond to receiving Communion by saying "Amen." If you prefer to receive a blessing instead, please indicate your choice by crossing your hands across your chest.

During the administration of Holy Communion the laying on of hands and prayers for healing is offered in St. John's Chapel. Please enter the chapel by the ramp to the right of the pulpit.

ANTHEM DURING THE COMMUNION

Ubi caritas et amor

Paul Mealor (b. 1975)

Sung in Latin. Where charity and love are, God is there. Christ's love has gathered us into one. Let us rejoice and be pleased in Him. Let us fear, and let us love the living God. And may we love each other with a sincere heart.

The people stand.

THE POSTCOMMUNION PRAYER

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

The presider blesses the people, and the people respond, Amen.

CLOSING HYMN • 539

O Zion, haste, thy mission high fulfilling

Tidings

THE DISMISSAL

Go in the peace of Christ.
Thanks be to God.

ORGAN VOLUNTARY

“Sinfonia” from Solomon, HWV 67

Georg Frideric Handel (1685-1759)

WORSHIP LEADERS The Right Reverend Mariann Edgar Budde, The Very Reverend Randolph Marshall Hollerith, Dr. Brené Brown, The Reverend Canon Rosemarie Logan Duncan, The Reverend Canon Dana Colley Corsello, The Boys Cathedral Choir.

FLOWERS The flowers throughout the Cathedral are given to the glory of God. The High Altar: in loving memory of Virginia Hammond; Children’s Chapel Altar: in honor of flower arrangers in Virginia and Connecticut; The Christ Child Statue: in loving memory of Erin E. Kalibat; War Memorial Chapel Altar: in memory of Naomi Erb Scholz; Bethlehem Chapel Altar: in memory of Virginia Patton Steger.

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