

Preaching Today
Rear Admiral Barry C. Black (Ret.)
Chaplain of the U.S. Senate



Presiding Today
The Rev. Canon Jan Naylor Cope

# An Online House of Prayer for All People

Even though our building is closed temporarily, we're committed to bringing all the warmth, beauty and God's presence in the Cathedral directly to you! We invite you to interact with us in new ways, and we hope you find a measure of comfort and God's grace in these challenging times.

COVID-19 closures have disrupted life for everyone, and we know this is a difficult time for many. You can help the Cathedral provide comfort and hope for our nation. Give today at <a href="mailto:cathedral.org/support">cathedral.org/support</a>

#### Your Online Cathedral

Enjoy exclusive online content at cathedral.org/online

#### **PRAYERS**

<u>Submit prayers</u> for yourself, those you love and the world. During the week we offer these prayers during a time of prayer and intercession. Create a customized prayer for the people in your life who are sacrificing for the greater good at <u>Prayers for Our Heroes</u>.

#### LEARN & EXPLORE

Since you can't visit the Cathedral, we'll bring the Cathedral to you! Each week we share new Cathedral highlights online. This week, we showcase a few of the animals found in the Cathedral's art.

#### CHAPEL PILGRIMAGES

Join Cathedral clergy for a series of <u>Chapel Pilgrimages</u>, exploring the chapels and offering meditations. This week Dean Randy Hollerith leads us through Children's Chapel.

### LET THERE (STILL) BE LEGO!

For \$2/brick, you can help build the world's largest Cathedral made of LEGO® bricks. All funds go toward repairing earthquake damage.

#### CATHEDRAL PODCASTS

Check out <u>The Crossing</u>, a sermon podcast from the Cathedral. <u>The Crossing: Tower Talks</u>, a new conversational podcast connects listeners with the Cathedral from afar. Catch up on episodes you might have missed or share with your friends.

# Honest to God

# HONEST TO GOD WITH BARBARA BROWN TAYLOR Wednesday, May 20, 8 pm

Dean Randy Hollerith hosts best-selling author, teacher and Episcopal priest <u>Barbara Brown Taylor</u> for Honest to God. She is the author of 14 books, the most recent, *Holy Envy.* <u>Register for the Zoom conversation</u>.

# HONEST TO GOD WITH QUINN COOK

Wednesday, May 27, 8 pm

Canon Missioner Leonard Hamlin and Quinn Cook, NBA champion and producer of "Basketball County: In the Water," converse about faith and perseverance. Register for the Zoom conversation.

<u>Watch live on Facebook.</u> Both full videos will also be available later on <u>YouTube</u>.

# Military Recognition Sunday

Active duty military, veterans and their families are recognized during today's service. Chaplain Kevin White, USA, offers a reading. <u>Learn</u> more, craft a custom prayer, or enroll in the National Roll of Honor.

# **Upcoming Guest Preacher**

Sunday, May 24, 11:15 am

Presidential historian and author <u>Jon Meacham</u> joins us a guest preacher. <u>Learn more.</u>

# Help Our Neighbors

### MENTAL HEALTH RESOURCES

May is designated as Mental Health Awareness month. Many of us are seeking support for ourselves and others as we navigate this global pandemic. Visit <u>cathedral.org/online/mental-health</u> for resources.

#### D.C. AREA RESOURCES

During these times of uncertainty, it is more important than ever to support our neighbors. Find a list of our partner organizations.

#### **Clergy Conversations**

#### STAYING HEALTHY DURING A GLOBAL PANDEMIC

Tuesday, May 19, 4 pm

Cathedral Provost Jan Cope, Canon for Worship Rose Duncan, and Priest Associate Patrick Keyser share reflections and experiences on staying healthy during this global pandemic. Moderated by Program Director Michelle Dibblee. Register online to receive the Zoom link.

