

THE TWELTH SUNDAY AFTER PENTECOST

THE HOLY EUCHARIST AUGUST 23, 2009 AT ELEVEN FIFTEEN AM

WASHINGTON NATIONAL CATHEDRAL

The Reverend Canon Stephen Huber, presider The Reverend Dr. Beth Humphrey, gospeller The Reverend Canon Carol L. Wade, assistant The Reverend Canon Mary Sulerud, preacher Diane Atherton, cantor

CARILLON PRELUDE

Chorale Partita IV: "St. Anne"

John Knox (b.1932)

ORGAN VOLUNTARY

Cantabile

Harold Friedell (1905-1958)

WELCOME

THE ENTRANCE RITE

HYMN AT THE PROCESSION - 680

Sung by all.

O God, our help in ages past

OPENING ACCLAMATION

Blessed be the one, holy, and living God. Glory to God for ever and ever.

SONG OF PRAISE

People of God, gather together

Earth and All Stars

St. Anne



THE COLLECT FOR THE DAY

The Lord be with you. And also with you. Let us pray.

The presider prays the collect and the people respond **Amen**.

THE WORD OF GOD

The people are seated for the reading and psalm.

THE READING

Ephesians 6:10-20

Finally, be strong in the Lord and in the strength of his power. Put on the whole armor of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God. Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

The Word of the Lord. Thanks be to God.

PSALM 34:15-22

chant: Kennedy

One measure of music is sung for each half verse, changing pitch on the underlined syllable.



The eyes of the LORD are upon the righteous, and his ears are open to their cry. The face of the LORD is against those who do evil, to root out the remembrance of them from the earth.

The righteous cry, and the LORD hears them and delivers them from all their troubles. The LORD is near to the brokenhearted and will save those whose spirits are crushed.

Many are the troubles of the righteous, but the LORD will deliver him out of them all. He will keep safe all his bones; not one of them shall be broken.

Evil shall slay the wicked, and those who hate the righteous will be punished. The LORD ransoms the life of his servants, and none will be punished who trust in him.

The people stand to sing and remain standing for the Gospel.

HYMN AT THE SEQUENCE - 343

Shepherd of souls, refresh and bless

St. Agnes

THE GOSPEL John 6:56-69

The Holy Gospel of our Lord Jesus Christ according to John. Glory to you, Lord Christ.

Jesus said, "Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever." He said these things while he was teaching in the synagogue at Capernaum. When many of his disciples heard it, they said, "This teaching is difficult; who can accept it?" But Jesus, being aware that his disciples were complaining about it, said to them, "Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe." For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, "For this reason I have told you that no one can come to me unless it is granted by the Father." Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, "Do you also wish to go away?" Simon Peter answered him, "Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God."

The Gospel of the Lord. Praise to you, Lord Christ.

The people are seated at the invitation of the preacher.

THE SERMON Canon Sulerud

The people stand.

THE NICENE CREED

Said by all.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

After each intercession,

Bread of life,

Feed us with your truth.

The presider prays the concluding collect and the people respond **Amen**.

THE CONFESSION AND ABSOLUTION

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

The presider offers the absolution and the people respond **Amen**.

THE PEACE

The peace of the Lord be always with you. And also with you.

The people greet one another with a sign of God's peace and then are seated.

THE OFFERTORY

The people remain seated while an offering is collected to support the Cathedral's work of sharing God's love with the world.

ANTHEM AT THE OFFERTORY

His eye is on the sparrow

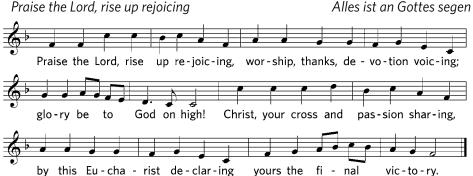
Charles H. Gabriel (1836-1932) arr. Horace Clarence Boyer (b. 1935)

Why should I feel discouraged, why should the shadows come, why should my heart be lonely, and long for heav'n and home; when Jesus is my portion? My constant friend is he: his eye is on the sparrow, and I know he watches me; his eye is on the sparrow, and I know he watches me. I sing because I'm happy, I sing because I'm free; for his eye is on the sparrow, and I know he watches me. "Let not your heart be troubled," his tender word I hear, and resting on his goodness, I lose my doubts and fears; though by the path he leadeth, but one step I may see. When ever I am tempted, when ever clouds arise, when songs give place to sighing, when hope within me dies, I draw the closer to him, from care he sets me free.

Civilla D. Martin (1860-1948)

The people stand for the presentation acclamation and remain standing until the invitation.

PRESENTATION ACCLAMATION



THE HOLY COMMUNION

THE GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

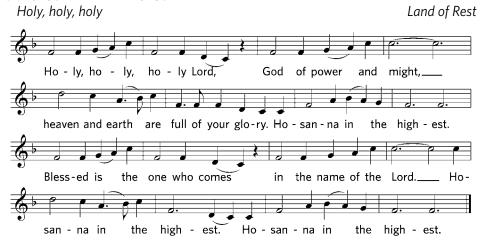
We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

The presider offers our thanks to God for the grace and mercy made available to us in Christ and in response we sing:

SANCTUS AND BENEDICTUS



The presider gives thanks to God for the reconciling work of Christ's passion and resurrection and prays over the bread and wine.

Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ.

Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN**.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD AND THE FRACTION ANTHEM



INVITATION

The people are seated.

All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Gluten-free wafers are available; please make your need known to the minister. If you desire to receive prayers for healing, you are invited to proceed to Memorial Chapel after receiving Holy Communion or immediately following the service.

ANTHEM AT THE COMMUNION

Panis angelicus

César Franck (1822-1890)

Panis angelicus, fit panis hominum, dat panis coelicus figuris terminum. O res mirabilis manducat Dominum, pauper, servus, et humilis. Te trina Deitas unique poscimus, sic nos tu visita, sicut te colimus: per tuas semitas duc nos quo tendimus, ad lucem quam inhabitas.

The bread of angels becomes the bread of men, the heavenly bread gives an end to earthly forms. O marvelous and wondrous sacrament: a poor man, a slave, and the humble one all ingest the Lord. O Godhead, Three and One, thee we implore: so visit us, just as now we thee adore: by thy paths lead us to where we aspire, to the Light wherein thou dwellest.

The people stand.

HYMN AT THE COMMUNION - 341

For the bread which we have broken

Omni Die

THE POSTCOMMUNION PRAYER

Said by all.

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ. Amen.

THE BLESSING

The presider offers a blessing and the people respond **Amen**.

HYMN AT THE CLOSING - 665

Sung by all, standing.

All my hope on God is founded

Michael

THE DISMISSAL

Let us go forth into the world rejoicing in the power of the Spirit. Thanks be to God.

ORGAN VOLUNTARY

Praeludium et Fuga in C, BWV 545

Johann Sebastian Bach (1685-1750)

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