



THE SIXTH SUNDAY  
AFTER THE EPIPHANY  
THE HOLY EUCHARIST  
RITE TWO  
FEBRUARY 15, 2009  
AT ELEVEN FIFTEEN AM

WASHINGTON NATIONAL CATHEDRAL

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*The Reverend Gwendolyn W. Tobias, presider*  
*The Reverend Canon Preston B. Hannibal, gospeller*  
*The Reverend Canon Carol L. Wade assistant*  
*The Reverend Canon Stephen Huber, preacher*  
*Beth Nielsen Chapman, soloist*  
*The Cathedral Choir of Men and Girls*

**CARILLON PRELUDE**

*There's a wideness in God's mercy*

*Beecher*  
arr. Theophil Rusterholz (1907-2001)

**PRELUDE**

*There will be a better day*

Beth Nielsen Chapman (b. 1958)

Take our sorrows, take our tears. Heaven's not so far from here. Though we struggle, hear us pray. There will be a better day. Show us mercy, give us rest. Hold the weary to your breast. For the child who lost his way there will be a better day. Hallelujah. Sweet forgiveness, shining light, lift the darkness of the night. Help us find the strength to say, "There will be a better day." Hallelujah.

**WELCOME**

**THE ENTRANCE RITE**

**INTROIT**

*I sat down under his shadow*

Edward C. Bairstow (1874-1946)

I sat down under his shadow with great delight, and his fruit was sweet to my taste. He brought me to the banqueting house, and his banner over me was love.

*Song of Solomon 2:3-4*

**HYMN AT THE PROCESSION - 371**

*Sung by all, standing.*

*Thou, whose almighty word*

*Moscow*

**OPENING ACCLAMATION**

Arise, shine for your light has come.  
The glory of the Lord has risen upon us.  
In his light we see light; look, and be radiant!  
O come let us worship in the light of the Lord.

**SONG OF PRAISE***Sung by all.**Festal Song**Arise, your light has come*

A - rise, your light has come! The Spir - it's call o - bey; show  
forth the glo - ry of your God which shines on you to - day.

**THE COLLECT FOR THE DAY**The Lord be with you. **And also with you.** Let us pray.*The presider prays the collect, and the people respond Amen.***THE WORD OF GOD***The people are seated for the reading and the psalm.***THE READING**

I Corinthians 9:24-27

Do you not know that in a race the runners all compete, but only one receives the prize? Run in such a way that you may win it. Athletes exercise self-control in all things; they do it to receive a perishable wreath, but we an imperishable one. So I do not run aimlessly, nor do I box as though beating the air; but I punish my body and enslave it, so that after proclaiming to others I myself should not be disqualified.

The Word of the Lord.

Thanks be to God.

**PSALM 30**

chant: Stainer

*The choir sings the antiphon, then all repeat.*

O Lord my God, I cried out\_ to you, and you re - stored\_ me to health.

*The choir sings the verses.*

I will exalt you, O LORD, because you have lifted me up  
and have not let my enemies triumph over me.

O LORD my God, I cried out to you, and you restored me to health.

You brought me up, O LORD, from the dead;  
you restored my life as I was going down to the grave.

Sing to the LORD, you servants of his; give thanks for the remembrance of his holiness.

For his wrath endures but the twinkling of an eye, his favor for a lifetime.

Weeping may spend the night, but joy comes in the morning.

While I felt secure, I said, "I shall never be disturbed.

You, LORD, with your favor, made me as strong as the mountains."

Then you hid your face, and I was filled with fear.

I cried to you, O LORD; I pleaded with the LORD, saying,  
"What profit is there in my blood, if I go down to the Pit?  
will the dust praise you or declare your faithfulness?

Hear, O LORD, and have mercy upon me; O LORD, be my helper."

You have turned my wailing into dancing;

you have put off my sack-cloth and clothed me with joy.

Therefore my heart sings to you without ceasing;

O LORD my God, I will give you thanks for ever.

*All sing the antiphon.*

O Lord my God, I cried out\_ to you, and you re - stored\_ me to health.

*The people stand to sing the hymn and remain standing for the Gospel.*

**HYMN AT THE SEQUENCE - 658**

*As longs the deer for cooling streams*

*Martyrdom*

**THE GOSPEL**

Mark 1:40-45

The Holy Gospel of our Lord Jesus Christ according to Mark.  
Glory to you, Lord Christ.

A leper came to him begging Jesus and, kneeling, he said to him, "If you choose, you can make me clean." Moved with pity, Jesus stretched out his hand and touched him, and said to him, "I do choose. Be made clean!" Immediately the leprosy left him, and he was made clean. After sternly warning him he sent him away at once, saying to him, "See that you say nothing to anyone; but go, show yourself to the priest, and offer for your cleansing what Moses commanded, as a testimony to them." But he went out and began to proclaim it freely, and to spread the word, so that Jesus could no longer go into a town openly, but stayed out in the country; and people came to him from every quarter.