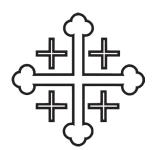
#### **Online Spiritual Practices**

ONLINE LISTENING FOR GOD Tuesday, May 19, 5:30 pm ONLINE CENTERING PRAYER Tuesday, May 19, 6 pm

Tuesday evening prayer gatherings are offered online from the Center for Prayer and Pilgrimage Facebook page.

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SIGN UP FOR OUR NEWSLETTER



# The Holy Eucharist

The Sixth Sunday of Easter May 17, 2020 • 11:15 AM

# Washington National Cathedral

Worship lies at the heart of the Christian life. It is in worship that we express our theology and define our identity. It is through encountering God within worship that we are formed and transformed as the people of God. One of the glories of the Episcopal Church is its liturgical worship. Liturgy refers to the patterns, forms, words, and actions through which public worship is conducted.

# The people's responses are in **bold**.

This type of note, offering directions about the service is called a "rubric," which comes from the Latin word rubrica (red)—referring to a time when these instructional notes were always written in red.

# THE ENTRANCE RITE

When the service is accompanied by music, it often begins with an instrumental piece of music, during which the congregation can prepare for worship.

#### **PRELUDE**

Pass me not, O gentle Savior

William H. Doane (1832-1915)

#### **INTROIT**

Settle here

William Murphy (b. 1973)

Purify our hearts, Lord.

Purify our hearts, Lord.

Sanctify my heart, Lord.

Sanctify my heart, Lord.

O Lord, we need you.

We need to see you.

We're desperate for you.

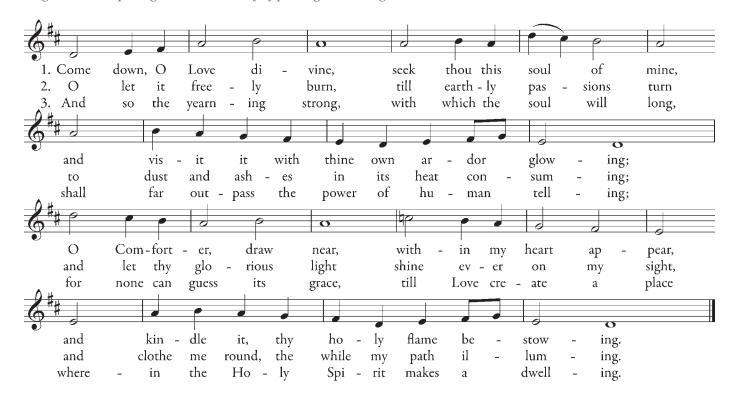
Now, let your glory settle here.

Let it settle here.

Sung by all.

Down Ampney

We begin our worship as a gathered community by praising God in song.



# THE OPENING ACCLAMATION

Alleluia. Christ is risen.

The Lord is risen indeed. Alleluia.

#### THE COLLECT FOR PURITY

This prayer was an English rendering of a Latin prayer that began the liturgy in the medieval church before the Reformation. It remains a distinctive part of Episcopal worship to this day.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Gloria, or some other song of praise, centers the service on the God we gather to praise in our worship.



# THE WORD OF GOD

#### THE COLLECT FOR THE SIXTH SUNDAY OF EASTER

The collect is the prayer appointed for each Sunday that "collects" or captures the theme of the day or season of the Church year. It summarizes the attributes of God as revealed in the scriptures for the day.

The Lord be with you.

And also with you.

Let us pray.

O God, you have prepared for those who love you such good things as surpass our understanding: Pour into our hearts such love towards you, that we, loving you in all things and above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.** 

### THE COLLECT FOR THOSE IN THE ARMED FORCES OF OUR COUNTRY

Almighty God, we commend to your gracious care and keeping all the men and women of our armed forces at home and abroad. Defend them day by day with your heavenly grace; strengthen them in their trials and temptations; give them courage to face the perils which beset them; and grant them a sense of your abiding presence wherever they may be; through Jesus Christ our Lord. **Amen.** 

#### THE FIRST READING

During the Easter season this reading comes from the Acts of the Apostles, which tells the early history of the Church.

