



THE ELEVENTH SUNDAY
AFTER PENTECOST
THE HOLY EUCHARIST
AUGUST 16, 2009
AT ELEVEN FIFTEEN AM

WASHINGTON NATIONAL CATHEDRAL

The Reverend Gwendolyn W. Tobias, presider
The Reverend Richard Kukowski, gospeller
The Reverend Stacy Williams Duncan, assistant
The Reverend Dr. Beth Humphrey, preacher
Michael McCarthy, cantor

CARILLON PRELUDE

Praise to the Lord, the Almighty, the King of creation

Lobe den Herren
arr. Edward Nassor

ORGAN VOLUNTARY

Prière, Op. 20

César Franck (1822-1890)

WELCOME

THE ENTRANCE RITE

HYMN AT THE PROCESSION - 446

Praise to the holiest in the height

Sung by all, standing.

Newman

OPENING ACCLAMATION

Blessed be the one, holy, and living God.
Glory to God for ever and ever.

SONG OF PRAISE

People of God, gather together

Earth and all stars

Peo-ple of God, ga-ther to - geth - er, come, let us sing on this
glo - rious day. Shout-ing a - broad praise to the mak - er
come and with bo-dy and soul let us pray. Come let us join in the
hea-ven-ly dance, prais-ing in joy-ous ce-le - bra - tion.

THE COLLECT FOR THE DAY

The Lord be with you.
And also with you.
Let us pray.

The presider prays the collect and the people respond Amen.

THE WORD OF GOD

The people are seated for the reading and psalm.

THE READING

Proverbs 9:1-6

Wisdom has built her house, she has hewn her seven pillars. She has slaughtered her animals, she has mixed her wine, she has also set her table. She has sent out her servant-girls, she calls from the highest places in the town, "You that are simple, turn in here!" To those without sense she says, "Come, eat of my bread and drink of the wine I have mixed. Lay aside immaturity, and live, and walk in the way of insight."

The Word of the Lord.
Thanks be to God.

PSALM 34:9-14

chant: Kennedy

One measure of music is sung for each half verse, changing pitch on the underlined syllable.



Fear the LORD, you that are his saints,
for those who fear him lack nothing.
The young lions lack and suffer hunger,
but those who seek the Lord lack nothing that is good.

Come, children, and listen to me;
I will teach you the fear of the LORD.
Who among you loves life
and desires long life to enjoy prosperity?

Keep your tongue from evil-speaking
and your lips from lying words.
Turn from evil and do good;
seek peace and pursue it.

The people stand to sing and remain standing for the Gospel.

HYMN AT THE SEQUENCE - 209

We walk by faith and not by sight

St. Botolph

The Holy Gospel of our Lord Jesus Christ according to John.
Glory to you, Lord Christ.

Jesus said, "I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh." The people then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever."

The Gospel of the Lord.
Praise to you, Lord Christ.

The people are seated at the invitation of the preacher.

THE SERMON

Dr. Humphrey

The people stand.

THE NICENE CREED

Said by all.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

After each intercession,

Bread of life,
 Feed us with your truth.

The presider prays the concluding collect and the people respond Amen.

THE CONFESSION AND ABSOLUTION

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

The presider offers the absolution and the people respond Amen.

THE PEACE

The peace of the Lord be always with you.
And also with you.

The people greet one another with a sign of God's peace and then are seated.

THE OFFERTORY

The people remain seated while an offering is collected to support the Cathedral's work of sharing God's love with the world.

ANTHEM AT THE OFFERTORY

Precious Lord, take my hand

Thomas A. Dorsey (1899-1993)

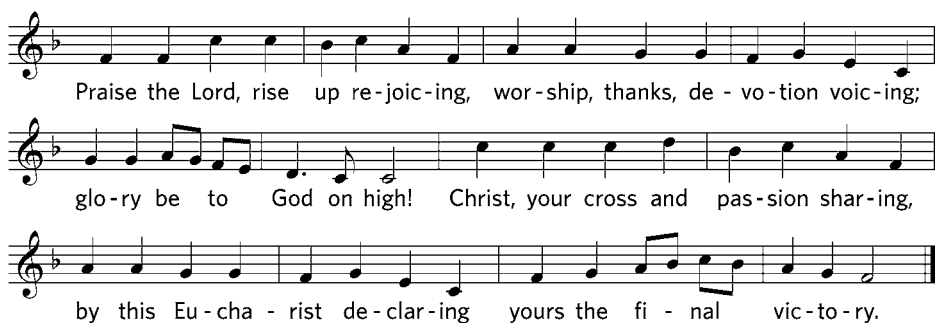
Precious Lord, take my hand, lead me on, let me stand, I am tired, I am weak, I am worn; through the storm, through the night, lead me on to the light, take my hand, precious Lord, lead me on. When my way grows drear, precious Lord, linger near, when my life is almost gone; hear my cry, hear my call, hold my hand, lest I fall, take my hand, precious Lord, lead me on. When the darkness appears and the night draws near, and the day is past and gone; at the river I stand, guide my feet, hold my hand, take my hand, precious Lord, lead me on.

