

THE FIRST SUNDAY
IN LENT
THE HOLY EUCHARIST
RITE TWO
MARCH 1, 2009
AT ELEVEN FIFTEEN AM

WASHINGTON NATIONAL CATHEDRAL

*The Reverend Canon Stephen Huber, presider
The Reverend Canon Carol L. Wade, gospeller
The Reverend Canon Preston B. Hannibal, assistant
The Very Reverend Samuel T. Lloyd III, preacher
The Cathedral Choir of Men and Girls*

ORGAN VOLUNTARY

Master Tallis's Testament

Herbert Howells (1892-1983)

WELCOME

THE ENTRANCE RITE

INTROIT

God be in my head

arr. John Rutter (b. 1945)

God be in my head, and in my understanding. God be in my eyes and in my looking. God be in my mouth and in my speaking. God be in my heart and in my thinking. God be at my end and at my departing.

HYMN AT THE PROCESSION - 688

Sung by all, standing.

A mighty fortress is our God

Ein feste Burg

OPENING ACCLAMATION

Blessed be the God of our salvation:

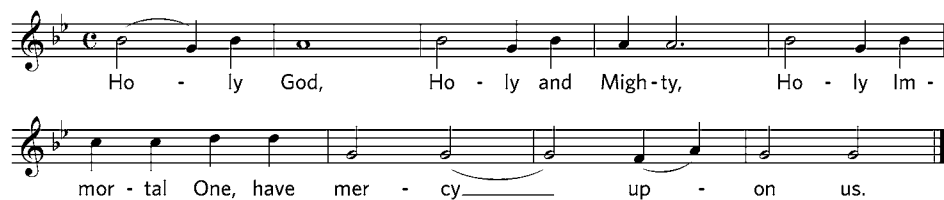
Who bears our burdens and forgives our sins.

SUMMARY OF THE LAW

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God, the Lord is one. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these."

TRISAGION

The cantor sings through once. All sing the second and third time.



THE COLLECT FOR THE DAY

The Lord be with you.
And also with you.
Let us pray.

The presider prays the collect, and the people respond Amen.

THE WORD OF GOD

The people are seated for the reading and the psalm.

THE READING

Genesis 9:8-17

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

The Word of the Lord.
Thanks be to God.

PSALM 25:1-9

Tone I.7

The choir sings the psalm.

To you, O Lord, I lift up my soul; my God, I put my trust in you;
let me not be humiliated, nor let my enemies triumph over me.
Let none who look to you be put to shame;
let the treacherous be disappointed in their schemes.
Show me your ways, O Lord,
and teach me your paths.
Lead me in your truth and teach me,
for you are the God of my salvation; in you have I trusted all the day long.
Remember, O Lord, your compassion and love,
for they are from everlasting.
Remember not the sins of my youth and my transgressions;
remember me according to your love and for the sake of your goodness, O Lord.
Gracious and upright is the Lord;
therefore he teaches sinners in his way.
He guides the humble in doing right
and teaches his way to the lowly.
All the paths of the Lord are love and faithfulness
to those who keep his covenant and his testimonies.

The people stand to sing the hymn and remain standing for the Gospel.

HYMN AT THE SEQUENCE - 143

The glory of these forty days

Erhalt uns, Herr

The Holy Gospel of our Lord Jesus Christ according to Mark.
Glory to you, Lord Christ.

Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

The Gospel of the Lord.
Praise to you, Lord Christ.

The people are seated at the invitation of the preacher.

THE SERMON

Dean Lloyd

THE NICENE CREED*Said by all, standing.*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

After each intercession,

God of salvation,
 Lead us in your truth.

The presider prays the concluding collect, and the people respond Amen.

THE CONFESSION AND ABSOLUTION

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

The presider offers the absolution, and the people respond Amen.

THE PEACE

The peace of the Lord be always with you.
And also with you.

The people greet one another with a sign of God's peace and then are seated.

THE OFFERTORY

The people remain seated while an offering is collected to support the Cathedral's work of sharing God's love with the world.