Acts 17:22-31 Hechos 17:22-31

Paul stood in front of the Areopagus and said, "Athenians, I see how extremely religious you are in every way. For as I went through the city and looked carefully at the objects of your worship, I found among them an altar with the inscription, 'To an unknown god.' What therefore you worship as unknown, this I proclaim to you. The God who made the world and everything in it, he who is Lord of heaven and earth, does not live in shrines made by human hands, nor is he served by human hands, as though he needed anything, since he himself gives to all mortals life and breath and all things. From one ancestor he made all nations to inhabit the whole earth, and he allotted the times of their existence and the boundaries of the places where they would live, so that they would search for God and perhaps grope for him and find him though indeed he is not far from each one of us. For 'In him we live and move and have our being'; as even some of your own poets have said, 'For we too are his offspring.' Since we are God's offspring, we ought not to think that the deity is like gold, or silver, or stone, an image formed by the art and imagination of mortals. Pablo se levantó en medio de ellos en el Areópago, y dijo: «Atenienses, por todo lo que veo, ustedes son gente muy religiosa. Pues al mirar los lugares donde ustedes celebran sus cultos, he encontrado un altar que tiene escritas estas palabras: "A un Dios no conocido". Pues bien, lo que ustedes adoran sin conocer, es lo que yo vengo a anunciarles. El Dios que hizo el mundo y todas las cosas que hay en él, es Señor del cielo y de la tierra. No vive en templos hechos por los hombres, ni necesita que nadie haga nada por él, pues él es quien nos da a todos la vida, el aire y las demás cosas. De un solo hombre hizo él todas las naciones, para que vivan en toda la tierra; y les ha señalado el tiempo y el lugar en que deben vivir, para que busquen a Dios, y quizá, como a tientas, puedan encontrarlo, aunque en verdad Dios no está lejos de cada uno de nosotros. Porque en Dios vivimos, nos movemos y existimos; como también algunos de los poetas de ustedes dijeron: "Somos descendientes de Dios." Siendo, pues, descendientes de Dios, no debemos pensar que Dios sea como las imágenes de oro, plata o piedra que los hombres hacen según su propia imaginación. Dios pasó While God has overlooked the times of human ignorance, now he commands all people everywhere to repent, because he has fixed a day on which he will have the world judged in righteousness by a man whom he has appointed, and of this he has given assurance to all by raising him from the dead."

The Word of the Lord. Thanks be to God.

por alto en otros tiempos la ignorancia de la gente, pero ahora ordena a todos, en todas partes, que se vuelvan a él. Porque Dios ha fijado un día en el cual juzgará al mundo con justicia, por medio de un hombre que él ha escogido; y de ello dio pruebas a todos cuando lo resucitó.»

Palabra del Señor. Demos gracias a Dios.

THE PSALM

Sung by the cantor.

arr. Michael McCarthy (b. 1966)

The psalms are prayers that Jesus used and cover every mood of humanity's relationship with God and one another.

Psalm 66:7-18

Salmo 66:7-18

Bless our God, you peoples;

make the voice of his praise to be heard;

Who holds our souls in life,

and will not allow our feet to slip.

For you, O God, have proved us;

you have tried us just as silver is tried.

You brought us into the snare;

you laid heavy burdens upon our backs.

You let enemies ride over our heads;

we went through fire and water;

but you brought us out into a place of refreshment.

I will enter your house with burnt-offerings

and will pay you my vows,

which I promised with my lips

and spoke with my mouth when I was in trouble.

I will offer you sacrifices of fat beasts

with the smoke of rams;

I will give you oxen and goats.

Come and listen, all you who fear God,

and I will tell you what he has done for me.

I called out to him with my mouth,

and his praise was on my tongue.

If I had found evil in my heart,

the Lord would not have heard me;

But in truth God has heard me;

he has attended to the voice of my prayer.