The Gospel of the Lord.  
Praise to you, Lord Christ.

*The people are seated at the invitation of the preacher.*

**THE SERMON**

Canon Huber

**MUSICAL INTERLUDE**

*There's a light in the darkness*

B. Nielsen Chapman

There's a light in the darkness and the black of the night cannot harm us. We can trust not to fear for our comfort is near. There's a light in the darkness. It will rain in the desert. In the cracks of the plain there's a treasure like the thirst of the seed. We await, we believe, it will rain in the desert. We will fly, we will let go but our hearts know we'll see more on that side when the door opens wide. We will fly. We will all go.

**THE NICENE CREED**

*Said by all, standing.*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

**THE PRAYERS OF THE PEOPLE**

*After each intercession,*

Loving God,  
Receive our prayer.

*The presider prays the concluding collect, and the people respond Amen.*

## THE CONFESSION AND ABSOLUTION

Let us confess our sins to God.

*A brief period of silence is observed.*

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

*The presider offers the absolution, and the people respond Amen.*

## THE PEACE

The peace of the Lord be always with you.  
And also with you.

*The people greet one another with a sign of God's peace and then are seated.*

## THE OFFERTORY

*The people remain seated while an offering is collected to support the Cathedral's work of sharing God's love with the world.*

## ANTHEM AT THE OFFERTORY

*Epiphany Alleluias*

John Weaver (b. 1937)

Alleluia. We have seen his star in the east, and are come to worship him.  
Arise, shine, for thy light is come and the glory of the Lord is risen upon thee. Alleluia.

*The people stand to sing and remain standing throughout the Great Thanksgiving.*

## PRESENTATION ACCLAMATION

*Through north and south*

*Lasst uns erfreuen*

Through north and south and east and west May God's im-mor-tal name be  
blessed: Al-le - lu - ia, al-le - lu - ia! Till ev-'ry-where be-neath the  
sun, God's reign be-gins; God's will is done: Al-le - lu - ia, al-le -  
lu - ia. al-le - lu - ia, al-le - lu - ia, al-le - lu - ia!

## THE HOLY COMMUNION

### THE GREAT THANKSGIVING

The Lord be with you.  
And also with you.  
Lift up your hearts.  
We lift them to the Lord.  
Let us give thanks to the Lord our God.  
It is right to give our thanks and praise.

The presider offers our thanks to God for the grace and mercy made available to us in Christ, and in response we sing:

## SANCTUS AND BENEDICTUS

*Holy, holy, holy*

*A Mass for Soulful People*

Ho-ly, ho - ly, ho-ly, ho - ly, ho-ly Lord God  
of hosts. Heav-en and earth are filled with your  
glo - - - ry. Ho - san - na in the high - est.  
Bless-ed is the One who comes in the name of the  
Lord, of the Lord. Ho - san - na  
in the high - est, ho - san - na in the high-est.

The presider gives thanks to God for the reconciling work of Christ's passion and resurrection and prays over the bread and wine.

Therefore, according to his command, O God, we remember his death, we proclaim his resurrection, we await his coming in glory.

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

The presider concludes with prayer for the coming of God's realm. The people affirm the Great Thanksgiving with AMEN.

## THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

## THE BREAKING OF THE BREAD AND THE FRACTION ANTHEM

Taste and see. Taste and see the good - ness of the  
Lord. O taste and see. Taste and see the  
good - ness of the Lord, of the Lord.

## INVITATION

*The people are seated.*

*All who seek God and a deeper life in Christ are welcome to receive Holy Eucharist. Gluten-free wafers are available. Please make your need known to the minister. If you desire to receive prayers for healing, you are invited to proceed to the high altar after receiving Holy Communion or immediately following the service.*

## ANTHEM AT THE COMMUNION

*Jubilate Deo*

Richard Dering (1580-1630)

*Jubilate Deo universa terra: psalmum dicite nomini ejus. Venite et videte, et narrabo vobis, omnes qui timetis Deum, quanta fecit Dominus animae meae.*

Shout with joy to God, all the earth: sing a psalm to his name. Come and see, all you who fear the Lord, and I will tell you what great things the Lord has done for my soul.

*Psalm 66*

*The people stand.*

## HYMN AT THE COMMUNION - 470

*Sung by all.*

*There's a wideness in God's mercy*

*Beecher*

## THE POSTCOMMUNION PRAYER

*Said by all.*

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

## BLESSING

*The presider blesses the people. The people respond Amen.*

## HYMN AT THE CLOSING - 390

*Sung by all.*

*Praise to the Lord, the Almighty*

*Lobe den Herren*

## THE DISMISSAL

Let us go forth into the world rejoicing in the power of the Spirit.  
Thanks be to God.

## ORGAN VOLUNTARY

*Praeludium et Fuga in D, BWV 532*

Johann Sebastian Bach (1685-1750)

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