



THE FOURTH SUNDAY OF ADVENT

THE HOLY EUCHARIST
DECEMBER 20, 2009
AT ELEVEN FIFTEEN AM

WASHINGTON NATIONAL CATHEDRAL

The Reverend Canon Carol L. Wade, presider
The Reverend Canon Preston B. Hannibal, gospeller
The Reverend Canon Stephen Huber, assistant
The Very Reverend Samuel T. Lloyd III, preacher
The Cathedral Choir of Men and Girls

CARILLON PRELUDE

Come, thou long-expected Jesus

Stuttgart; arr. Roy Hamlin Johnson

ORGAN VOLUNTARY

Ave Maria, Ave maris stella

Jean Langlais (1907-1991)

The people remain seated.

WELCOME

THE ENTRANCE RITE

The people stand as the choir sings.

INTROIT

Advent Prose

Giovanni Pierluigi da Palestrina (1525-1594)

I look from afar: and lo, I see the Power of God coming, and a cloud covering the whole earth. Go ye out to meet him and say: Tell us, art thou he that should come to reign over thy people Israel? High and low, rich and poor, one with another, Go ye out to meet him and say: Hear, O thou Shepherd of Israel, thou that leadest Joseph like a sheep, tell us, art thou he that should come? Stir up thy strength, O Lord, and come to reign over thy people Israel. Glory be to the Father, and to the Son, and to the Holy Ghost.

Matins Responsory for Advent I

The people turn to face the Advent wreath.

THE LIGHTING OF THE ADVENT WREATH

May the grace and peace of God be with you.

And also with you.

As we continue our Advent pilgrimage, looking forward to the celebration of the birth of our Lord and Savior Jesus Christ, let us in prayer and praise, thanksgiving and song, give voice to the hope set forth in the Scriptures, that Christ's reign of love and light will indeed come among us. Let us offer

ourselves anew as witnesses to the advent of Christ's glory, seeking to bring Christ's light and love to those who sit in darkness.
Come, O long expected Jesus, come.

HYMN AT THE PROCESSION - 66 *Sung by all.*

Come, thou long-expected Jesus

Stuttgart

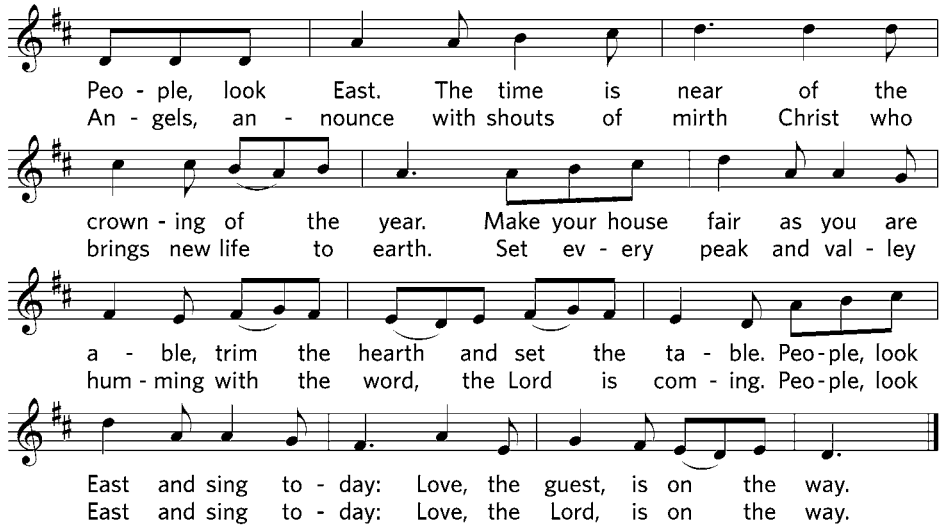
OPENING ACCLAMATION

Blessed be the one, holy, and living God. **Glory to God for ever and ever.**

SONG OF PRAISE

People, look East

Besançon Carol



Peo - ple, look East. The time is near of the
An - gels, an - nounce with shouts of mirth Christ who
crown - ing of the year. Make your house fair as you are
brings new life to earth. Set ev - ery peak and val - ley
a - ble, trim the hearth and set the ta - ble. Peo - ple, look
hum - ming with the word, the Lord is com - ing. Peo - ple, look
East and sing to - day: Love, the guest, is on the way.
East and sing to - day: Love, the Lord, is on the way.

