



THE FIFTH SUNDAY
AFTER THE EPIPHANY
THE HOLY EUCHARIST
RITE TWO
FEBRUARY 8, 2009
AT ELEVEN FIFTEEN AM

WASHINGTON NATIONAL CATHEDRAL

*The Reverend Canon Stephen Huber, president
The Reverend Canon John L. Peterson, gospeller
The Reverend Gwendolyn W. Tobias, assistant
The Very Reverend Samuel T. Lloyd III, preacher
The Cathedral Choir of Men and Boys*

CARILLON PRELUDE

O praise ye the Lord

Laudate Dominum, arr. Sally S. Warner (b.1932)

ORGAN VOLUNTARY

Prière, Op. 37, No. 3

Joseph Jongen (1873-1953)

WELCOME

THE ENTRANCE RITE

INTROIT

Lord, we beseech thee

Adrian Batten (1591-1637)

Lord, we beseech thee, give ear unto our prayers; and by thy gracious visitation lighten the darkness of our hearts, by our Lord Jesus Christ.
Amen.

Sarum, Thomas Cranmer

HYMN AT THE PROCESSION - 432

Sung by all, standing.

O praise ye the Lord

Laudate Dominum

OPENING ACCLAMATION

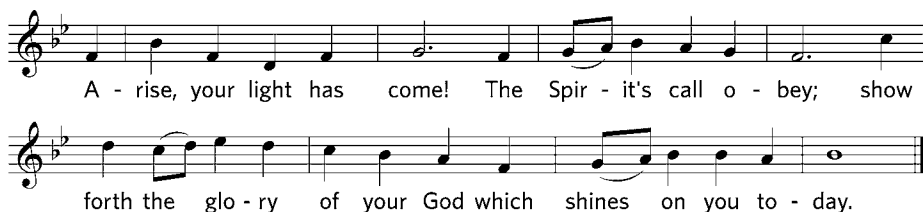
Arise, shine for your light has come.
The glory of the Lord has risen upon us.
In his light we see light; look, and be radiant!
O come let us worship in the light of the Lord.

SONG OF PRAISE

Sung by all.

Arise, your light has come

Festal Song



THE COLLECT FOR THE DAY

The Lord be with you. **And also with you.** Let us pray.
The presider prays the collect, and the people respond Amen.

THE WORD OF GOD

The people are seated for the reading and the psalm.

THE READING

Isaiah 40:21-31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

The Word of the Lord.
Thanks be to God.

PSALM 147:1-12, 21c

chant: Barnby

The choir sings the antiphon, then all repeat.



The choir sings the verses.

Hallelujah! How good it is to sing praises to our God!
how pleasant it is to honor him with praise!
The Lord rebuilds Jerusalem;
he gathers the exiles of Israel.
He heals the brokenhearted
and binds up their wounds.
He counts the number of the stars
and calls them all by their names.
Great is our Lord and mighty in power;
there is no limit to his wisdom.
The Lord lifts up the lowly,
but casts the wicked to the ground.
Sing to the Lord with thanksgiving;
make music to our God upon the harp.
He covers the heavens with clouds
and prepares rain for the earth;
He makes grass to grow upon the mountains
and green plants to serve mankind.
He provides food for flocks and herds
and for the young ravens when they cry.
He is not impressed by the might of a horse;
he has no pleasure in the strength of a man.

But the Lord has pleasure in those who fear him,
in those who await his gracious favor. Hallelujah!

All sing the antiphon.

The people stand to sing the hymn and remain standing for the Gospel.

HYMN AT THE SEQUENCE - 411

Sung by all.

O bless the Lord, my soul

St. Thomas

THE GOSPEL

Mark 1:29-39

The Holy Gospel of our Lord Jesus Christ according to Mark.
Glory to you, Lord Christ.

Jesus left the synagogue at Capernaum, and entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of the Lord.
Praise to you, Lord Christ.

The people are seated at the invitation of the preacher.

THE SERMON

Dean Lloyd

THE NICENE CREED

Said by all, standing.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

After each intercession,

Most merciful God,
Receive our prayer.

The presider prays the concluding collect, and the people respond **Amen.**

THE CONFESSION AND ABSOLUTION

Let us confess our sins to God.

A brief period of silence is observed.

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

The presider offers the absolution, and the people respond Amen.

THE PEACE

The peace of the Lord be always with you.
And also with you.

The people greet one another with a sign of God's peace and then are seated.

THE OFFERTORY

The people remain seated while an offering is collected to support the Cathedral's work of sharing God's love with the world.

