

The Holy Eucharist

The Sixth Sunday after Pentecost
July 16, 2017 • 10:00 am

WASHINGTON NATIONAL CATHEDRAL

The people's responses are in bold.

THE ENTRANCE RITE

ORGAN PRELUDE

Concerto in A minor, BWV 592

Johann Sebastian Bach (1685-1750)

INTROIT

Cantate Domino

Giovanni Gabrieli (1554-1612)

Sung in Latin. Sing to the Lord a new song, exalt him ye company of saints. Let Israel rejoice before him, who hath made thee. Let the children of Sion rejoice before their King. (*Psalms 149:1-2*)

The people stand.

PROCESSIONAL HYMN • 390

Praise to the Lord, the Almighty

Lobe den Herren

THE OPENING ACCLAMATION

Blessed be our God.
For ever and ever. Amen.

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

SONG OF PRAISE

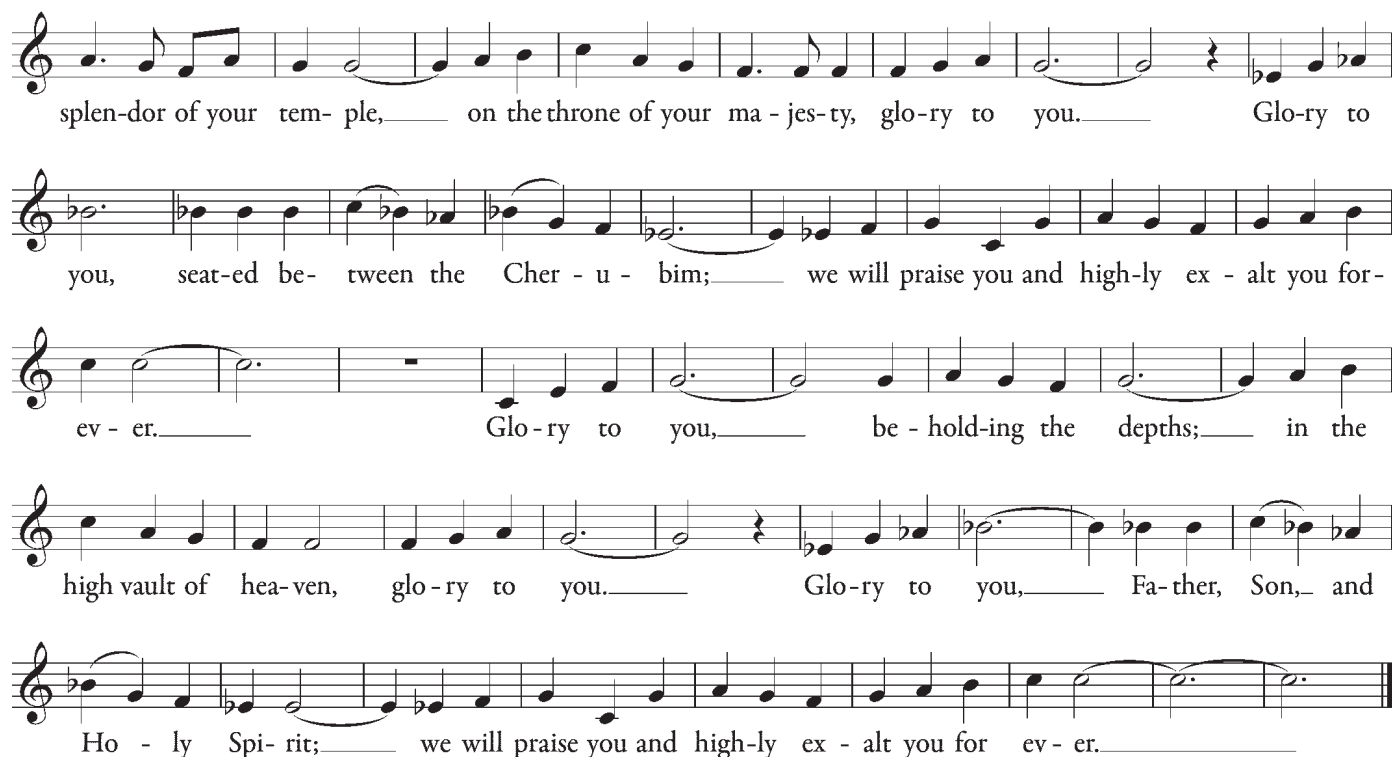
Glory to you, Lord God of our fathers

John Rutter (b. 1945)

