

# The Holy Eucharist

The Fourteenth Sunday after Pentecost  
August 21, 2016 • 10:00 am

WASHINGTON NATIONAL CATHEDRAL

---

*The people's responses are in bold.*

## THE ENTRANCE RITE

### CARILLON PRELUDE

*Sonata di Chiesa for carillon*

Rex LeLacheur (1910-1984)

### ORGAN PRELUDE

*Prelude*

William Henry Harris (1883-1973)

### INTROIT

*These are they which follow the Lamb*

John Goss (1800-1880)

These are they which follow the Lamb, whither so ever he goeth. These were redeemed from among men, being the first fruits unto God and to the lamb. And in their mouth was found no guile, for they are without fault before the throne of God. (*Revelation 14:4-5*)

*The people stand.*

### PROCESSIONAL HYMN • 521

*Put forth, O God, thy Spirit's might*

*Chelsea Square*

### OPENING ACCLAMATION

Blessed be our God.  
**For ever and ever. Amen.**

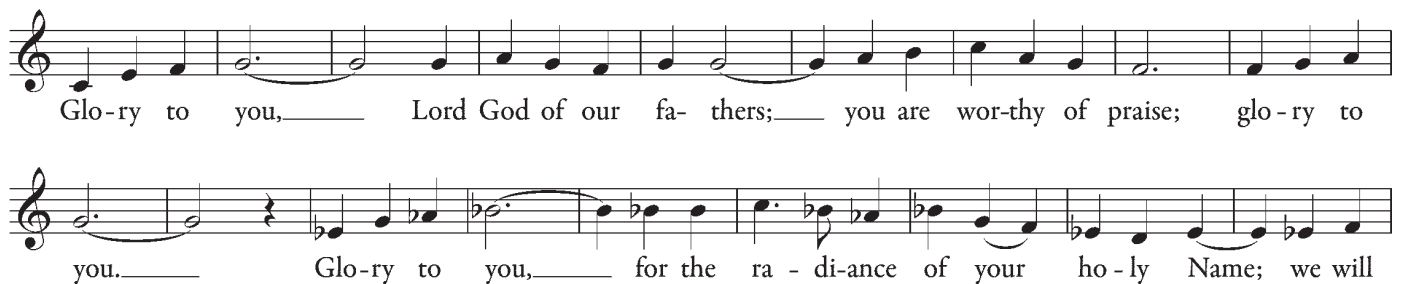
### THE COLLECT FOR PURITY

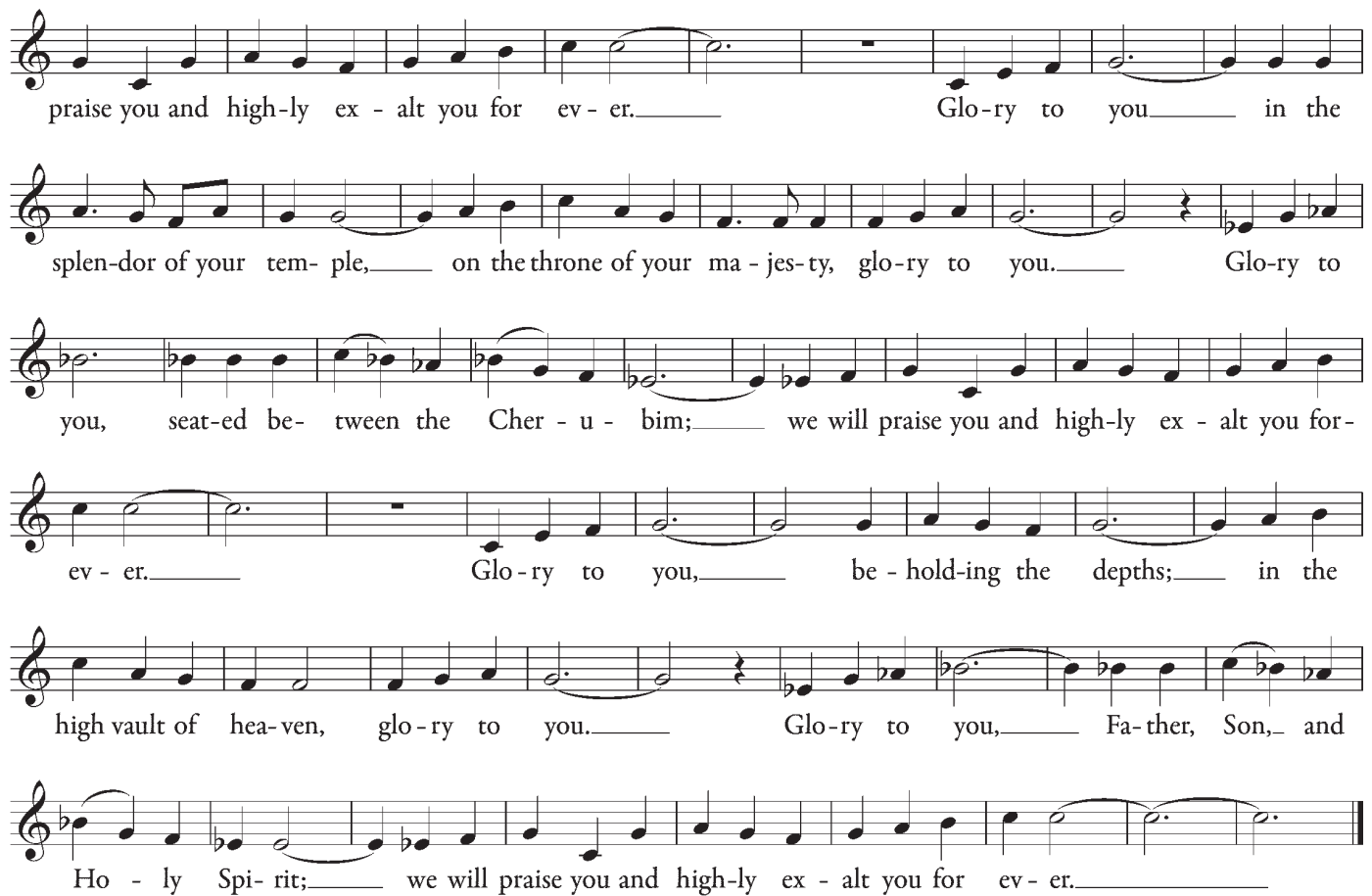
Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

