

The Holy Eucharist

The Fourth Sunday after Pentecost

June 21, 2015 • 11:15 am

WASHINGTON NATIONAL CATHEDRAL

THE ENTRANCE RITE

CARILLON PRELUDE

God is love, let heaven adore him

Abbot's Leigh; arranged by Edward M. Nassor (b.1957)

ORGAN PRELUDE

Master Tallis's Testament

Herbert Howells (1892-1983)

INTROIT

By and by

arr. Michael Tippett (1905-1998)

O by and by, I'm going to lay down my heavy load. I know my robe's going to fit me well, I've tried it on at the gates of Hell. O by and by, I'm going to lay down my heavy load. Hell is deep and a dark despair, O stop, poor sinner, don't go there! O by and by, I'm going to lay down my heavy load.

PROCESSIONAL HYMN • 379

Sung by all, standing.

God is love, let heaven adore him

Abbot's Leigh

OPENING ACCLAMATION

When anyone is united to Christ, there is a new world;
The old order has gone, and a new order has already begun.
Blessed be the one, holy, and living God.
Glory to God for ever and ever.

COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

SONG OF PRAISE

Glory to you

John Rutter (b. 1945)



splen-dor of your tem- ple, on the throne of your ma - jes-ty, glo-ry to you. Glo-ry to
 you, seat-ed be- tween the Cher - u - bim; we will praise you and high-ly ex - alt you for-
 ev - er. Glo-ry to you, be - hold-ing the depths;
 in the high vault of hea - ven, Glo-ry to you, Fa-ther,
 high vault of hea-ven, glo - ry to you. Glo-ry to you, Fa-ther, Son, and
 Son, and Ho - ly Spi-rit, we will high-ly ex - alt you, Glo-ry to you!
 Ho - ly Spi- rit; we will praise you and high-ly ex - alt you for ev - er.

THE WORD OF GOD

THE COLLECT OF THE DAY

The Lord be with you.
 And also with you.
 Let us pray.

The presider prays the collect and the people respond, Amen.

The people are seated for the readings and psalm.

THE FIRST READING

I Samuel 17:32-49

David said to Saul, "Let no one's heart fail because of him; your servant will go and fight with this Philistine." Saul said to David, "You are not able to go against this Philistine to fight with him; for you are just a boy, and he has been a warrior from his youth." But David said to Saul, "Your servant used to keep sheep for his father; and whenever a lion or a bear came, and took a lamb from the flock, I went after it and struck it down, rescuing the lamb from its mouth; and if it turned against me, I would catch it by the jaw, strike it down, and kill it. Your servant has killed both lions and bears; and this uncircumcised Philistine shall be like one of them, since he has defied the armies of the living God." David said, "The Lord, who saved me from the paw of the lion and from the paw of the bear, will save me from the hand of this Philistine." So Saul said to David, "Go, and may the Lord be with you!" Saul clothed David with his armor; he put a bronze helmet on his head and clothed him with a coat of mail. David strapped Saul's sword over the armor, and he tried in vain to walk, for he was not used to them. Then David said to Saul, "I cannot walk with these; for I am not used to them." So David removed them. Then he took his staff in his hand, and chose five smooth stones from the wadi, and put them in his shepherd's bag, in the pouch; his sling was in his hand, and he drew near to the Philistine.

The Philistine came on and drew near to David, with his shield-bearer in front of him. When the Philistine looked and saw David, he disdained him, for he was only a youth, ruddy and handsome in appearance. The Philistine said to David, "Am I a dog, that you come to me with sticks?" And the Philistine cursed David by his gods. The Philistine said to David, "Come to me, and I will give your flesh to the birds of the air and to the wild animals of the field." But David said to the Philistine, "You come to me with sword and spear and javelin; but I come to you in the name of the Lord of hosts, the God of the armies of Israel, whom you have defied. This very day the Lord will deliver you into my hand, and I will strike you down and cut off your head; and I will give the dead bodies of the Philistine army this very day to the birds of the air and to the wild animals of the earth, so that all the earth may know that there is a God in Israel, and that all this assembly may know that the Lord does not save by sword and spear; for the battle is the Lord's and he will give you into our hand."

When the Philistine drew nearer to meet David, David ran quickly toward the battle line to meet the Philistine. David put his hand in his bag, took out a stone, slung it, and struck the Philistine on his forehead; the stone sank into his forehead, and he fell face down on the ground.

The Word of the Lord.
Thanks be to God.

PSALM 9:9-20

Chant: Charles V. Stanford

The choir introduces the antiphon, then all repeat.



