



## THE FIRST SUNDAY IN LENT

THE HOLY EUCHARIST  
MARCH 13, 2011  
ELEVEN FIFTEEN AM

### WASHINGTON NATIONAL CATHEDRAL

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*The Reverend Jan Naylor Cope, presider  
The Reverend Canon Samuel Van Culin, gospeller  
Cathedral Seminarian Chris Cole, assistant  
The Very Reverend Samuel T. Lloyd III, preacher  
The Cathedral Choir of Men and Girls*

#### ORGAN VOLUNTARY

*Choral II in B minor*

César Franck (1822-1890)

#### INTROIT

*Miserere nostri*

Thomas Tallis (c. 1505-1585)

*Miserere nostri, Domine.*

Have mercy on us, Lord.

### THE ENTRANCE RITE

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#### HYMN AT THE PROCESSION - 143

*The glory of these forty days*

*Sung by all, standing.*

*Erhalt uns, Herr*

#### OPENING ACCLAMATION

Blessed be the God of our salvation:

**Who bears our burdens and forgives our sins.**

#### SUMMARY OF THE LAW

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God, the Lord is one. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these."

#### TRISAGION

*The cantor sings through once. All sing the second and third time.*

Ho - ly God, Ho - ly and Migh - ty, Ho - ly Im -  
mor - tal One, have mer - cy up - on us.

## THE COLLECT FOR THE DAY

The Lord be with you.  
And also with you.  
Let us pray.

*The presider prays the collect, and the people respond Amen.*

## THE WORD OF GOD

*The people are seated for the reading and psalm.*

### THE READING

Genesis 2:15-17; 3:1-7

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

The Word of the Lord.  
Thanks be to God.

### PSALM 32

Plainsong

*The choir sings the psalm.*

Happy are they whose transgressions are forgiven,  
and whose sin is put away!  
Happy are they to whom the Lord imputes no guilt,  
and in whose spirit there is no guile!  
While I held my tongue, my bones withered away,  
because of my groaning all day long.  
For your hand was heavy upon me day and night;  
my moisture was dried up as in the heat of summer.  
Then I acknowledged my sin to you,  
and did not conceal my guilt.  
I said, "I will confess my transgressions to the Lord."  
Then you forgave me the guilt of my sin.  
Therefore all the faithful will make their prayers to you in time of trouble;  
when the great waters overflow, they shall not reach them.  
You are my hiding-place; you preserve me from trouble;  
you surround me with shouts of deliverance.  
"I will instruct you and teach you in the way that you should go;  
I will guide you with my eye.  
Do not be like horse or mule, which have no understanding;  
who must be fitted with bit and bridle, or else they will not stay near you."  
Great are the tribulations of the wicked;  
but mercy embraces those who trust in the Lord.  
Be glad, you righteous, and rejoice in the Lord;  
shout for joy, all who are true of heart.

*The people stand to sing and remain standing for the Gospel.*

## **HYMN AT THE SEQUENCE - 150**

*Forty days and forty nights*

*Aus der Tiefe rufe ich*

## **THE GOSPEL**

Matthew 4:1-11

The Holy Gospel of our Lord Jesus Christ according to Matthew.  
**Glory to you, Lord Christ.**

After he was baptized by John, Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

The Gospel of the Lord.  
**Praise to you, Lord Christ.**

*The people are seated at the invitation of the preacher.*

## **THE SERMON**

Dean Lloyd

*The people stand.*

## **THE NICENE CREED**      *Said by all.*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## **THE PRAYERS OF THE PEOPLE**

*After each intercession,*

Forgiving and reconciling God,  
**We humbly pray to you.**

*The presider prays the concluding collect, and the people respond Amen.*

## CONFESSION

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

*The presider offers absolution and the people respond Amen.*

## THE PEACE

The peace of the Lord be always with you.  
And also with you.

*The people greet one another with a sign of God's peace and then are seated.*

## THE OFFERTORY

*The people remain seated while an offering is collected to support the Cathedral's work of sharing God's love with the world.*

### ANTHEM AT THE OFFERTORY

*Wash me thoroughly*

Samuel S. Wesley (1810-1876)

Wash me thoroughly from my wickedness, and forgive me all my sin. For I acknowledge my faults, and my sin is ever before me.