ANTHEM AT THE OFFERTORY

Greater love

John Ireland (1879-1962)

Many waters cannot quench Love, neither can the floods drown it. Love is strong as death. Greater Love hath no man than this, that a man lay down his life for his friends. Who his own Self bare our sins in his own Body on the tree, that we, being dead to sins, should live unto righteousness. Ye are washed, ye are sanctified, ye are justified in the Name of the Lord Jesus. Ye are a chosen generation, a royal priesthood, a holy nation, that ye should shew forth the praises of Him Who hath called you out of darkness into His marvelous light. I beseech you, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

*Song of Solomon 8:7, 6; John 15:13; 1 Peter 2:24;
1 Corinthians 6:2; 1 Peter 2:9; Romans 12:1*

The people stand to sing and remain standing throughout the Great Thanksgiving.

PRESENTATION ACCLAMATION

My God, thy table now is spread

Rockingham

My God, thy ta - ble now is spread, thy cup with
Let not thy spread - ing Gos - pel rest till through the
love doth o - ver - flow; be all thy chil - dren
world thy truth has run, till with this Bread shall
thith - er led, and let them thy sweet mer - cies know.
all be blessed who see the light or feel the sun.

THE HOLY COMMUNION

THE GREAT THANKSGIVING

The Lord be with you.
And also with you.
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

The presider offers our thanks to God for the grace and mercy made available to us in Christ, and in response we sing:

SANCTUS AND BENEDICTUS*Said by all.**Holy, holy, holy**Deutsche Messe*

Ho - ly, ho - ly, ho - ly Lord, God of power and might.____

Ho - ly, ho - ly, ho - ly Lord, God of power and might,____

hea - ven and earth are full,____ full____ of your glo - ry. Ho -

san - na in the high - est. Ho - san - na in the high - est.

Blest is the one who comes____ in the Name of the Lord.____ Ho -

san - na in the high - est. Ho - san - na in the high - est.

The presider gives thanks to God for the reconciling work of Christ's passion and resurrection and prays over the bread and wine.

Therefore, we proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

We celebrate the memorial of our redemption, O God, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD AND THE FRACTION ANTHEM*Jesus, Lamb of God**Deutsche Messe*

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

INVITATION

The people are seated.

All who seek God and a deeper life in Christ are welcome to receive Holy Eucharist. Gluten-free wafers are available; please make your need known to the minister. If you desire to receive prayers for healing, you are invited to proceed to the high altar after receiving Holy Communion or immediately following the service.

ANTHEM AT THE COMMUNION

Set me as a seal

William Walton (1902-1983)

Set me as a seal upon thine heart as a seal upon thine arm, for love is strong as death; many waters cannot quench love, neither can the floods drown it.

Song of Solomon

The people stand.

HYMN AT THE COMMUNION - 314

Sung by all.

Humbly I adore thee, Verity unseen

Adoro devote

THE POSTCOMMUNION PRAYER

Said by all.

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

BLESSING

The presider blesses the people. The people respond Amen.

HYMN AT THE CLOSING - 448

Sung by all.

O love, how deep, how broad, how high

Deus tuorum militum

THE DISMISSAL

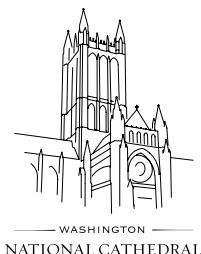
Go in peace to love and serve the Lord.
Thanks be to God.

ORGAN VOLUNTARY

Praeludium et fuga in c, BWV 546

Johann Sebastian Bach (1685-1750)

PERMISSIONS *Trisagion*. Words: Traditional. Music: Nigel Smallbones (b. 1966). *My God, thy table now is spread*. Words: St. 1, Philip Doddridge (1702-1751), alt; St. 2, Isaac Watts (1674-1748), alt. Public Domain. Music: *Rockingham*, melody from *Second Supplement to Psalmody in Miniature*, ca. 1780. Public Domain. *Sanctus: Holy, Holy, Holy*. Words: Traditional. Music: *Deutsche Messe*, Franz Peter Schubert (1797-1828). Public Domain. *Agnus Dei: Jesus, Lamb of God*. Words: Traditional. Music: *Deutsche Messe*, Franz Peter Schubert (1797-1828). Public Domain.



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