Glo-ry to you, _____ Lord God of our fa - thers; _____ you are wor-thy of praise; glo - ry to

you. _____ Glo-ry to you, _____ for the ra - di-ance of your ho - ly Name; we will

praise you and high-ly ex - alt you for ev - er. _____ Glo-ry to you _____ in the



splen-dor of your tem- ple, on the throne of your ma - jes-ty, glo-ry to you. Glo-ry to
 you, seat-ed be- tween the Cher - u - bim; we will praise you and high-ly ex - alt you for-
 ev - er. Glo-ry to you, be - hold-ing the depths; in the
 high vault of hea-ven, glo-ry to you. Glo-ry to you, Fa-ther, Son, and
 Ho - ly Spi- rit; we will praise you and high-ly ex - alt you for ev - er.

THE WORD OF GOD

THE COLLECT OF THE DAY

The Lord be with you.
 And also with you.
 Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The people are seated.

THE FIRST READING

Genesis 25:19-34

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the Lord. And the Lord said to her, "Two nations are in your womb, and two peoples born of you shall be divided; the one shall be stronger than the other, the elder shall serve the younger." When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them. When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob. Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, "Let me eat some of that red stuff, for I am famished!" (Therefore he was called Edom.) Jacob said, "First sell me your birthright." Esau said, "I am about to die; of what use is a birthright to me?" Jacob said, "Swear to me first." So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

The Word of the Lord.
 Thanks be to God.

One measure of music is sung for each half verse, changing pitch on the underlined syllable.



Your word is a lantern to my feet
 and a light upon my path.
 I have sworn and am determined
 to keep your righteous judgments.
I am deeply troubled;
 preserve my life, O Lord, according to your word.
 Accept, O Lord, the willing tribute of my lips,
 and teach me your judgments.
 My life is always in my hand,
 yet I do not forget your law.
 O The wicked have set a trap for me,
 but I have not strayed from your commandments.
Your decrees are my inheritance for ever;
 truly, they are the joy of my heart.
I have applied my heart to fulfill your statutes
 for ever and to the end.

THE SECOND READING

Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.
Thanks be to God.

The people stand.

HYMN AT THE SEQUENCE • 440

Blessed Jesus, at thy word

Liebster Jesu

The Holy Gospel of our Lord Jesus Christ according to Matthew.
Glory to you, Lord Christ.

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen! Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.
Praise to you, Lord Christ.

The people are seated at the invitation of the preacher.

THE SERMON

The Reverend Canon Jan Naylor Cope

The people stand.

THE NICENE CREED

We believe in one God, the Father, the Almighty,
 maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
 the only Son of God, eternally begotten of the Father,
 God from God, Light from Light, true God from true God,
 begotten, not made, of one Being with the Father.
 Through him all things were made.

For us and for our salvation, he came down from heaven:
 by the power of the Holy Spirit he became incarnate from the Virgin Mary,
 and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;
 he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
 and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

After each intercession,

God of mercy,
Hear our prayer.

The presider prays the concluding collect, and the people respond, Amen.

THE CONFESSION & ABSOLUTION

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

The presider offers absolution and the people respond, Amen.

THE PEACE

The peace of Christ be always with you.
And also with you.

The people greet one another with a sign of God's peace and then are seated.

THE OFFERTORY

The people remain seated while an offering is received to support the Cathedral's ministry of sharing God's love with the world.

ANTHEM AT THE OFFERTORY

Praise the Lord, O my soul

Ned Rorem (b. 1923)

Hallelujah! Praise the Lord, O my soul. I will praise the Lord as long as I live; I will sing praises to my God while I have my being. Put not your trust in rulers nor in any child of earth, for there is no help in them. When they breathe their last, they return to earth and in that day their thoughts perish. Happy they who have the God of Jacob for their help! Whose hope is in the Lord their God; who made heaven and earth, the seas, and all that is in them; who keeps his promise forever; who gives justice to those who are oppressed, and food to those who hunger. The Lord sets the prisoners free the Lord opens the eyes of the blind; the Lord lifts up those who are bowed down; The Lord loves the righteous; the Lord cares for the stranger; He sustains the orphan and widow, but frustrates the way of the wicked. The Lord shall reign forever, your God, O Zion, throughout all generations. Hallelujah!
(*Psalms 146*)

The people stand.

