



THE FIFTH SUNDAY AFTER THE EPIPHANY

THE HOLY EUCHARIST
FEBRUARY 5, 2012
ELEVEN FIFTEEN AM

WASHINGTON NATIONAL CATHEDRAL

The Reverend Dr. Francis H. Wade, celebrant
The Reverend Canon Ralph Godsall, gospeller
The Reverend Canon Jan Naylor Cope, assistant
The Reverend Dr. Marilyn McCord Adams, preacher
The Cathedral Choir of Men and Boys

CARILLON PRELUDE

Songs of thankfulness and praise

Salzburg; arr. Edward Nassor (b.1957)

ORGAN VOLUNTARY

Adagio, from Symphonie VI, Op. 42

Charles-Marie Widor (1844-1937)

WELCOME

INTROIT

Eternal Light

Leo Sowerby (1895-1968)

Eternal Light, shine into our hearts, Eternal Goodness, deliver us from evil,
Eternal Power, be our support, Eternal Wisdom, scatter the darkness of
our ignorance, Eternal Pity, have mercy upon us, through Jesus Christ our
Lord, Amen.

Alcuin (735-804)

THE ENTRANCE RITE

HYMN AT THE PROCESSION - 135

Songs of thankfulness and praise

Sung by all, standing.

Salzburg

OPENING ACCLAMATION

Arise shine for your light has come;
O come let us worship in the glory of the Lord.

SONG OF PRAISE

How wondrous and great

Lyons

How won-drous and great thy works, God of praise! How
just, King of saints, and true are thy ways! O
who shall not fear thee, and hon - or thy Name? Thou



THE COLLECT FOR THE DAY

The Lord be with you.
And also with you.
Let us pray.

The presider prays the collect, and the people respond Amen.

THE WORD OF GOD

The people are seated for the readings and psalm.

THE FIRST READING

Isaiah 40:21-31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

The Word of the Lord.
Thanks be to God.

PSALM 147:1-12,21c

chant: Barnby

The choir introduces the antiphon, then all repeat.



The choir sings the psalm.

Hallelujah! How good it is to sing praises to our God!
how pleasant it is to honor him with praise!
The Lord rebuilds Jerusalem;
he gathers the exiles of Israel.
He heals the brokenhearted
and binds up their wounds.
He counts the number of the stars
and calls them all by their names.
Great is our Lord and mighty in power;
there is no limit to his wisdom.
The Lord lifts up the lowly,
but casts the wicked to the ground.
Sing to the Lord with thanksgiving;
make music to our God upon the harp.
He covers the heavens with clouds
and prepares rain for the earth;
He makes grass to grow upon the mountains
and green plants to serve mankind.

He provides food for flocks and herds
and for the young ravens when they cry.
He is not impressed by the might of a horse;
he has no pleasure in the strength of a man;
But the Lord has pleasure in those who fear him,
in those who await his gracious favor. Hallelujah!

All sing the antiphon.

THE SECOND READING

I Corinthians 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

The Word of the Lord.
Thanks be to God.

The people stand to sing and remain standing for the Gospel.

HYMN AT THE SEQUENCE - 529

In Christ there is no east or west

McKee

THE GOSPEL

Mark 1:29-39

The Holy Gospel of our Lord Jesus Christ according to Mark.
Glory to you, Lord Christ.

Jesus left the synagogue at Capernaum and entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of the Lord.
Praise to you, Lord Christ.

THE SERMON

Dr. McCord Adams

The people stand.

THE NICENE CREED

Said by all.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was

crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

After each intercession,

Radiant God, Light from light; May our lives manifest your glory.

The presider prays the concluding collect, and the people respond Amen.

CONFESSION

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The presider offers absolution and the people respond Amen.

THE PEACE

The peace of the Lord be always with you. And also with you.

The people greet one another with a sign of God's peace and then are seated.

THE OFFERTORY

The people remain seated while an offering is collected to support the Cathedral's work of sharing God's love with the world.