The Lord will be a refuge for the oppressed,
 a refuge in time of trouble.
 Those who know your Name will put their trust in you,
 for you never forsake those who seek you, O Lord.
 Sing praise to the Lord who dwells in Zion;
 proclaim to the peoples the things he has done.
 The Avenger of blood will remember them;
 he will not forget the cry of the afflicted.
 Have pity on me, O Lord;
 see the misery I suffer from those who hate me, O you who lift me up from the gate of death;
 So that I may tell of all your praises and rejoice in your salvation
 in the gates of the city of Zion.
 The ungodly have fallen into the pit they dug,
 and in the snare they set is their own foot caught.
 The Lord is known by his acts of justice;
 the wicked are trapped in the works of their own hands.
 The wicked shall be given over to the grave,
 and also all the peoples that forget God.
 For the needy shall not always be forgotten,
 and the hope of the poor shall not perish for ever.
 Rise up, O Lord, let not the ungodly have the upper hand;
 let them be judged before you.
 Put fear upon them, O Lord;
 let the ungodly know they are but mortal.

As we work together with Christ, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you." See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything. We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return—I speak as to children—open wide your hearts also.

The Word of the Lord.

Thanks be to God.

The people stand to sing and remain standing for the Gospel.

HYMN AT THE SEQUENCE • 488

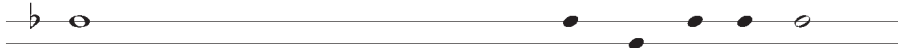
Be thou my vision

Slane

THE HOLY GOSPEL

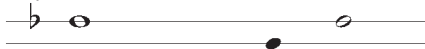
Mark 4:35-41

Gospeller



The Holy Gospel of our Lord Jesus Christ according to Mark.

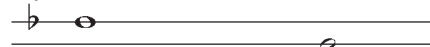
People



Glory to you, Lord Christ.

When evening had come, Jesus said to his disciples, "Let us go across to the other side." And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, "Teacher, do you not care that we are perishing?" He woke up and rebuked the wind, and said to the sea, "Peace! Be still!" Then the wind ceased, and there was a dead calm. He said to them, "Why are you afraid? Have you still no faith?" And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?"

Gospeller



The Gospel of the Lord.

People



Praise to you, Lord Christ.

The people are seated at the invitation of the preacher.

THE SERMON

Canon Cope

The people stand.

THE NICENE CREED

We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father;
through him all things were made.

For us and for our salvation he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary and became truly human.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

After each intercession,

God of grace and mercy,
Receive our prayer.

The presider prays the concluding collect, and the people respond, Amen.

CONFESSION AND ABSOLUTION

Gracious God, have mercy on us. We confess that we have turned from you and given ourselves into the power of sin. We are truly sorry and humbly repent. In your compassion forgive us our sins, known and unknown, things we have done and things we have failed to do. Turn us again to you, and uphold us by your Spirit, so that we may live and serve you in newness of life through Jesus Christ our Savior and Lord. Amen.

The presider offers absolution and the people respond, Amen.

THE PEACE

The peace of Christ be always with you.
And also with you.

The people greet one another with a sign of God's peace and then are seated.

THE OFFERTORY

The people remain seated while an offering is received to support the Cathedral's ministry of sharing God's love with the world.

ANTHEM AT THE OFFERTORY

The Prayer of St. Francis

René Clausen (b. 1953)

Lord, make me an instrument of your peace. Where there is hatred, let me bring love. Where there is injury, help me to pardon. Where there is doubt, let me bring faith. Where there is despair, let me bring hope. Where there is darkness, let me bring light. Where there is sorrow, let me bring joy. O Lord, master divine, grant that I not so much seek to be consoled, as to console, to be understood as to understand, to be loved as to love. For it is in giving that we receive, and in pardoning that we are pardoned. For in dying we are born to eternal life.

The people stand for the presentation hymn and remain standing.

HYMN AT THE PRESENTATION

Love astounding

Holy Manna



1. Love a - stound - ing, Love con - found - ing lim - its fear - ful minds im - pose.
2. Love re - ceiv - ing, Love be - liev - ing, we re - joice with thanks and song,
Love re - new - ing, Love pur - su - ing ev - ery heart un - til it knows
faith re - gain - ing, hope pro - claim - ing; Love has taught us, we be - long
Love's trans - form - ing, heal - ing good - ness, Love's a - bid - ing, gen - tle grace,
safe with - in Love's ten - der keep - ing, safe from fear's per - sis - tent call.
Love's en - dur - ance, Love's as - sur - ance, Love's con - sol - ing, strong em - brace.
Love de - fend - ing, Love un - end - ing, Love of God en - fold - ing all.

