



Preaching Today David Brooks



Presiding Today The Very Rev. Randolph Marshall Hollerith

An Online House of Prayer for All People

Even though our building is closed temporarily, we're committed to bringing all the warmth, beauty and God's presence in the Cathedral directly to you! We invite you to interact with us in new ways, and we hope you find a measure of comfort and God's grace in these challenging times.

COVID-19 closures have disrupted life for everyone, and we know this is a difficult time for many. You can help the Cathedral provide comfort and hope for our nation. Give today at <u>cathedral.org/support</u>

Your Online Cathedral

Enjoy exclusive online content at cathedral.org/online

PRAYER REQUESTS

<u>Submit prayers</u> for yourself, those you love and the world. During the week we offer these prayers during a time of prayer and intercession.

LEARN & EXPLORE

Since you can't visit the Cathedral, we'll bring the Cathedral to you! Each week we share new Cathedral highlights online. This week, we showcase our patron saints, Peter and Paul, in the Cathedral's art.

CHAPEL PILGRIMAGES

Join Cathedral clergy for a series of <u>Chapel Pilgrimages</u>, exploring the chapels and offering meditations.

LET THERE BE LEGO!

For \$2/brick, you can help build the world's largest Cathedral made of LEGO[®] bricks. All funds go toward repairing earthquake damage.

Virtual Coffee Hour

Sundays

Join Canon Vicar Dana Colley Corsello as we gather as a national, online congregation for a cup of virtual coffee. <u>Registration</u> is limited.

Carillon Recital

Saturday, July 11, 12:30 pm

Cathedral Carillonneur Edward M. Nassor plays a recital on the 53-bell Kibbey Carillon. Listen from outside on the Cathedral grounds (sorry, not webcast).

Oral Histories

ORAL HISTORIES: JUDY RUTHERFORD AND THE REV. VINCENT P. HARRIS

We can only work for a better future if we truly understand our past. The Cathedral's Racial Justice Task Force has been collecting a series of first-person oral histories from African American members of the Cathedral community to help us all learn, reflect and walk forward together. <u>Watch the series.</u>

COVID Memorial Prayers

Saturdays, noon

The Cathedral joins in grieving the lives lost to the coronavirus pandemic, and we share the pain of anxiety and loss in these uncertain times. <u>Submit the names</u> of friends or loved ones lost to the COVID-19 pandemic to be included in weekly memorial services.

Upcoming Guest Preacher

THE REV. DR. WILLIAM H. WILLIMON BISHOP IN THE UNITED METHODIST CHURCH & PROFESSOR OF THE PRACTICE OF CHRISTIAN MINISTRY, DUKE DIVINITY SCHOOL Sunday, July 12, 11:15 am

Online Concert

WE THE PEOPLE: JULY 4 CONCERT

It's not too late to watch our <u>online Independence Day concert</u> and celebrate the values that make America strong, resilient and compassionate. Featuring "The President's Own" United States Marine Orchestra, Michael W. Smith, Denyce Graves, former Senator Elizabeth Dole and more.

Online Spiritual Practices

ONLINE LISTENING FOR GOD Tuesday, July 7, 5:30 pm ONLINE CENTERING PRAYER Tuesday, July 7, 6 pm

Tuesday evening prayer gatherings are offered online from the Center for Prayer and Pilgrimage <u>Facebook page.</u>

SPIRITUAL SUMMER CAMP

Sundays, July 12, July 26 & August 9, 4– 5 pm

Why should kids have all the fun? Explore playful practices that nourish the spirit. Invite your friends or make new ones as we write, draw, and engage with the Spirit in creative community. <u>Register for the Zoom link and password.</u>

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The Holy Eucharist

The Fifth Sunday after Pentecost Independence Day, Observed July 5, 2020 11:15 AM

WASHINGTON NATIONAL CATHEDRAL

e hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness. —That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed, —That whenever any Form of Government becomes destructive of these ends, it is the Right of the People to alter or to abolish it, and to institute new Government, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to effect their Safety and Happiness. . . .

We, therefore, the Representatives of the United States of America, in General Congress, Assembled, appealing to the Supreme Judge of the world for the rectitude of our intentions, do, in the Name, and by Authority of the good People of these Colonies, solemnly publish and declare, That these United Colonies are, and of Right ought to be Free and Independent States. . . And for the support of this Declaration, with a firm reliance on the protection of divine Providence, we mutually pledge to each other our Lives, our Fortunes and our sacred Honor.