Blessed be God, who has not rejected my prayer, nor withheld his love from me.

Bendigan, pueblos, a nuestro Dios;

hagan oír la voz de su alabanza.

El es quien preserva a nuestra alma en vida;

y no permite que nuestros pies resbalen;

Porque tú, oh Dios, nos probaste;

nos refinaste como refinan la plata.

Nos metiste en la red;

pusiste sobre nuestros lomos pesada carga.

Hiciste cabalgar enemigos sobre nuestra cabeza;

atravesamos por fuego y agua;

pero nos sacaste a un lugar de abundancia.

Entraré a tu casa con holocaustos,

y te pagaré mis votos,

que pronunciaron mis labios,

y habló mi boca, cuando estaba angustiado.

Te ofreceré holocaustos de animales cebados,

con sahumerios de carneros;

inmolaré bueyes y cabros.

Vengan, oigan, cuantos temen a Dios,

y les contaré lo que ha hecho conmigo.

A él clamé con mi boca,

y lo ensalzó mi lengua.

Si yo tuviese maldad en mi corazón,

mi Soberano no me habría escuchado;

Mas ciertamente me escuchó Dios,

y atendió a la voz de mi súplica.

Bendito sea Dios, que no rechazó mi oración,

ni me retiró su favor.

•

#### THE SECOND READING

This reading, taken from the New Testament, is typically from a letter (epistle) to the early Church, the Acts of the Apostles, or the Revelation to John.

I Peter 3:13-22 I Pedro 3:13-22

Now who will harm you if you are eager to do what is good? But even if you do suffer for doing what is right, you are blessed. Do not fear what they fear, and do not be intimidated, but in your hearts sanctify Christ as Lord. Always be ready to make your defense to anyone who demands from you an accounting for the hope that is in you; yet do it with gentleness and reverence. Keep your conscience clear, so that, when you are maligned, those who abuse you for your good conduct in Christ may be put to shame. For it is better to suffer for doing good, if suffering should be God's will, than to suffer for doing evil. For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

The Word of the Lord. Thanks be to God.

¿Quién podrá hacerles mal, si ustedes se empeñan siempre en hacer el bien? Pero aun si por actuar con rectitud han de sufrir, ¡dichosos ustedes! No tengan miedo a nadie, ni se asusten, sino honren a Cristo como Señor en sus corazones. Estén siempre preparados a responder a todo el que les pida razón de la esperanza que ustedes tienen, pero háganlo con humildad y respeto. Pórtense de tal modo que tengan tranquila su conciencia, para que los que hablan mal de su buena conducta como creyentes en Cristo, se avergüencen de sus propias palabras. Es mejor sufrir por hacer el bien, si así lo quiere Dios, que por hacer el mal. Porque Cristo mismo sufrió la muerte por nuestros pecados, una vez para siempre. Él era inocente, pero sufrió por los malos, para llevarlos a ustedes a Dios. En su fragilidad humana, murió; pero resucitó con una vida espiritual, y de esta manera fue a proclamar su victoria a los espíritus que estaban presos. Éstos habían sido desobedientes en tiempos antiguos, en los días de Noé, cuando Dios esperaba con paciencia mientras se construía la barca, en la que algunas personas, ocho en total, fueron salvadas por medio del agua. Y aquella agua representaba el agua del bautismo, por medio del cual somos ahora salvados. El bautismo no consiste en limpiar el cuerpo, sino en pedirle a Dios una conciencia limpia; y nos salva por la resurrección de Jesucristo, que subió al cielo y está a la derecha de Dios, y al que han quedado sujetos los ángeles y demás seres espirituales que tienen autoridad y poder.

Palabra del Señor. Demos gracias a Dios.

# HYMN AT THE SEQUENCE

His eye is on the sparrow

Sung by all.

Sparrow

The sequence hymn moves us toward the summit of the Liturgy of the Word—the reading of the Holy Gospel. Gospel means "good news"—specifically the "good news of Jesus."