ANTHEM AT THE OFFERTORY

Praise to God in the highest arr. S. S. Campbell

Praise to God in the highest! Bless us, O Father! Praise to thee. Praise to God in the highest, to God! Guide and prosper the nations, rulers, and people. Praise to thee. May the truth in its beauty flourish triumphant: Praise to thee. May the good by obeyed and evil be conquer'd. Praise to thee. Give us laughter, and set us gaily rejoicing: Praise to thee. Peace, peace on earth and good-will, peace on earth and good-will be ever amongst us: Praise to thee. Praise to God in the highest! Bless us, O Father! Praise to thee. Praise to God in the highest, to God. Praise to thee.

The people stand to sing and remain standing throughout the Great Thanksgiving.

PRESENTATION ACCLAMATION

Through north and south *Lasst uns erfreuen*

Through north and south and east and west May God's im-mor-tal name be
blessed: Al-le - lu - ia, al-le - lu - ia! Till ev-'ry-where be-neath the
sun, God's reign be-gins; God's will is done: Al-le - lu - ia, al-le -
lu - ia. al-le - lu - ia, al-le - lu - ia, al-le - lu - ia!

THE HOLY COMMUNION

THE GREAT THANKSGIVING

The Lord be with you. And also with you.
Lift up your hearts. **We lift them to the Lord.**
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

The presider offers our thanks to God for the grace and mercy made available to us in Christ, and in response we sing:

SANCTUS AND BENEDICTUS

Holy, holy, holy

A Mass for Soulful People

Ho - ly, ho - ly, ho - ly, ho - ly, ho - ly Lord God
of hosts. Heav - en and earth are filled with your
glo - - - ry. Ho - san - na in the high - est.
Bless - ed is the One who comes in the name of the
Lord, of the Lord. Ho - san - na
in the high - est, ho - san - na in the high - est.

The presider gives thanks to God for the reconciling work of Christ's passion and resurrection and prays over the bread and wine.

Therefore, according to his command, O God, we remember his death, we proclaim his resurrection, we await his coming in glory.

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

The presider concludes with prayer for the coming of God's realm. The people affirm the Great Thanksgiving with AMEN.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD AND THE FRACTION ANTHEM

Taste and see. Taste and see the good - ness of the
Lord. O taste and see. Taste and see the
good - ness of the Lord, of the Lord.

INVITATION

The people are seated.

All who seek God and a deeper life in Christ are welcome to receive Holy Eucharist. Gluten-free wafers are available. Please make your need known to the minister. If you desire to receive prayers for healing, you are invited to proceed to the high altar after receiving Holy Communion or immediately following the service.

ANTHEM AT THE COMMUNION

Panis angelicus

César Franck (1822-1890)

Panis angelicus, fit panis hominum, dat panis coelicus figuris terminum. O res mirabilis manducat Dominum, pauper, servus, et humilis. Te trina Deitas unique poscimus, sic nos tu visita, sicut te colimus: per tuas semitas duc nos quo tendimus, ad lucem quam inhabitas.

The bread of angels becomes the bread of men, the heavenly bread gives an end to earthly forms. O marvelous and wondrous sacrament: a poor man, a slave, and the humble one all ingest the Lord. O Godhead, Three and One, thee we implore: so visit us, just as now we thee adore: By thy paths lead us to where we aspire, to the Light wherein thou dwellest.

The people stand.

HYMN AT THE COMMUNION -508

Breathe on me, Breath of God

Nova vita

THE POSTCOMMUNION PRAYER

Said by all.

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

BLESSING

The presider blesses the people. The people respond Amen.

HYMN AT THE CLOSING - 477

Sung by all.

All praise to thee, for thou, O King divine

Engelberg

THE DISMISSAL

Let us go forth into the world rejoicing in the power of the Spirit.
Thanks be to God.

ORGAN VOLUNTARY

Fanfare

Percy Whitlock (1903-1946)

PERMISSIONS *Arise, your light has come.* Music: *Festal Song*, William H. Walter (1825-1893). Words: Ruth Duck (b. 1947); GIA Publications, Inc. © 1992. Reprinted under OneLicense.net #A-709283. *Through north and south and east and west.* Words: from *Songs of Praise*, alt. Music: *Auserlesene Catholische Geistliche Kirchengeseng*, 1623. Public Domain. *Sanctus: Holy, Holy, Holy.* Music: Grayson Warren Brown (b. 1948), *A Mass for a Soulful People*. Copyright: © 1979 North American Liturgy Resources, 10802 N. 23rd Ave., Phoenix, AZ 85029. All Rights Reserved. Reprinted under LicensingOnline.org license #U16525. *Taste and see.* Words: James E. Moore, Jr.; para. of Psalm 34. Music: James E. Moore, Jr. © 1992 GIA Publications, Inc. Reprinted under OneLicense.net #A-709283.



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NATIONAL CATHEDRAL

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