



THE SECOND SUNDAY  
IN LENT  
THE HOLY EUCHARIST  
RITE TWO  
MARCH 8, 2009  
AT ELEVEN FIFTEEN AM

WASHINGTON NATIONAL CATHEDRAL

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*The Reverend Canon Carol L. Wade, presider*  
*The Reverend Emily Blair Stribling, gospeller*  
*The Reverend Canon Preston B. Hannibal, assistant*  
*The Very Reverend Samuel T. Lloyd III, preacher*  
*The Cathedral Choir of Men and Boys*

**ORGAN VOLUNTARY**

*Cantabile*

César Franck (1822-1890)

**WELCOME**

**THE ENTRANCE RITE**

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**INTROIT**

*Lord, for thy tender mercies' sake*

Richard Farrant (1530-1580)

Lord, for thy tender mercies' sake, lay not our sins to our charge, but forgive that is past and give us grace to amend our sinful lives; to decline from sin and incline to virtue, that we may walk with a perfect heart before thee, now and evermore.

*Lidley's Prayers, 1566*

**HYMN AT THE PROCESSION - 401**

*Sung by all, standing.*

*The God of Abraham praise*

*Leoni*

**OPENING ACCLAMATION**

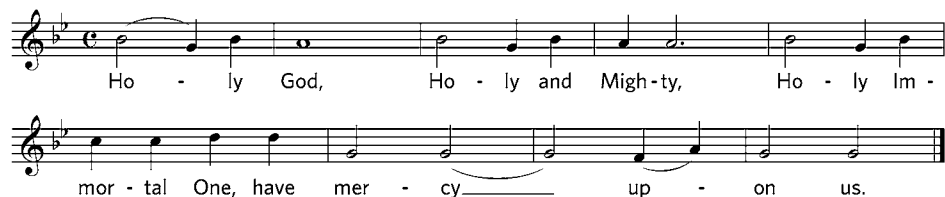
Blessed be the God of our salvation:

Who bears our burdens and forgives our sins.

**SUMMARY OF THE LAW**

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God, the Lord is one. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these."

**TRISAGION**     *The cantor sings through once. All sing the second and third time.*



**THE COLLECT FOR THE DAY**

The Lord be with you.  
And also with you.  
Let us pray.

*The presider prays the collect, and the people respond Amen.*

**THE WORD OF GOD**

*The people are seated for the reading and the psalm.*

**THE READING**

Genesis 17:1-7, 15-16

When Abram was ninety-nine years old, the Lord appeared to Abram, and said to him, "I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you, and will make you exceedingly numerous." Then Abram fell on his face; and God said to him, "As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you. God said to Abraham, "As for Sarah your wife, you shall not call her Sarai, but Sarah shall be her name. I will bless her, and moreover I will give you a son by her. I will bless her, and she shall give rise to nations; kings of peoples shall come from her."

The Word of the Lord.  
Thanks be to God.

**PSALM 22:22-30**

Tone IV.1

Praise the Lord, you that fear him;  
stand in awe of him, O offspring of Israel; all you of Jacob's line, give glory.  
For he does not despise nor abhor the poor in their poverty;  
neither does he hide his face from them;  
but when they cry to him he hears them.  
My praise is of him in the great assembly;  
I will perform my vows in the presence of those who worship him.  
The poor shall eat and be satisfied, and those who seek the Lord shall praise him:  
"May your heart live for ever!"  
All the ends of the earth shall remember and turn to the Lord,  
and all the families of the nations shall bow before him.  
For kingship belongs to the Lord;  
he rules over the nations.  
To him alone all who sleep in the earth bow down in worship;  
all who go down to the dust fall before him.  
My soul shall live for him; my descendants shall serve him;  
they shall be known as the Lord's for ever.  
They shall come and make known to a people yet unborn  
the saving deeds that he has done.

*The people stand to sing the hymn and remain standing for the Gospel.*

**HYMN AT THE SEQUENCE - 704**

*O thou who camest from above*

*Hereford*

**THE GOSPEL**

Mark 8:31-38

The Holy Gospel of our Lord Jesus Christ according to Mark.  
Glory to you, Lord Christ.

Jesus began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things." He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels."

The Gospel of the Lord.  
Praise to you, Lord Christ.

*The people are seated at the invitation of the preacher.*

**THE SERMON**

Dean Lloyd

**THE NICENE CREED**

*Said by all, standing.*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

**THE PRAYERS OF THE PEOPLE**

*After each intercession,*

God of hope and light,  
May we follow you in faith.

*The presider prays the concluding collect, and the people respond Amen.*

## THE CONFESSION AND ABSOLUTION

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

*The presider offers the absolution, and the people respond Amen.*

## THE PEACE

The peace of the Lord be always with you.  
And also with you.

*The people greet one another with a sign of God's peace and then are seated.*

## THE OFFERTORY

*The people remain seated while an offering is collected to support the Cathedral's work of sharing God's love with the world.*

### ANTHEM AT THE OFFERTORY

*Wash me thoroughly*

Samuel S. Wesley (1819-1876)

Wash me thoroughly from my wickedness, and forgive me all my sin. For I acknowledge my faults, and my sin is ever before me.