HYMN AT THE PRESENTATION • 302

Father, we thank thee who hast planted

Rendez à Dieu

THE HOLY COMMUNION

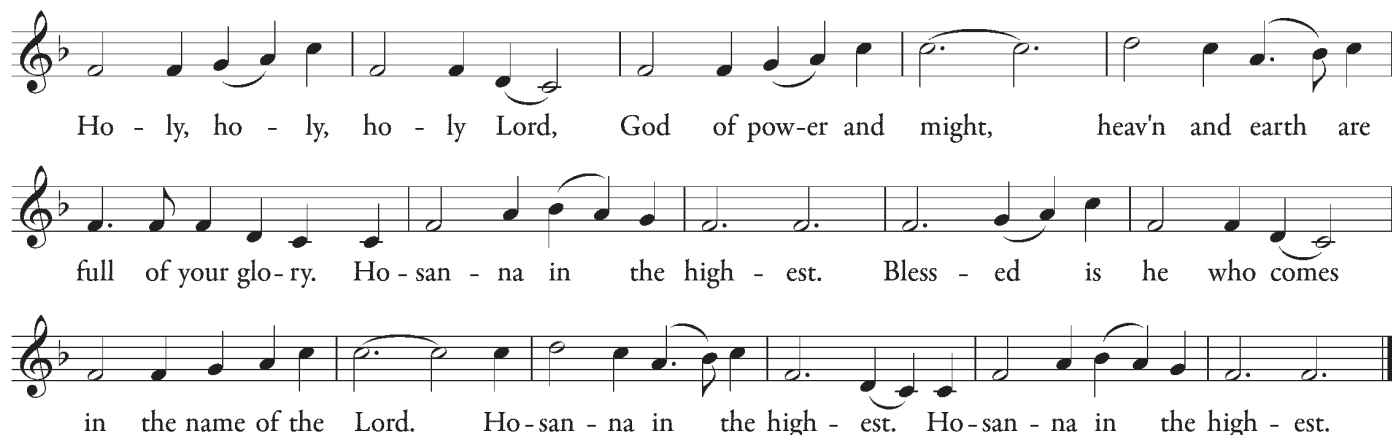
THE GREAT THANKSGIVING

The Lord be with you.
And also with you.
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

The presider offers thanks to God for the grace and mercy made available in Christ, and in response the people sing:

SANCTUS & BENEDICTUS

Land of Rest



Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might, heav'n and earth are
full of your glo-ry. Ho - san - na in the high - est. Bless - ed is he who comes
in the name of the Lord. Ho - san - na in the high - est. Ho - san - na in the high - est.

The presider gives thanks to God for the reconciling work of Christ's passion and resurrection and prays over the bread and wine.

Therefore we proclaim the mystery of faith:
Christ has died. Christ is risen. Christ will come again.

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world.

Bring us into the everlasting heritage of your daughters and sons, that with Peter and Paul, our patrons, and all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

THE LORD'S PRAYER

Notre Père..., Padre nuestro..., Vater unser...,

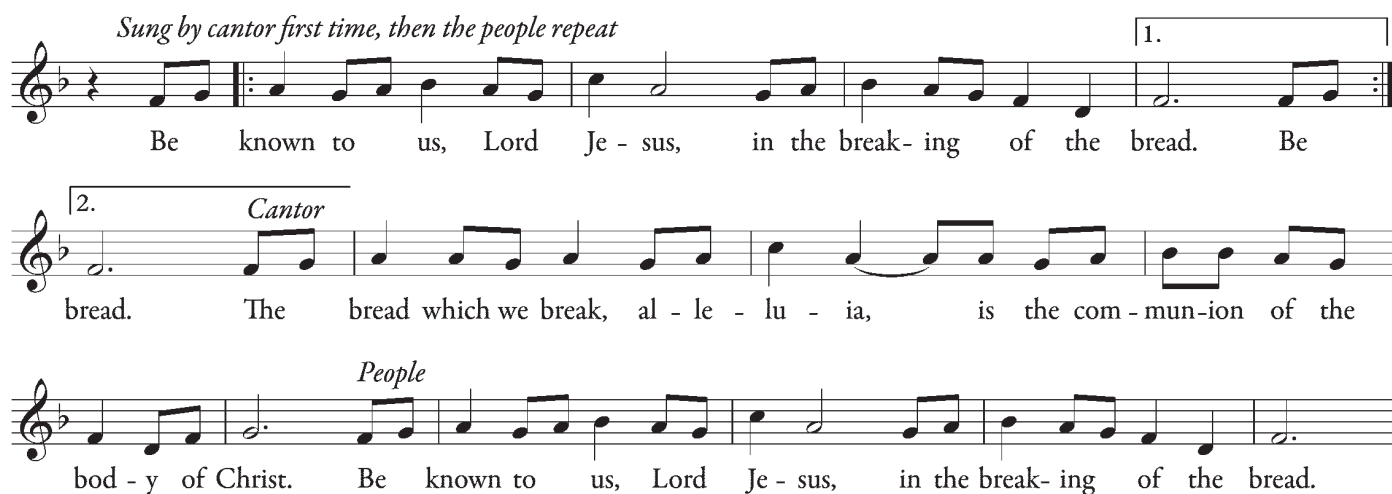
Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD & THE FRACTION ANTHEM

