

The Holy Eucharist

The First Sunday in Lent

March 5, 2017 • 11:15 am

WASHINGTON NATIONAL CATHEDRAL

The people's responses are in bold.

THE ENTRANCE RITE

ORGAN PRELUDE

Vater unser im Himmelreich, BWV 682

Johann Sebastian Bach (1685-1750)

The people stand as the procession enters in silence.

THE LENTEN ACCLAMATION

Bless the Lord who forgives all our sins.

His mercy endures for ever.

THE INVITATION TO A HOLY LENT

THE LITANY OF PENITENCE *The people sing their responses.*

Michael McCarthy (b. 1966)

Most holy and merciful Father: We confess to you and to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word and deed; by what we have done, and by what we have left undone.

We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

Cantor *Congregation*

We con - fess to you. Have mer - cy on us.

All our past unfaithfulness: the pride, hypocrisy and impatience of our lives, we confess to you.
Have mercy on us.

Our self-indulgent appetites and ways, and our exploitation of other people, we confess to you.
Have mercy on us.

Our anger at our own frustration and our envy of those more fortunate than ourselves, we confess to you.
Have mercy on us.

Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work, we confess to you.
Have mercy on us.

Our negligence in prayer and worship, and our failure to commend the faith that is in us, we confess to you.
Have mercy on us.

Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty.



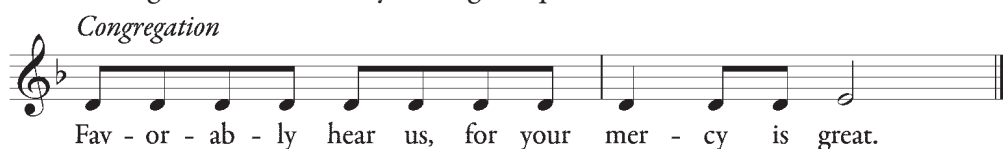
For all false judgments, for uncharitable thoughts toward our neighbors, and for our prejudice and contempt toward those who differ from us, have mercy on us.

Accept our repentance, O Lord.

For our waste and pollution of your creation, and our lack of concern for those who come after us, have mercy on us.

Accept our repentance, O Lord.

Restore us, good Lord, and let your anger depart from us.



Accomplish in us the work of your salvation,



By the cross and passion of your Son our Lord,



KYRIE ELEISON



Silence is kept.

THE DECLARATION OF FORGIVENESS

The presider prays the declaration of forgiveness, and the people respond, Amen.

THE COLLECT OF THE DAY

The Lord be with you.
And also with you.
Let us pray.

The presider prays the collect and the people respond, Amen.

The people are seated.

THE WORD OF GOD

THE FIRST READING

Genesis 2:15-17; 3:1-7

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

The Word of the Lord.
Thanks be to God.

PSALM 32

plainchant

Happy are they whose transgressions are forgiven,
and whose sin is put away!
Happy are they to whom the Lord imputes no guilt,
and in whose spirit there is no guile!
While I held my tongue, my bones withered away,
because of my groaning all day long.
For your hand was heavy upon me day and night;
my moisture was dried up as in the heat of summer.
Then I acknowledged my sin to you,
and did not conceal my guilt.
I said, "I will confess my transgressions to the Lord."
Then you forgave me the guilt of my sin.
Therefore all the faithful will make their prayers to you in time of trouble;
when the great waters overflow, they shall not reach them.
You are my hiding-place;
you preserve me from trouble;
you surround me with shouts of deliverance.
"I will instruct you and teach you in the way that you should go;
I will guide you with my eye.
Do not be like horse or mule, which have no understanding;
who must be fitted with bit and bridle,
or else they will not stay near you."
Great are the tribulations of the wicked;
but mercy embraces those who trust in the Lord.
Be glad, you righteous, and rejoice in the Lord;
shout for joy, all who are true of heart.

THE SECOND READING

Romans 5:12-19

Just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned—sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

The Word of the Lord.
Thanks be to God.

The people stand.