*Psalms 51:2, 3*

*The people stand to sing and remain standing throughout the Great Thanksgiving.*

### PRESENTATION ACCLAMATION

*My God, thy table now is spread*

Rockingham

My God, thy ta - ble now is spread, thy cup with  
Let not thy spread - ing Gos - pel rest till through the  
love doth o - ver - flow; be all thy chil - dren  
world thy truth has run, till with this Bread shall  
thith - er led, and let them thy sweet mer - cies know.  
all be blessed who see the light or feel the sun.

## THE HOLY COMMUNION

### THE GREAT THANKSGIVING

The Lord be with you.  
And also with you.  
Lift up your hearts.  
We lift them to the Lord.  
Let us give thanks to the Lord our God.  
It is right to give our thanks and praise.

*The presider offers our thanks to God for the grace and mercy made available to us in Christ, and in response we sing:*

## SANCTUS AND BENEDICTUS

*Holy, holy, holy*

*Deutsche Messe*



Ho - ly, ho - ly, ho - ly Lord, God of power and might. —  
Ho - ly, ho - ly, ho - ly Lord, God of power and might, —  
hea - ven and earth are full, — full — of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na in the high - est.  
Blest is the one who comes — in the Name of the Lord. — Ho -  
san - na in the high - est. Ho - san - na in the high - est.

*The presider gives thanks to God for the reconciling work of Christ's passion and resurrection and prays over the bread and wine.*

Therefore, we proclaim the mystery of faith:

**Christ has died. Christ is risen. Christ will come again.**

We celebrate the memorial of our redemption, O God, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

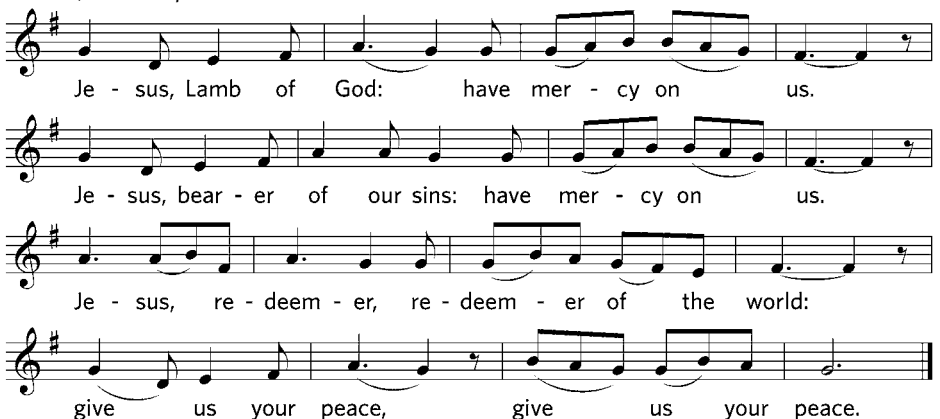
## THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

## THE BREAKING OF THE BREAD AND THE FRACTION ANTHEM

*Jesus, Lamb of God*

*Deutsche Messe*



Je - sus, Lamb of God: have mer - cy on us.  
Je - sus, bear - er of our sins: have mer - cy on us.  
Je - sus, re - deem - er, re - deem - er of the world:  
give us your peace, give us your peace.

**INVITATION**

*The people are seated.*

*All who seek God and a deeper life in Christ are welcome to receive Holy Eucharist. Gluten-free wafers are available; please make your need known to the minister. If you desire to receive prayers for healing, you are invited to proceed to the high altar after receiving Holy Communion or immediately following the service.*

**ANTHEM AT THE COMMUNION**

*Help us, O Lord*

Aaron Copland (1900-1990)

Help us, O Lord. For with thee is the fount of life. In thy light shall we see light. Let us march and try our ways. Turn to God. It is good that man should wait. It is good that man should hope for the salvation of the Lord. Help us, O Lord.

*The people stand.*

**HYMN AT THE COMMUNION - 707**

*Sung by all.*

*Take my life, and let it be*

*Hollingside*

**THE POSTCOMMUNION PRAYER**

*Said by all.*

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

**THE PRAYER OVER THE PEOPLE**

*The presider prays the prayer over the people, which, according to ancient custom, replaces the final blessing during Lent. The people respond with Amen.*

**HYMN AT THE CLOSING - 537**

*Sung by all.*

*Christ for the world we sing!*

*Moscow*

**THE DISMISSAL**

Go in peace to love and serve the Lord.  
Thanks be to God.

**ORGAN VOLUNTARY**

*Präludium und Fuge in a-moll, WoO 9*

Johannes Brahms (1833-1897)

**PERMISSIONS** *Trisagion.* Words: Traditional. Music: Michael McCarthy (b. 1966). *My God, thy table now is spread.* Words: St. 1, Philip Doddridge (1702-1751), alt; St. 2, Isaac Watts (1674-1748), alt. Public Domain. Music: *Rockingham*, melody from *Second Supplement to Psalmody in Miniature*, ca. 1780. Public Domain. *Sanctus: Holy, Holy, Holy.* Words: Traditional. Music: *Deutsche Messe*, Franz Peter Schubert (1797-1828). Public Domain. *Agnus Dei: Jesus, Lamb of God.* Words: Traditional. Music: *Deutsche Messe*, Franz Peter Schubert (1797-1828). Public Domain.



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