#### THE HOLY GOSPEL

This reading is taken from one of the four Gospels (Matthew, Mark, Luke, and John), which depict the life, teachings, death, resurrection, and ascension of our Lord Jesus Christ. We stand for the Gospel reading to show the particular importance placed on Jesus' words and actions.

John 14:15-21

Juan 14:15-21

The Holy Gospel of our Lord Jesus Christ according to John.

Glory to you, Lord Christ.

Jesus said, "If you love me, you will keep my commandments. And I will ask the Father, and he will give you another Advocate, to be with you forever. This is the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, because he abides with you, and he will be in you. I will not leave you orphaned; I am coming to you. In a little while the world will no longer see me, but you will see me; because I live, you also will live. On that day you will know that I am in my Father, and you in me, and I in you. They who have my commandments and keep them are those who love me; and those who love me will be loved by my Father, and I will love them and reveal myself to them."

The Gospel of the Lord.

Praise to you, Lord Christ.

Santo Evangelio de nuestro Señor Jesucristo, según Juan.

¡Gloria a ti, Cristo Señor!

Jesús dijo: «Si ustedes me aman, obedecerán mis mandamientos. Y yo le pediré al Padre que les mande otro Defensor, el Espíritu de la verdad, para que esté siempre con ustedes. Los que son del mundo no lo pueden recibir, porque no lo ven ni lo conocen; pero ustedes lo conocen, porque él permanece con ustedes y estará en ustedes. No los voy a dejar huérfanos; volveré para estar con ustedes. Dentro de poco, los que son del mundo ya no me verán; pero ustedes me verán, y vivirán porque yo vivo. En aquel día, ustedes se darán cuenta de que yo estoy en mi Padre, y ustedes están en mí, y yo en ustedes. El que recibe mis mandamientos y los obedece, demuestra que de veras me ama. Y mi Padre amará al que me ama, y yo también lo amaré y me mostraré a él.»

El Evangelio del Señor. Te alabamos, Cristo Señor.

THE SERMON

The Reverend Dr. Barry C. Black Chaplain, United States Senate

The sermon directly follows the Gospel because it is to be grounded in the scriptures. It illuminates the scriptural readings and relates them to daily life.

#### THE NICENE CREED

The word "creed" comes from the Latin "credo" for "I believe." First formulated at the Council of Nicaea in 325 AD and confirmed in 381 AD, the Nicene Creed is said at the Holy Eucharist and reflects what Christians believe regarding the relationship between the Father, Jesus, and the Holy Spirit: The Holy Trinity.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation,
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under

Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of
the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets. We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen. Creemos en un solo Dios,
Padre todopoderoso,
Creador de cielo y tierra,
de todo lo visible e invisible.

Creemos en un solo Señor, Jesucristo,
Hijo único de Dios,
nacido del Padre antes de todos los siglos:
Dios de Dios, Luz de Luz,
Dios verdadero de Dios verdadero,
engendrado, no creado,
de la misma naturaleza que el Padre,
por quien todo fue hecho;
que por nosotros
y por nuestra salvación
bajó del cielo:
por obra del Espíritu Santo
se encarnó de María, la Virgen,
y se hizo hombre.

Por nuestra causa fue crucificado
en tiempos de Poncio Pilato:
padeció y fue sepultado.
Resucitó al tercer día, según las Escrituras,
subió al cielo
y está sentado a la derecha del Padre.
De nuevo vendrá con gloria
para juzgar a vivos y muertos,
y su reino no tendrá fin.

Creemos en el Espíritu Santo,
Señor y dador de vida,
que procede del Padre y del Hijo,
que con el Padre y el Hijo
recibe una misma adoración y gloria,
y que habló por los profetas.
Creemos en la Iglesia,
que es una, santa, católica y apostólica.
Reconocemos un solo Bautismo
para el perdón de los pecados.
Esperamos la resurrección de los muertos
y la vida del mundo futuro. Amén.

