



THE SEVENTH SUNDAY AFTER PENTECOST

THE HOLY EUCHARIST

JULY 31, 2011

EIGHT FORTY-FIVE AM
AND ELEVEN FIFTEEN AM

WASHINGTON NATIONAL CATHEDRAL

*The Reverend Canon Mary Sulerud, presider
The Reverend Canon Samuel Van Culin, gospeller
The Reverend Canon Jan Naylor Cope, assistant
The Reverend Gwendolyn W. Tobias, preacher
Royal School of Church Music Washington Course*

CARILLON PRELUDE

Guide me, O thou great Jehovah

*Cwm Rhondda; Anton van Ooik
(1909-1996)*

ORGAN VOLUNTARY

Prelude on 'Urbs Beata'

Richard Dirksen (1921-2003)

WELCOME

INTROIT

O Pastor animarum

Hildegard von Bingen

*O Pastor animarum, et o prima vox, perquam omnes creati sumus, nunc tibi,
tibi placeat, ut degneris nos liberare de miseris et languoribus nostris.*

O Shepherd of souls and o first voice through whom all creation was
summoned, now to you, to you may it give pleasure and dignity to liberate
us from our miseries and languishing.

THE ENTRANCE RITE

HYMN AT THE PROCESSION - 690

Guide me, O thou great Jehovah

Sung by all, standing.

Cwm Rhondda

OPENING ACCLAMATION

Blessed be the one, holy, and living God.
Glory to God for ever and ever.

SONG OF PRAISE

God, you call us to this place

Salzburg

God, you call us to this place, where we know your love and grace.
Here your bless - ed Spi - rit free makes of us one fam - i - ly,

makes our rich_ di - ver - si - ty rich - er still in u - ni - ty,
 makes our man-y voic - es one, joined in praise with Christ your Son.

THE COLLECT FOR THE DAY

The Lord be with you.
 And also with you.
 Let us pray.

The presider prays the collect, and the people respond Amen.

THE WORD OF GOD

The people are seated for the reading and psalm.

THE READING

Isaiah 55:1-5

Ho, everyone who thirsts, come to the waters; and you that have no money, come, buy and eat! Come, buy wine and milk without money and without price. Why do you spend your money for that which is not bread, and your labor for that which does not satisfy? Listen carefully to me, and eat what is good, and delight yourselves in rich food. Incline your ear, and come to me; listen, so that you may live. I will make with you an everlasting covenant, my steadfast, sure love for David. See, I made him a witness to the peoples, a leader and commander for the peoples. See, you shall call nations that you do not know, and nations that do not know you shall run to you, because of the Lord your God, the Holy One of Israel, for he has glorified you.

The Word of the Lord.
 Thanks be to God.

PSALM 145:8-9, 15-22

chant: Kennedy

One measure of music is sung for each half verse, changing pitch on the underlined syllable.

The Lord is gracious and full of compassion,
 slow to anger and of great kindness.
 The Lord is loving to everyone
 and his compassion is over all his works.

The Lord upholds all those who fall;
 he lifts up those who are bowed down.
 The eyes of all wait upon you, O Lord,
 and you give them their food in due season.

You open wide your hand
 and satisfy the needs of every living creature.
 The Lord is righteous in all his ways
 and loving in all his works.

The Lord is near to those who call upon him,
 to all who call upon him faithfully.
 He fulfills the desire of those who fear him;
 he hears their cry and helps them.

The Lord preserves all those who love him,
 but he destroys all the wicked.
 My mouth shall speak the praise of the Lord;
 let all flesh bless his holy Name for ever and ever.

The people stand to sing and remain standing for the Gospel.

HYMN AT THE SEQUENCE - 343

Shepherd of souls, refresh and bless

St. Agnes

THE GOSPEL

Matthew 14:13-21

The Holy Gospel of our Lord Jesus Christ according to Matthew.
Glory to you, Lord Christ.

Jesus withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

The Gospel of the Lord.
Praise to you, Lord Christ.

The people are seated at the invitation of the preacher.

THE SERMON

The Rev. Wendy Tobias

The people stand.

THE NICENE CREED *Said by all.*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

After each intercession,
God of grace and mercy,
Hear our prayer.

The presider prays the concluding collect, and the people respond Amen.

CONFESSION

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The presider offers absolution and the people respond Amen.

THE PEACE

The peace of the Lord be always with you.
And also with you.

The people greet one another with a sign of God's peace and then are seated.

THE OFFERTORY

The people remain seated while an offering is collected to support the Cathedral's work of sharing God's love with the world.

ANTHEM AT THE OFFERTORY

Save us, O Lord

Edward Bairstow (1874-1946)

Save us, O Lord, waking; guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace. Amen.

The people stand for the presentation hymn and remain standing.

PRESENTATION HYMN

We gather at your table

The Eighth Tune



We gath - er at your ta - ble, Lord: we hum - bly lift our hearts to you! Here
We share this meal and we are fed. Such bas - ic gifts be - come your sign: we



all are wel - comed, all re - stored, and all are giv - en work to do.
see you bro - ken in the bread; we know your love in com - mon wine.

THE HOLY COMMUNION

THE GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

SANCTUS AND BENEDICTUS

Holy, holy, holy

Land of Rest

Ho - ly, ho - ly, ho - ly Lord, God of power and might, ___
heaven and earth are full of your glo-ry. Ho - san - na in the high - est.
Bless-ed is the one who comes in the name of the Lord. ___ Ho -
san - na in the high - est. Ho - san - na in the high - est.

The presider gives thanks to God for the reconciling work of Christ's passion and resurrection and prays over the bread and wine.

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Fathers and Mothers; God of Abraham, Sarah, and Hagar; Isaac and Rebekah; Jacob, Leah, and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD AND THE FRACTION ANTHEM

Al - le - lu - ia. Christ our Pass - o - ver is sac - ri - ficed for us;
There - fore let us keep the feast. Al - le - lu - - - ia.

INVITATION *The people are seated.*

All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Gluten-free wafers are available; please make your need known to the minister. If you desire to receive prayers for healing, you are invited to proceed to Memorial Chapel after receiving Holy Communion or immediately following the service.

ANTHEM AT THE COMMUNION

The Risen Sun

Craig Phillips (b. 1961)

Be still, my soul, and rest upon the Lord in quiet certainty. For he has come to rescue you from doubt. And now you stand in blazing glory of a risen sun that cannot set. It will forever be exactly as it is. You stand with him within a radiance prepared for you before time was and far beyond its reach. Be still and know. And knowing, be you sure your Lord has come to you. There is no doubt that stands before his countenance, nor can conceal from you what he would have you see. The sun has risen. He has come at last. Where stands his presence there can be no past. Be still, my soul, and rest upon the Lord. Who comes to keep the promise of his word.

The people stand.

HYMN AT THE COMMUNION - 309

O Food to pilgrims given

O Welt, ich muss dich lassen

THE POSTCOMMUNION PRAYER *Said by all.*

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ. Amen.

THE BLESSING

The presider offers a blessing and the people respond Amen.

HYMN AT THE CLOSING - 522 *Sung by all.*

Glorious things of thee are spoken

Austria

THE DISMISSAL

Let us go forth into the world rejoicing in the power of the Spirit.
Thanks be to God.

ORGAN VOLUNTARY

Carillon de Longpont, Op. 31, No. 21

Louis Vierne (1870-1937)

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