ANTHEM AT THE OFFERTORY

Prayer of St. Francis

M. Searle Wright (1918-2004)

Lord make me a channel of thy peace, that where there is hatred, I may bring love; that where there is wrong, I may bring the spirit of forgiveness; that where there is discord, I may bring harmony; where there is error, I may bring truth; where there is doubt, I may bring faith; where despair, where there are shadows, where there is sadness; I may bring hope; I may bring thy light; I may bring joy! Lord, grant that I may seek rather to comfort, than to be comforted; to understand, than to be understood; to love, than to be loved. For it is by giving that one receives; it is by self-forgetting one finds; it is by forgiving that one is forgiven; it is by dying that one awakens unto eternal life.

The people stand for the presentation hymn and remain standing.

PRESENTATION HYMN

We all are one in mission

Nyland

We all are one in mission, we all are one in call, our
varied gifts united by Christ, the Lord of all. A
single, great mission compels us from above to

plan and work to - geth - er that all may know Christ's love.

THE HOLY COMMUNION

THE GREAT THANKSGIVING

The Lord be with you. And also with you.
 Lift up your hearts. We lift them to the Lord.
 Let us give thanks to the Lord our God.
 It is right to give our thanks and praise.

The presider offers our thanks to God for the grace and mercy made available to us in Christ, and in response we sing:

SANCTUS AND BENEDICTUS

Holy, holy, holy

Mass for Soulful People

Ho - ly, ho - ly, ho - ly, ho - ly, ho - ly Lord God
 of hosts. Heav - en and earth are filled with your
 glo - - - ry. Ho - san - na in the high - est.
 Bless - ed is the One who comes in the name of the
 Lord, of the Lord. Ho - san - na
 in the high - est, ho - san - na in the high - est.

The celebrant gives thanks for the reconciling work of Christ's passion and resurrection, and recalls before God the institution of the Lord's Supper.

MEMORIAL ACCLAMATION

Therefore, according to his command, O God,
 We remember his death, we proclaim his resurrection, we await his
 coming in glory;

The celebrant gives thanks to God and prays over the bread and wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that
 they may be the Sacrament of the Body of Christ and his Blood of the new
 Covenant.

Unite us to your Son in his sacrifice, that we may be acceptable through
 him, being sanctified by the Holy Spirit.

*The celebrant concludes with prayers for the coming of God's kingdom and the people
 respond AMEN.*

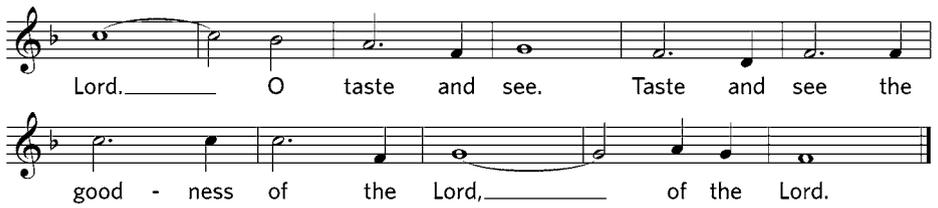
THE LORD'S PRAYER

THE BREAKING OF THE BREAD AND THE FRACTION ANTHEM

Taste and see

James C. Moore

Taste and see. Taste and see the good - ness of the



INVITATION *The people are seated.*

All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Gluten-free wafers are available; please make your need known to the minister. If you desire to receive prayers for healing, you are invited to proceed to Memorial Chapel after receiving Holy Communion or immediately following the service.

ANTHEM AT THE COMMUNION

Senex puerum portabat

William Byrd (c. 1540–1623)

Senex puerum portabat puer autem senem regbat: quem virgo peperit, et bat: quem virgo peperit et post partum virgo permansit: ipsum quem genuit adoravit.

An old man carried the child, yet the child ruled the old man. Him whom the virgin had borne - after which she remained for ever a virgin - she herself worshipped.

The people stand.

HYMN AT THE COMMUNION - 300

Glory, love, and praise, and honor

Benifold

THE POSTCOMMUNION PRAYER *Said by all.*

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

The presider offers a blessing and the people respond Amen.

HYMN AT THE CLOSING - 411 *Sung by all.*

O bless the Lord, my soul!

St. Thomas (Williams)

THE DISMISSAL

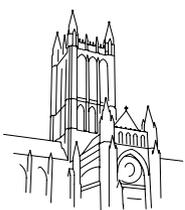
Let us go forth in the name of Christ.
Thanks be to God.

ORGAN VOLUNTARY

Finale, from Symphonie VI, Op. 42

C. M. Widor

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