### SONG OF PRAISE

*Glory to you*

John Rutter (b. 1945)





praise you and high-ly ex - alt you for ev - er.\_\_\_\_ Glo-ry to you\_\_\_\_ in the  
 splen-dor of your tem- ple,\_\_\_\_ on the throne of your ma - jes-ty, glo-ry to you.\_\_\_\_ Glo-ry to  
 you, seat-ed be- tween the Cher - u - bim;\_\_\_\_ we will praise you and high-ly ex - alt you for -  
 ev - er.\_\_\_\_ Glo-ry to you,\_\_\_\_ be - hold-ing the depths;\_\_\_\_ in the  
 high vault of hea- ven, glo-ry to you.\_\_\_\_ Glo-ry to you,\_\_\_\_ Fa-ther, Son, and  
 Ho - ly Spi- rit;\_\_\_\_ we will praise you and high-ly ex - alt you for ev - er.\_\_\_\_

## THE WORD OF GOD

### THE COLLECT OF THE DAY

The Lord be with you.

**And also with you.**

Let us pray.

Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*The people are seated.*

### THE FIRST READING

Isaiah 58:9b-14

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in. If you refrain from trampling the sabbath, from pursuing your own interests on my holy day; if you call the sabbath a delight and the holy day of the Lord honorable; if you honor it, not going your own ways, serving your own interests, or pursuing your own affairs; then you shall take delight in the Lord, and I will make you ride upon the heights of the earth; I will feed you with the heritage of your ancestor Jacob, for the mouth of the Lord has spoken.

The Word of the Lord.

**Thanks be to God.**

*One measure of music is sung for each half verse, changing pitch on the underlined syllable.*



Bless the Lord, O my soul,  
 and all that is within me, bless his holy Name.  
 Bless the Lord, O my soul,  
 and forget not all his benefits.  
**He forgives all your sins**  
**and heals all your infirmities;**  
**He redeems your life from the grave**  
**and crowns you with mercy and loving-kindness;**  
 He satisfies you with good things,  
 and your youth is renewed like an eagle's.  
 The Lord executes righteousness  
 and judgment for all who are oppressed.  
**He made his ways known to Moses**  
**and his works to the children of Israel.**  
**The Lord is full of compassion and mercy,**  
**slow to anger and of great kindness.**

#### THE SECOND READING

Hebrews 12:18-29

You have not come to something that can be touched, a blazing fire, and darkness, and gloom, and a tempest, and the sound of a trumpet, and a voice whose words made the hearers beg that not another word be spoken to them. (For they could not endure the order that was given, "If even an animal touches the mountain, it shall be stoned to death." Indeed, so terrifying was the sight that Moses said, "I tremble with fear.") But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, and to the assembly of the firstborn who are enrolled in heaven, and to God the judge of all, and to the spirits of the righteous made perfect, and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel. See that you do not refuse the one who is speaking; for if they did not escape when they refused the one who warned them on earth, how much less will we escape if we reject the one who warns from heaven! At that time his voice shook the earth; but now he has promised, "Yet once more I will shake not only the earth but also the heaven." This phrase, "Yet once more," indicates the removal of what is shaken—that is, created things—so that what cannot be shaken may remain. Therefore, since we are receiving a kingdom that cannot be shaken, let us give thanks, by which we offer to God an acceptable worship with reverence and awe; for indeed our God is a consuming fire.