THE HOLY COMMUNION

THE GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

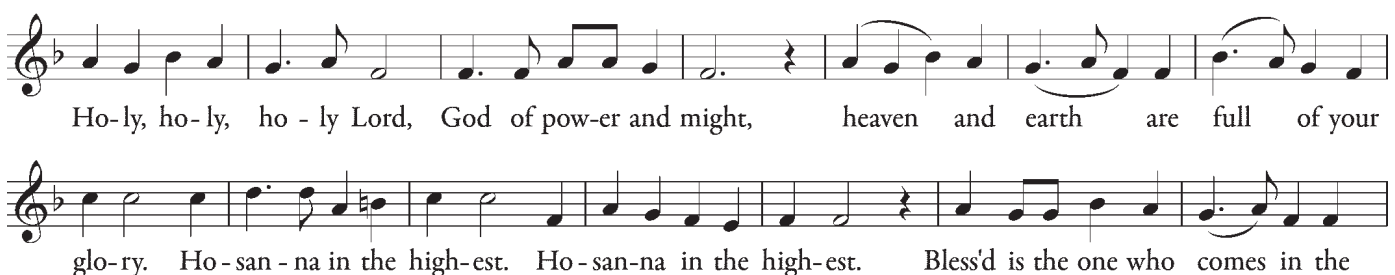
Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

The presider offers our thanks to God for the grace and mercy made available to us in Christ, and in response we sing:

SANCTUS & BENEDICTUS

Richard Proulx (1937-2010)



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, heaven and earth are full of your
glo - ry. Ho - san - na in the high - est. Ho - san - na in the high - est. Bless'd is the one who comes in the

Name of the Lord. Ho - san - na in the high-est. Ho - san-na in the high est.

The presider gives thanks to God for the reconciling work of Christ's passion and resurrection and prays over the bread and wine.

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and thanksgiving as a holy and living sacrifice, in union with Christ's offering for us, as we proclaim the mystery of faith.

Christ has died; Christ is risen; Christ will come again.

Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine. Make them be for us the body and blood of Christ, that we may be for the world the body of Christ, redeemed by his blood. By your Spirit make us one with Christ, one with each other, and one in ministry to all the world, until Christ comes in final victory, and we feast at his heavenly banquet. Through your Son Jesus Christ, with the Holy Spirit in your holy Church, all honor and glory is yours, Almighty God, now and forever. **AMEN.**

THE LORD'S PRAYER

Notre Père..., Padre nuestro..., Vater unser...,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD AND THE FRACTION ANTHEM

Gary James (b. 1957)

sung by Cantor first time, then All on repeat

Be known to us, Lord Je - sus, in the break - ing of the bread. Be

bread. The bread which we break, al - le - lu - ia, is the com - mun - ion of the

bod - y of Christ. Be known to us, Lord Je - sus, in the break - ing of the bread.

One bod - y are we, al - le - lu - ia, for though man - y, we share one

bread. Be known to us, Lord Je - sus, in the break - ing of the bread.

INVITATION

The people are seated.

All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Gluten-free wafers are available; please make your need known to the minister. If you desire to receive prayers for healing, you are invited to proceed to War Memorial Chapel after receiving Holy Communion.

ANTHEM DURING THE COMMUNION

Tantum ergo

Maurice Duruflé (1902-1986)

POSTCOMMUNION PRAYER

Said by all, standing.


O God, whose beauty is beyond our imagining and whose power we cannot comprehend: show us your glory as far as we can grasp it, and shield us from knowing more than we can bear until we may look upon you without fear; through Jesus Christ our Savior. Amen.

BLESSING

The presider blesses the people, and the people respond, Amen.


DISMISSAL

Gospeller



Go in peace to love and serve the Lord.

People



Thanks be to God.

CLOSING HYMN • 535

Sung by all.

Ye servants of God, your master proclaim

Paderborn

ORGAN VOLUNTARY

Tocatta

Leo Sowerby (1895-1968)

WORSHIP LEADERS Rev. Canon Jan Naylor Cope, Rev. Dr. Kelly Brown Douglas, The Very Reverend Gary Hall, Rev. Stuart Kenworthy, Cathedral Singers

FLOWER GIFTS Flowers throughout the Cathedral are given to the glory of God. High Altar: in memory of those in the class of 1958 St. Albans who have died: Robert C. Kammholz, Hadi Raza Ali, John C. Boyd III, Curtis Lucius Hillyer, Windsor Peyton Booth, Jr., Thomas L. Stokes III, Peter Ourusoff, Jonathan Roosevelt, and Christian H. Clarke; altar in St. Mary's Chapel: in thanksgiving for and in memory of Robert C. and Ruth O. Faulstich, and in memory of Mary Scribner Judson; altar in Children's Chapel: in memory of Mr. and Mrs. James Polk Bennett; altar in Bethlehem Chapel: in honor of Margot Semler Shorb.

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