*Psalm 51:2-3*

*The people stand for the presentation acclamation and remain standing.*

### PRESENTATION ACCLAMATION

*My God, thy table now is spread*

*Rockingham*

My God, thy ta - ble now is spread, thy cup with  
Let not thy spread - ing Gos - pel rest till through the  
love doth o - ver - flow; be all thy chil - dren  
world thy truth has run, till with this Bread shall  
thith - er led, and let them thy sweet mer - cies know.  
all be blessed who see the light or feel the sun.

## THE HOLY COMMUNION

### THE GREAT THANKSGIVING

The Lord be with you.  
And also with you.

Lift up your hearts.  
We lift them to the Lord.

Let us give thanks to the Lord our God.  
It is right to give our thanks and praise.

*The presider offers our thanks to God for the grace and mercy made available to us in Christ, and in response we sing:*

## SANCTUS AND BENEDICTUS

*Holy, holy, holy*

*Deutsche Messe*

Ho - ly, ho - ly, ho - ly Lord, God of power and might, —  
Ho - ly, ho - ly, ho - ly Lord, God of power and might, —  
hea - ven and earth are full, — full — of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na in the high - est.  
Blest is the one who comes — in the Name of the Lord. — Ho -  
san - na in the high - est. Ho - san - na in the high - est.

*The presider gives thanks to God for the reconciling work of Christ's passion and resurrection and prays over the bread and wine.*

Therefore, we proclaim the mystery of faith:

**Christ has died. Christ is risen. Christ will come again.**

We celebrate the memorial of our redemption, O God, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

## THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

## THE BREAKING OF THE BREAD AND THE FRACTION ANTHEM

*Jesus, Lamb of God*

*Deutsche Messe*

Je - sus, Lamb of God: have mer - cy on us.  
Je - sus, bear - er of our sins: have mer - cy on us.  
Je - sus, re - deem - er, re - deem - er of the world:  
give us your peace, give us your peace.

**INVITATION**     *The people are seated.*

*All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Gluten-free wafers are available; please make your need known to the minister. If you desire to receive prayers for healing, you are invited to proceed to Memorial Chapel after receiving Holy Communion or immediately following the service.*

**ANTHEM AT THE COMMUNION**

*Peccantem me quotidie*

Cristóbal de Morales (c. 1500–1553)

*Peccantem me quotidie, et non me paenitentem, timor mortis conturbat me:  
Quia in inferno nulla est redemptio, miserere mei, Deus, et salva me.*

While I am sinning every day, and yet do not repent, the fear of death overwhelms me. For in hell there is no redemption. Have mercy on me, God, and save me.

*Matins Responsory for the Office of the Dead*

*The people stand.*

**HYMN AT THE COMMUNION - 142**

*Lord, who throughout these forty days*

*St. Flavian*

**THE POSTCOMMUNION PRAYER**

*Said by all.*

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

**SOLEMN PRAYER**

*The presider prays the solemn prayer, which, according to ancient custom, replaces the final blessing during Lent. The people respond with Amen.*

**HYMN AT THE CLOSING - 448**     *Sung by all.*

*O love, how deep, how broad, how high*

*Deus tuorum militum*

**THE DISMISSAL**

Go in peace to love and serve the Lord.  
Thanks be to God.

**ORGAN VOLUNTARY**

*Fantasia et Fuga in g, BWV 542*

Johann Sebastian Bach (1685–1750)

**PERMISSIONS** *Trisagion.* Words: Traditional. Music: Nigel Smallbones (b. 1966). *My God, thy table now is spread.* Words: St. 1, Philip Doddridge (1702–1751), alt; St. 2, Isaac Watts (1674–1748), alt. Public Domain. Music: *Rockingham*, melody from *Second Supplement to Psalmody in Miniature*, ca. 1780. Public Domain. Music: *Sanctus: Holy, Holy, Holy.* Words: Traditional. Music: *Deutsche Messe*, Franz Peter Schubert (1797–1828). Public Domain. *Agnus Dei: Jesus, Lamb of God.* Words: Traditional. Music: *Deutsche Messe*, Franz Peter Schubert (1797–1828). Public Domain. Eucharistic Prayer A, from *The Book of Common Prayer*, © 1979 Church Publishing.



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