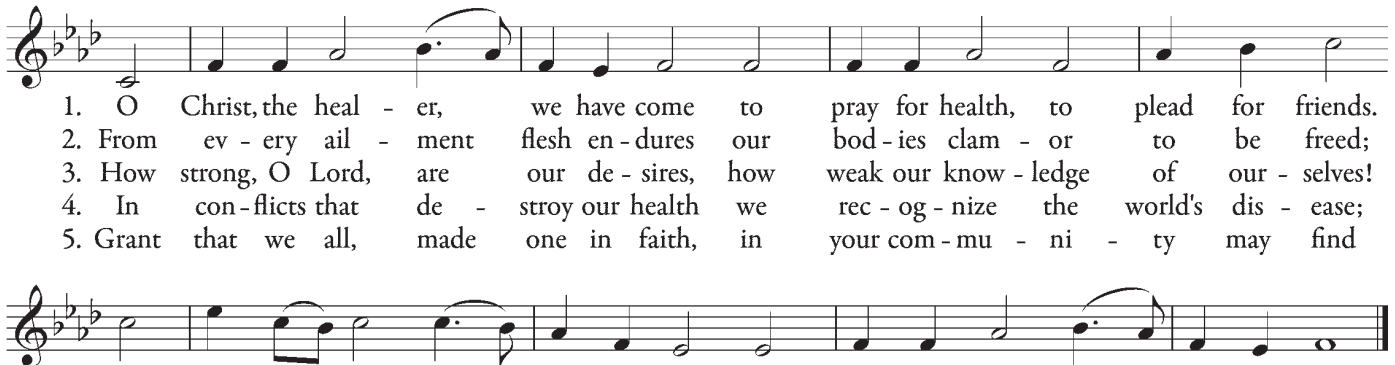
The Word of the Lord.  
**Thanks be to God.**

*The people stand.*

## HYMN AT THE SEQUENCE

*O Christ, the healer*

*Bourbon*



1. O Christ, the heal - er, we have come to pray for health, to plead for friends.  
2. From ev - ery ail - ment flesh en - dures our bod - ies clam - or to be freed;  
3. How strong, O Lord, are our de - sires, how weak our know - ledge of our - selves!  
4. In con - flicts that de - stroy our health we rec - og - nize the world's dis - ease;  
5. Grant that we all, made one in faith, in your com - mu - ni - ty may find

How can we fail to be re - stored, when reached by love that nev - er ends?  
yet in our hearts we would con - fess that whole - ness is our deep - est need.  
Re - lease in us those heal - ing truths un - con - scious pride re - sists or shelves.  
our com - mon life de - clares our ills: is there no cure, O Christ, for these?  
the whole - ness that, en - rich - ing us, shall reach the whole of hu - man kind.

## THE HOLY GOSPEL

Luke 13:10-17

The Holy Gospel of our Lord Jesus Christ according to Luke.

**Glory to you, Lord Christ.**

Now Jesus was teaching in one of the synagogues on the sabbath. And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. When Jesus saw her, he called her over and said, "Woman, you are set free from your ailment." When he laid his hands on her, immediately she stood up straight and began praising God. But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, "There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day." But the Lord answered him and said, "You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?" When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

The Gospel of the Lord.

**Praise to you, Lord Christ.**

*The people are seated at the invitation of the preacher:*

## THE SERMON

The Very Reverend Randolph Marshall Hollerith

*The people stand.*

## THE NICENE CREED

We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father.  
Through him all things were made.

For us and for our salvation, he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate; he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

#### THE PRAYERS OF THE PEOPLE

*After each intercession,*

God of grace and mercy,  
hear our prayer.

*The presider prays the concluding collect, and the people respond, Amen.*

#### CONFESSION AND ABSOLUTION

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

*The presider offers absolution and the people respond, Amen.*

#### THE PEACE

The peace of Christ be always with you.  
And also with you.

*The people greet one another with a sign of God's peace and then are seated.*

#### THE OFFERTORY

*The people remain seated while an offering is received to support the Cathedral's ministry of sharing God's love with the world.*

#### ANTHEM AT THE OFFERTORY

*Strengthen ye the weak hands*

W. H. Harris

*The people stand.*

#### HYMN AT THE PRESENTATION • 566

*From thee all skill and science flow*

*The Church's Desolation*

# THE HOLY COMMUNION

## THE GREAT THANKSGIVING

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

*The presider offers our thanks to God for the grace and mercy made available to us in Christ, and in response we sing:*

## SANCTUS & BENEDICTUS

*American folk melody*

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might, heav'n and earth are  
full of your glo-ry. Ho - san - na in the high - est. Bless - ed is the one who comes  
in the name of the Lord. Ho-san - na in the high - est. Ho-san - na in the high - est.