#### THE PRAYERS OF THE PEOPLE

We pray for ourselves and particularly on behalf of others. In our prayers we pray for the for Universal Church, the nation and all who govern, the welfare of the world, the concerns of our community of faith, including those who are in need or suffer, and for the departed. We are reminded in prayer that we are part of a larger fellowship, the Church—the Body of Christ.

After each intercession,

Después de cada intercesión,

God of new life,

Dios de vida nueva,

hear our prayer.

atiende nuestra súplica.

The presider prays the concluding collect, and the people respond, Amen.

#### THE PEACE

The peace of the Risen Christ be always with you. And also with you.

La paz del Cristo Resucitado sea siempre con ustedes. Y con tu espíritu.

# THE HOLY COMMUNION

#### THE OFFERTORY

Having listened to the Word of God, affirmed our faith, confessed our sins, received forgiveness and shared in the peace, we are prepared for the drama and miracle of the Holy Communion. At the offertory, we gratefully offer back to God some of what God has given us, symbolically in the bread and wine, and in the money we give.

All are invited to make a gift to support the Cathedral's ministry of sharing God's love with the world by texting the dollar amount you wish to give to (202) 856-9005 or visiting cathedral.org/support.

The altar is prepared for Holy Communion.

#### ANTHEM AT THE OFFERTORY

Give me Jesus

Sung by the cantor.

Negro spiritual, arr. Moses Hogan (1957-2003)

In the morning, when I rise,

In the morning, when I rise,

In the morning, when I rise,

Give me Jesus.

Refrain Give me Jesus,

Give me Jesus,

You may have all this world,

Give me Jesus.

Dark midnight was my cry,

Dark midnight was my cry,

Dark midnight was my cry,

Give me Jesus.

Refrain

Oh, when I come to die,

Oh, when I come to die,

Oh, when I come to die,

Give me Jesus.

Refrain

#### THE GREAT THANKSGIVING

In the Great Thanksgiving, we do what Jesus himself asked us to do: thank God and recall all that God has done for us in the life, death, and resurrection of Christ. The Great Thanksgiving, or Eucharistic Prayer, is a long prayer with four parts. Each of these four parts corresponds to a different action of Jesus at the Last Supper, where he took, blessed, broke, and gave bread and wine as sacraments of his body and blood. We begin the Great Thanksgiving with the Sursum corda, meaning "Lift up your hearts."

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life.

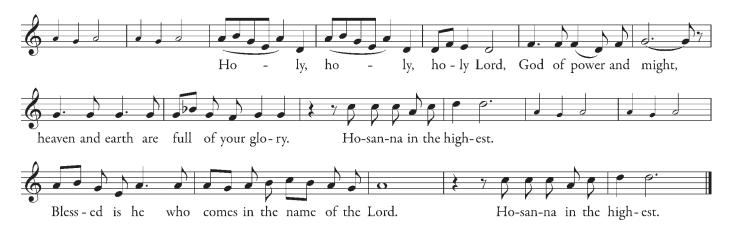
Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

# SANCTUS & BENEDICTUS • S 128

Sung by all.

W. Mathias

The Sanctus (Holy, Holy, Holy) is the hymn of praise that never ceases before God and is based on Isaiah 6:3.



We recall God's acts of salvation history. The presider says the "Words of Institution" that Jesus said at the Last Supper. At the Memorial Acclamation we remember Christ's death, resurrection, and promise to return at the end of the age. During the prayer, the Holy Spirit is invoked to bless and sanctify the gifts of bread and wine.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN**.

### THE LORD'S PRAYER

We pray together the prayer that Jesus taught his disciples to pray. The link between our daily bread and the spiritual food we receive in the Eucharist is an ancient connection.