THE COLLECT FOR THE DAY

The Lord be with you. **And also with you.** Let us pray.

The presider prays the collect, and the people respond Amen.

THE WORD OF GOD

The people are seated.

THE READING

Micah 5:2-5a

The lesson is read.

The Word of the Lord.
Thanks be to God.

PSALM 80:1-7

Sung by the choir.

Plainsong

Hear, O Shepherd of Israel, leading Joseph like a flock;
shine forth, you that are enthroned upon the cherubim.
In the presence of Ephraim, Benjamin, and Manasseh,
stir up your strength and come to help us.
Restore us, O God of hosts;
show the light of your countenance, and we shall be saved.
O Lord God of hosts,
how long will you be angered despite the prayers of your people?
You have fed them with the bread of tears;
you have given them bowls of tears to drink.
You have made us the derision of our neighbors,
and our enemies laugh us to scorn.
Restore us, O God of hosts;
show the light of your countenance, and we shall be saved.

The people stand to sing the hymn and remain standing for the Gospel.

HYMN AT THE SEQUENCE - 265

Sung by all.

The angel Gabriel from heaven came

Gabriel's Message

THE GOSPEL

Luke 1:39-55

The Holy Gospel of our Lord Jesus Christ according to Luke.
Glory to you, Lord Christ.

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord." And Mary said, "My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has looked with favor on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name. His mercy is for those who fear him from generation to generation. He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts. He has brought down the powerful from their thrones, and lifted up the lowly; he has filled the hungry with good things, and sent the rich away empty. He has helped his servant Israel, in remembrance of his mercy, according to the promise he made to our ancestors, to Abraham and to his descendants forever."

The Gospel of the Lord.
Praise to you, Lord Christ.

The people are seated at the invitation of the preacher.

THE SERMON

Dean Lloyd

THE NICENE CREED

Said by all, standing.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Following each petition,
Lord God of hosts,
Bring us to the light of your presence.

The presider prays the concluding collect, and the people respond Amen.

THE CONFESSION AND ABSOLUTION

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

The presider offers the absolution, and the people respond Amen.

THE PEACE

The peace of the Lord be always with you.
And also with you.

The people greet one another with a sign of God's peace and then are seated.

THE OFFERTORY

The people remain seated while an offering is collected to support the Cathedral's work of sharing God's love with the world.

ANTHEM AT THE OFFERTORY

Angelus ad Virginem

arr. Andrew Carter (b. 1939)

Angelus ad Virginem Subintrans in conclave, Virginis formidinem demulcens, inquit, 'Ave! Ave, Regina Virginum; coeli terraeque Dominum concipies et paries intacta salutem hominum; tu porta coeli facta, medela criminum.' 'Quomodo conciperem quae virum non cognovi? Qualiter infringerem quod firma mente vovi?' 'Spiritus Sancti gratia perficiet haec omnia; ne timeas, sed gaudeas, secura quod castimonia manebit in te pura dei potentia.' Ad haec Virgo nobilis respondens inquit ei: 'Ancilla sum humilis Omipotentis Dei. Tibi coelestinuntio, tanti secreti conscio, consentiens, et crupiens Videre Factum quod audio; parata sum parere, Dei consilio.' Eia Mater Domini, quae pacem reddidisti angelis et homini, cum Christum genuisti; tuum exora Filium ut se nobis propitium exhibeat, et deleat peccata: praestans auxilium vita frui beata post hoc exilium. Deo Gracias, Deo Gracias!

The angel, coming secretly to the Virgin, calming the Virgin's fear, said: "Hail, Mary, Queen of Virgins! You shall conceive the Lord of Heaven and Earth and give birth, remaining a virgin, to the Salvation of mankind; you, made the Gateway of Heaven, the cure for sin." "How shall I conceive, since I know not a man? How shall I break what I have resolutely vowed?" "The grace of the Holy Spirit shall perform all this. Fear not, but rejoice, confident that chastity will remain pure in you by the power of God." At this, the noble Virgin, replying, said to him: "I am the humble servant of almighty God. To you, heavenly messenger, who know so great a secret, I give my assent and desire to see done what I hear, and am ready to obey God's will." O Mother of the Lord, who restored peace to angels and men when you gave birth to Christ, beg of your Son that he may show himself favourable to us and wipe away our sins, offering help to enjoy the blessed life after this exile.

late thirteenth century

The people stand to sing and remain standing throughout the Great Thanksgiving.