*The presider gives thanks to God for the reconciling work of Christ's passion and resurrection and prays over the bread and wine.*

Therefore we proclaim the mystery of faith:

**Christ has died. Christ is risen. Christ will come again.**

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ.

**Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world.**

Bring us into the everlasting heritage of your daughters and sons, that with Peter and Paul, our patrons, and all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

## THE LORD'S PRAYER

Notre Père..., Padre nuestro..., Vater unser...,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## THE BREAKING OF THE BREAD & THE FRACTION ANTHEM

Gary James (b. 1957)

*Sung by cantor first time, then the people repeat*

Be known to us, Lord Je - sus, in the break - ing of the bread. Be

bread. The bread which we break, al - le - lu - ia, is the com - mun-ion of the

bod - y of Christ. Be known to us, Lord Je - sus, in the break - ing of the bread.

One bod - y are we, al - le - lu - ia, for though man - y, we share one

bread. Be known to us, Lord Je - sus, in the break - ing of the bread.

*The people are seated.*

## THE INVITATION TO COMMUNION

*All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Please receive the bread in open and outstretched hands and sip the wine from the chalice, guiding it gently to your lips; or you may dip the wafer into the wine. Gluten-free wafers are available; please make your need known to the minister. Respond to receiving Communion by saying Amen. If you prefer to receive a blessing instead, please indicate your choice by crossing your hands across your chest.*

*During the administration of Holy Communion the laying on of hands and prayers for healing is offered in St. John's Chapel. Please enter the chapel by the ramp to the right of the pulpit.*

## ANTHEM DURING THE COMMUNION

*Panis angelicus*

César Franck (1822-1890)

*Sung in Latin.* The bread of angels becomes the bread of men. The heavenly bread gives an end to earthly forms. O marvelous and wondrous Sacrament! A poor man, a slave, and the humble one all ingest the Lord. O Godhead, Three and One, thee we implore. So visit us, just as now we thee adore, by thy paths lead us to where we aspire, to the Light wherein thou dwellest. (*Thomas Aquinas, 1225-1274*)

*The people stand.*

## THE SENDING FORTH OF EUCHARISTIC VISITORS

In the name of God and this Cathedral Church, we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's Body and Blood.

**We who are many are one body, because we all share one bread, one cup.**

## THE POSTCOMMUNION PRAYER

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

## THE BLESSING

*The presider blesses the people, and the people respond, Amen.*

## CLOSING HYMN • 411

*O bless the Lord, my soul!*

*St. Thomas (Williams)*

## THE DISMISSAL

Go in peace to love and serve the Lord.

**Thanks be to God.**

## ORGAN VOLUNTARY

*Flourish for an Occasion*

W. H. Harris

**WORSHIP LEADERS** The Very Reverend Randolph Marshall Hollerith, The Reverend Andrew K. Barnett, The Reverend Canon Jan Naylor Cope, The Reverend Canon Kelly Brown Douglas, The Reverend Canon Michele V. Hagans, Cathedral Singers

**FLOWER GIFTS** Flowers throughout the Cathedral are given to the glory of God: altar in Children's Chapel: in loving memory of Katherine Kavanaugh; altar in War Memorial Chapel: in memory of Morris Karlynn Barrett; altar in Bethlehem Chapel: in memory of Charlotte Grandin Whorle.

**PERMISSIONS** *A Song of Praise: Benedictus es, Domine.* Music: John Rutter (b. 1945). Copyright © 1985 Oxford University Press, Inc. Reprinted under OneLicense.net #A-7092803. *Holy, holy, holy Lord: Sanctus.* Music: American folk melody; arr. Marcia Pruner, harm. Annabel Morris Buchanan (1889–1983). Reprinted under OneLicense.net #A-7092803. *Fraction Anthem: Be known to us.* Music: Gary James (b. 1957). Copyright: © 1992 Morningstar Music Publishers. Reprinted under OneLicense.net #A-7092803. *O Christ the healer, we have come.* Words: Fred Pratt Green (1903–2000). Copyright © 1984 Hope Publishing Company. Reprinted under OneLicense.net #A-7092803.



WASHINGTON  
**NATIONAL  
CATHEDRAL**

Massachusetts and Wisconsin Avenues, NW • Washington, DC 20016-5098  
www.nationalcathedral.org • (202) 537-6200  
facebook.com/wncathedral • twitter.com/wncathedral