And now, as our Savior Christ has taught us, we are bold to say,

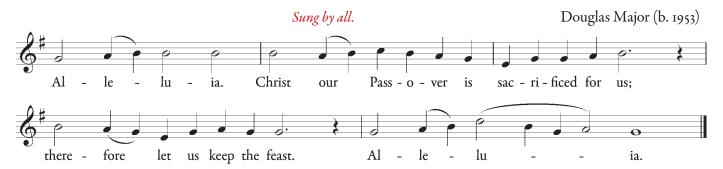
### Notre Père..., Padre nuestro..., Vater unser...,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Padre nuestro que estás en el cielo,
santificado sea tu Nombre,
venga tu reino,
hágase tu voluntad,
en la tierra como en el cielo.
Danos hoy nuestro pan de cada día.
Perdona nuestras ofensas,
como también nosotros perdonamos
a los que nos ofenden.
No nos dejes caer en tentación
y líbranos del mal.
Porque tuyo es el reino,
tuyo es el poder,
y tuya es la gloria,
ahora y por siempre. Amén.

# The Breaking of the Bread & the Fraction anthem

The presider breaks the bread in silence.



#### THE INVITATION TO HOLY COMMUNION

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

# The presider invites the following prayer to be said by all.

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I desire to offer you praise and thanksgiving as I proclaim your resurrection. I love you above all things, and long for you in my soul. Since I cannot receive you in the Sacrament of your Body and Blood, come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

### LA INVITACIÓN A LA SANTA EUCARISTÍA

La comunión espiritual es una devoción personal que cualquier persona puede orar en cualquier momento expresando su deseo de recibir la Santa Comunión en ese instante, pero en que la circunstancias le impide de recibir los elementos reales de la Santa Comunión.

# La presidenta invita a todos a rezar esta oración.

Jesús mío, creo que estás verdaderamente presente en el Sagrado Sacramento del Altar. Deseo ofrecerte alabanza y acción de gracias mientras proclamo tu resurrección. Te amo por encima de todas las cosas, y te anhelo en mi alma. Como no te puedo recibir en el Sacramento de tu Cuerpo y Sangre, entra al menos espiritualmente en mi corazón. Límpiame y fortaléceme con tu gracia, Señor Jesús, y nunca permitas que me separe de ti. Que pueda vivir en ti, y tú en mí, en esta vida y en la vida venidera. Amén.

#### ANTHEM DURING THE COMMUNION

I got me flowers from Five Mystical Songs

I got me flowers to strew thy way; I got me boughs off many a tree: But thou wast up by break of day,

And brought'st thy sweets along with thee.

The Sun arising in the East, Though he give light, and the East perfume; If they should offer to contest With thy arising, they presume.

Can there be any day but this, Though many suns to shine endeavor? We count three hundred, but we miss: There is but one, and that one ever.

(George Herbert, 1593-1633)

#### Sung by the cantor. Ralph Vaughan Williams (1872-1958)

#### THE POSTCOMMUNION PRAYER

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

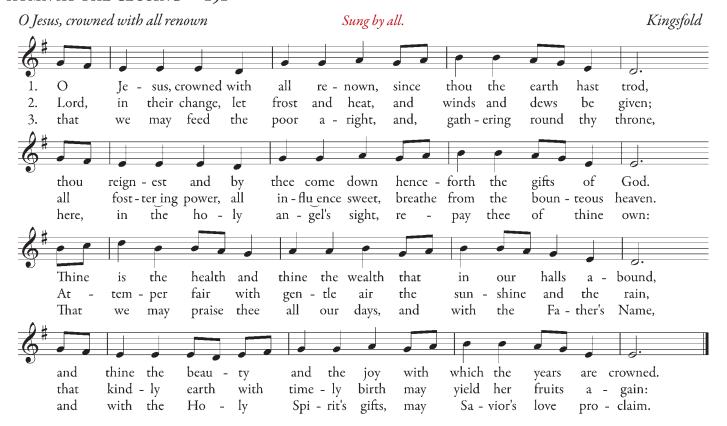
la misión que tú nos has encomendado, para amarte y servirte como fieles testigos de Cristo nuestro Señor.