Be known to us, Lord Jesus

Gary James (b. 1957)

Sung by cantor first time, then the people repeat



Be known to us, Lord Je - sus, in the break- ing of the bread. Be
bread. The bread which we break, al - le - lu - ia, is the com - mun-ion of the
bod - y of Christ. Be known to us, Lord Je - sus, in the break- ing of the bread.

Cantor

One bod - y are we, al - le - lu - ia, for though man - y, we share one

People

bread. Be known to us, Lord Je - sus, in the break - ing of the bread.

The people are seated.

THE INVITATION TO HOLY COMMUNION

All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Please receive the bread in open and outstretched hands and sip the wine from the chalice, guiding it gently to your lips; or you may dip the wafer into the wine. Gluten-free wafers are available; please make your need known to the minister. Respond to receiving Communion by saying "Amen." If you prefer to receive a blessing instead, please indicate your choice by crossing your hands across your chest.

During the administration of Holy Communion the laying on of hands and prayers for healing is offered in St. John's Chapel. Please enter the chapel by the ramp to the right of the pulpit.

ANTHEM DURING THE COMMUNION

Eternal Father

Gustav Holst (1874-1934)

Eternal Father, who didst all create, in whom we live, and to whose bosom move, to all men be thy Name known, which is Love, till its loud praises sound at heaven's high gate. Perfect thy kingdom in our passing state, that here on earth thou mayst as well approve our homage as thou ownest theirs above whose joy we echo, and in pain await. Grant body and soul each day their daily bread: And should in spite of grace fresh use begin, even as our anger soon is past and dead, be thy remembrance mortal of our sin. By thee in paths of peace thy sheep be led and in the vale of terror comforted. Alleluia, Alleluia, Alleluia. (*Robert Seymour Bridges, 1844-1930*)

The people stand.

SENDING FORTH EUCHARISTIC VISITORS (*when scheduled*)

In the name of God and this Cathedral Church, we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's Body and Blood.

We who are many are one body, because we all share one bread, one cup.

THE POSTCOMMUNION PRAYER

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

THE BLESSING

The presider blesses the people, and the people respond, Amen.

CLOSING HYMN • 657

Love divine, all loves excelling

Hyfrydol

THE DISMISSAL

Let us go forth in the name of Christ.
Thanks be to God.

ORGAN VOLUNTARY

Fantasia, BWV 201

Johann Jakob Froberger (1616-1667)

WORSHIP LEADERS The Right Reverend Mariann Edgar Budde, The Reverend Andrew K. Barnett, The Reverend Canon Jan Naylor Cope, The Reverend Dana Corsello, The Reverend Canon Kelly Brown Douglas, The Reverend Sarah E. Slater, The Reverend John Lillie

FLOWER GIFTS Flowers throughout the Cathedral are given to the glory of God. High Altar: In memory of George Randolph Cooper, Jr., in memory of Ruby Lee Church Newsome, and in celebration of the marriage of Joanna Ranelli and Nicolas Ulvert; the altar in St. Mary's Chapel: in memory of the Reverend Canon Charles Martin, Washington Cathedral; the altar in Holy Spirit Chapel: in memory of Thomas Hollingsworth Garber; altar in Children's Chapel: in memory of Elizabeth C. Patterson.

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