The people stand for the presentation acclamation and remain standing until the invitation.

PRESENTATION ACCLAMATION

Praise the Lord, rise up rejoicing

Alles ist an Gottes seggen



Praise the Lord, rise up re-joic-ing, wor-ship, thanks, de - vo-tion voic-ing;
glo-ry be to God on high! Christ, your cross and pas-sion shar-ing,
by this Eu-cha - rist de-clar-ing yours the fi - nal vic-to - ry.

THE HOLY COMMUNION

THE GREAT THANKSGIVING

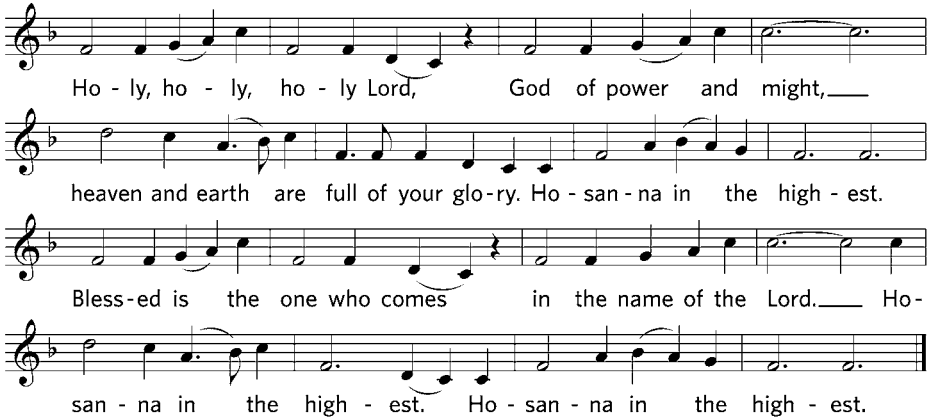
The Lord be with you.
And also with you.
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

The presider offers our thanks to God for the grace and mercy made available to us in Christ and in response we sing:

SANCTUS AND BENEDICTUS

Holy, holy, holy

Land of Rest



Ho - ly, ho - ly, ho - ly Lord, God of power and might, —
heaven and earth are full of your glo-ry. Ho - san - na in the high - est.
Bless - ed is the one who comes in the name of the Lord. — Ho -
san - na in the high - est. Ho - san - na in the high - est.

The presider gives thanks to God for the reconciling work of Christ's passion and resurrection and prays over the bread and wine.

Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ.

Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD AND THE FRACTION ANTHEM



Be known to us, Lord Je - sus Christ in the break - ing of the
bread. Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia! Be known to us!

INVITATION

The people are seated.

All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Gluten-free wafers are available; please make your need known to the minister. If you desire to receive prayers for healing, you are invited to proceed to Memorial Chapel after receiving Holy Communion or immediately following the service.

ANTHEM AT THE COMMUNION

Softly and tenderly Jesus is calling

Will L. Thompson (1847-1909)

Softly and tenderly Jesus is calling, calling for you and for me; see, on the portals he's waiting and watching, watching for you and for me. *Come home, ye who are weary, come home! Earnestly, tenderly, Jesus is calling, calling, O sinner, come home!* Why should we tarry when Jesus is pleading, Pleading for you and for me? Why should we linger and heed not his mercies, mercies for you and for me? Time is now fleeting, the moments are passing, passing for you and for me; shadows are gathering, death beds are coming, coming for you and for me. Oh! For the wonderful love he has promised, promised for you and for me; though we have sinned, he has mercy and pardon, pardon for you and for me.

The people stand.

HYMN AT THE COMMUNION - 315

Thou, who at thy first Eucharist didst pray

Song 1

THE POSTCOMMUNION PRAYER

Said by all.

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ. Amen.

THE BLESSING

The presider offers a blessing and the people respond Amen.

HYMN AT THE CLOSING - 390

Sung by all.

Praise to the Lord, the Almighty, the King of creation

Lobe den Herren

THE DISMISSAL

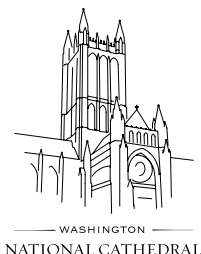
Let us go forth into the world rejoicing in the power of the Spirit.
Thanks be to God.

ORGAN VOLUNTARY

Allegro con brio, from Sonata IV, Op. 65

Felix Mendelssohn (1809-1847)

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