PRESENTATION HYMN

Hark! the glad sound

Richmond

Hark! the glad sound! the Sa - vior comes, the Sa - vior prom - ised long; let
ev - ery heart pre - pare a throne, and ev - ery voice a song.

THE HOLY COMMUNION

THE GREAT THANKSGIVING

The Lord be with you. And also with you.
Lift up your hearts. We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

The presider offers our thanks to God for the grace and mercy made available to us in Christ, and in response we sing:

SANCTUS AND BENEDICTUS

Holy, holy, holy

Deutsche Messe

Ho - ly, ho - ly, ho - ly Lord, God of power and might, —
Ho - ly, ho - ly, ho - ly Lord, God of power and might, —
hea - ven and earth are full, — full — of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blest is the one who comes — in the Name of the Lord. — Ho -
san - na in the high - est. Ho - san - na in the high - est.

The presider gives thanks to God for the reconciling work of Christ's passion and resurrection and prays over the bread and wine.

Therefore, according to his command, O God, we remember his death, we proclaim his resurrection, we await his coming in glory. And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

The presider concludes with prayer for the coming of God's realm. The people affirm the Great Thanksgiving with AMEN.

THE LORD'S PRAYER

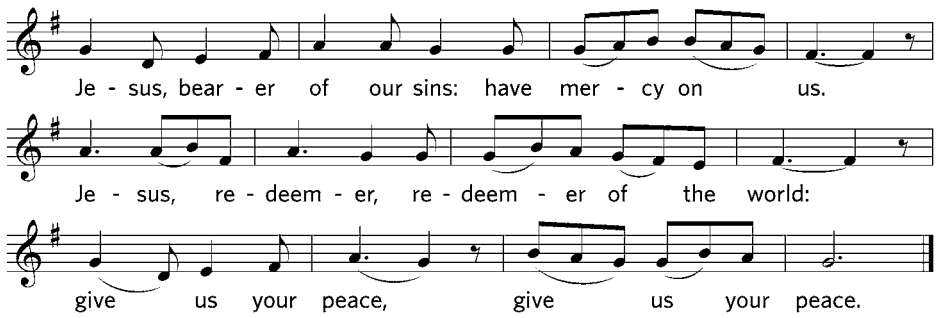
Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD AND THE FRACTION ANTHEM

Jesus, Lamb of God

Deutsche Messe

Je - sus, Lamb of God: have mer - cy on us.



INVITATION *The people are seated.*

All who seek God and a deeper life in Christ are welcome to receive Holy Eucharist. Gluten-free wafers are available; please make your need known to the minister. If you desire to receive prayers for healing, you are invited to proceed to the high altar after receiving Holy Communion or immediately following the service.

ANTHEM AT THE COMMUNION

Ave Maria

Robert Parsons (1535-1571)

Ave Maria, gratia plena; Dominus tecum: benedicta tu in mulieribus, et benedictus fructus ventris tui. Amen.

Hail, Mary, full of grace, the Lord is with thee: blessed art thou among women, and blessed is the fruit of thy womb. Amen.

HYMN AT THE COMMUNION - 277

Sung by all.

Sing of Mary, pure and lowly

Raquel

THE POSTCOMMUNION PRAYER

Said by all.

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

BLESSING

The presider blesses the people. The people respond Amen.

HYMN AT THE CLOSING - 437

Tell out my soul

Birmingham

THE DISMISSAL

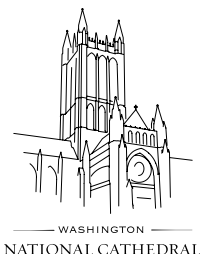
Go in peace to love and serve the Lord. **Thanks be to God.**

ORGAN VOLUNTARY

Fuge über das Magnificat, BWV 733

Johann Sebastian Bach (1685-1750)

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