HYMN AT THE SEQUENCE • 147

Now let us all with one accord

Bourbon

THE HOLY GOSPEL

Matthew 4:1-11

Gospeller The Holy Gospel of our Lord Jesus Christ according to Matthew.
People Glory to you, Lord Christ.

After he was baptized by John, Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

Gospeller The Gospel of the Lord.
People Praise to you, Lord Christ.

The people are seated at the invitation of the preacher.

THE SERMON

The Very Reverend Randolph Marshall Hollerith

The people stand.

THE NICENE CREED

We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.

For us and for our salvation, he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate; he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PEACE

The peace of the Lord be always with you.
And also with you.

The people greet one another with a sign of God's peace and then are seated.

THE OFFERTORY

The people remain seated while an offering is received to support the Cathedral's ministry of sharing God's love with the world.

ANTHEM AT THE OFFERTORY

Wash me thoroughly

Samuel Sebastian Wesley (1810-1876)

The people stand for the presentation hymn and remain standing.

HYMN AT THE PRESENTATION • 150

Forty days and forty nights

Aus der Tiefe rufe ich

THE HOLY COMMUNION

THE GREAT THANKSGIVING

The Lord be with you.
And also with you.
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give God thanks and praise.

The presider offers thanks for the works of God in creation; in response the people sing:

SANCTUS & BENEDICTUS

Mass 18

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might,
hea - ven and earth are full of your glo - ry. Ho - san - na in the high - est.
Bless-ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

The presider gives thanks to God for Christ's life, passion and resurrection and prays over the bread and wine.

Therefore, we proclaim the mystery of faith:

Christ has died; Christ is risen; Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

THE LORD'S PRAYER

As our Savior Christ has taught us, we now pray,

Notre Père..., Padre nuestro..., Vater unser...,

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

THE BREAKING OF THE BREAD AND THE FRACTION ANTHEM

Lamb of God

Mass 18

Lamb of God, you take a - way the sins of the world: have mer - cy on us.
Lamb of God, you take a - way the sins of the world: have mer - cy on us.
Lamb of God, you take a - way the sins of the world: grant us peace.

The people are seated.

THE INVITATION TO COMMUNION

All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Please receive the bread in open and outstretched hands and sip the wine from the chalice, guiding it gently to your lips; or you may dip the wafer into the wine. Gluten-free wafers are available; please make your need known to the minister. Respond to receiving Communion by saying "Amen." If you prefer to receive a blessing instead, please indicate your choice by crossing your hands across your chest.

During the administration of Holy Communion the laying on of hands and prayers for healing is offered in St. John's Chapel. Please enter the chapel by the ramp to the right of the pulpit.

ANTHEM DURING THE COMMUNION

Salvator mundi

Thomas Tallis (1505-1585)

Sung in Latin. Savior of the world, save us, who by your cross and your blood has redeemed us; help us, we beseech you, our God.

The people stand.

THE POSTCOMMUNION PRAYER

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

PRAYER OVER THE PEOPLE

The presider prays over the people, and the people respond, Amen.

CLOSING HYMN • 143

Sung by all

The glory of these forty days

Erhalt uns, Herr

THE DISMISSAL

Let us bless the Lord.

Thanks be to God.

ORGAN VOLUNTARY

Prelude in B minor, BWV 544

J. S. Bach

WORSHIP LEADERS The Very Reverend Randolph Marshall Hollerith, The Reverend Andrew K. Barnett, The Reverend Canon Jan Naylor Cope, The Reverend Canon Kelly Brown Douglas

FLOWER GIFTS In the mid-nave, the Lenten pedestals of branches are given in loving memory of Mary Ashley Scarborough. In accordance with the Cathedral practice of bare altars during the Lenten season, all Flower Endowments during Lent will be named in the leaflet and honored at Easter.

Gifts for Easter flowers may be sent to the Washington National Cathedral Altar Guild, Massachusetts and Wisconsin Avenues NW, Washington, DC 20016. To be included in the Easter service leaflet, gifts must be received March 23.

PERMISSIONS *Sanctus and Agnus Dei (Fraction anthem)* adapted by Mason Martens (1933-1991) from plainsong Mass 18. Used with permission.



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