# THE BLESSING

The presider blesses the people, and the people respond, Amen.

Omnipotente y sempiterno Dios, te damos gracias porque nos has nutrido con el alimento espiritual del preciosísimo Cuerpo y Sangre de tu Hijo, nuestro Salvador Jesucristo; y porque nos aseguras, en estos santos misterios, que somos miembros vivos del Cuerpo de tu Hijo y herederos de tu reino eterno. Y ahora, Padre, envíanos al mundo para cumplir A él, a ti y al Espíritu Santo, sea todo honor y gloria, ahora y por siempre. Amén.

### HYMN AT THE CLOSING • 292



#### THE DISMISSAL

Go in peace. Serve the Risen Christ. Alleluia, alleluia.

Thanks be to God. Alleluia, alleluia.

Vayan en paz. Sirvan al Cristo Resucitado. Aleluya, aleluya.

Demos gracias a Dios. Aleluya, aleluya.

#### **POSTLUDE**

Toccata on Kingsfold

Mary Beth Bennett (b. 1954)

May's Military Recognition Sunday is sponsored by Give an Hour and includes prayers to acknowledge the contributions of active duty military, veterans, and their families.

# PARTICIPANTS/PARTICIPANTES

#### PRESIDER/PRESIDENTA

The Reverend Canon Jan Naylor Cope Provost, Washington National Cathedral

#### PREACHER/PREDICADOR

The Reverend Dr. Barry C. Black Chaplain, United States Senate

#### GOSPELLERS/EVANGELISTAS

The Very Reverend Randolph Marshall Hollerith Dean, Washington National Cathedral

The Reverend Yoimel González Hernández Dean, Latino Deacons' School, Episcopal Diocese of Washington

### READERS/LECTORS

Kevin G. White Chaplain (MAJ), United States Army Brigade Chaplain, 704<sup>th</sup> MI BDE, Fort Meade, Maryland

> G. Scott Sanders Verger, Washington National Cathedral

#### MUSICIANS/MÚSICOS

Canon Michael McCarthy

Director of Music, Washington National Cathedral

Thomas M. Sheehan
Organist and Associate Director of Music, Washington National Cathedral

Daryl L. A. Hunt
Associate Director for Contemporary Music, Washington National Cathedral

Imani-Grace Cooper, singer

Marshall Keys, saxophone

american sign language interpreters/intérpretes de lenguaje de señas americano Candas I. Barnes

Jamie S. Sycamore



# Prayer for the Armed Forces

Lord God of grace and power,
stretch forth your almighty arm to strengthen and protect
all those in the Armed Forces of our country.
Support them in the day of battle,
and in times of peace keep them safe from evil.
Endue them with courage and loyalty,
and grant that they may serve without reproach,
through Jesus Christ our Lord.
Amen.

Taken from A Prayer Book for the Armed Services

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# A Prayer for Those with Mental Illness

O Father of mercies and God of all comfort, our only help in time of need: We humbly ask that you behold, visit, and relieve those who suffer from depression, anxiety, schizophrenia and chronic mental illnesses.

Look upon them with the eyes of your mercy; comfort them with a sense of your goodness; and give them patience under their affliction. In your good time, restore them to health, and enable them to lead the rest of their life in reverence of you, and to your glory.

We pray for mental health caregivers, for scientific researchers, and for professionals who seek to bring compassion, treatment, and healing, that they may be instruments of your love and peace to those who suffer.

All this we ask in the name of Jesus Christ our Lord.

Amen.

Taken from the National Alliance on Mental Illness (adapted)

25 25 25

# Prayer for People Facing Great Uncertainty

God of the present moment,
God who in Jesus stills the storm
and soothes the frantic heart;
bring hope and courage to all
who wait or work in uncertainty.
Bring hope that you will make them the equal
of whatever lies ahead.
Bring them courage to endure what cannot be avoided,
for your will is health and wholeness;
you are God, and we need you.
Amen.

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