— The Declaration of Independence, ratified July 4, 1776

The Holy Eucharist The Fifth Sunday after Pentecost/Independence Day, Observed July 5, 2020 • 11:15 AM

Worship lies at the heart of the Christian life. It is in worship that we express our theology and define our identity. It is through encountering God within worship that we are formed and transformed as the people of God. One of the glories of the Episcopal Church is its liturgical worship. Liturgy refers to the patterns, forms, words, and actions through which public worship is conducted.

The people's responses are in **bold**.

This type of note, offering directions about the service is called a "rubric," which comes from the Latin word rubrica (red)—referring to a time when these instructional notes were always written in red.

THE ENTRANCE RITE

When the service is accompanied by music, it often begins with an instrumental piece of music, during which the congregation can prepare for worship.

PRELUDE

Monument

INTROIT

Heal Our Land

Refrain Hear our prayer, oh, hear our prayer. Hear our prayer, O Lord, and heal our land.

It's not so much that we've forgotten, But that we remember and are cold. And pay too little mind to the voice of God. Still we dare to be so bold.

Refrain

And may it be that we've not wandered Too far away to be redeemed, To turn a spark into a flame again And live this truth that we believe.

Refrain

At times I have denied it, At times I've justified it, To be the master of my fate. But we will not relive What we've let you forgive.

Find us falling on your mercy. Find us falling on your grace.

Refrain

Wayne Watson (b. 1954)

Brenda Portman (b. 1980)

HYMN AT THE PROCESSION • 718

God of our fathers, whose almighty hand

Sung by all.

We begin our worship as a gathered community by praising God in song.



OPENING PRAYER

The Great Spirit Prayer

trans. Chief Yellow Lark

THE OPENING ACCLAMATION

Blessed be the one, holy, and living God. Glory to God for ever and ever.

THE COLLECT FOR PURITY

This prayer was an English rendering of a Latin prayer that began the liturgy in the medieval church before the Reformation. It remains a distinctive part of Episcopal worship to this day.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen. Dios omnipotente, para quien todos los corazones están manifiestos, todos los deseos son conocidos y ningún secreto se halla encubierto: Purifica los pensamientos de nuestros corazones por la inspiración de tu Santo Espíritu, para que perfectamente te amemos y dignamente proclamemos la grandeza de tu santo Nombre; por Cristo nuestro Señor. Amén. Sung by all.

The Gloria, or some other song of praise, centers the service on the God we gather to praise in our worship.



The Word of God

THE COLLECT FOR THE FIFTH SUNDAY AFTER PENTECOST

The collect is the prayer appointed for each Sunday that "collects" or captures the theme of the day or season of the Church year. It summarizes the attributes of God as revealed in the scriptures for the day.

The Lord be with you. And also with you. Let us pray.

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A PRAYER FOR THE NATION

Lord God Almighty, you have made all the peoples of the earth for your glory, to serve you in freedom and in peace: Give to the people of our country a zeal for justice and the strength of forbearance, that we may use our liberty in accordance with your gracious will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE FIRST READING

This reading is typically from the Old Testament (Hebrew Scriptures) which Jesus knew and from which he often referred or quoted.

Deuteronomy 10:17-21

The Lord your God is God of gods and Lord of Lords, the great God, mighty and awesome, who is not partial and takes no bribe, who executes justice for the orphan and the widow, and who loves the strangers, providing them food and clothing. You shall also love the stranger, for you were strangers in the land of Egypt. You shall fear the Lord your God; him alone you shall worship; to him you shall hold fast, and by his name you shall swear. He is your praise; he is your God, who has done for you these great and awesome things that your own eyes have seen.

The Word of the Lord. Thanks be to God.

Deuteronomio 10:17-21

El Señor su Dios es el Dios de dioses y el Señor de señores; él es el Dios soberano, poderoso y terrible, que no hace distinciones ni se deja comprar con regalos; que hace justicia al huérfano y a la viuda, y que ama y da alimento y vestido al extranjero que vive entre ustedes. Ustedes, pues, amen al extranjero, porque también ustedes fueron extranjeros en Egipto. Honren al Señor su Dios, y adórenlo sólo a él; séanle fieles, y cuando tengan que hacer un juramento, háganlo en su nombre. Porque él es el motivo de la alabanza de ustedes; él es su Dios, que ha hecho por ustedes estas cosas grandes y maravillosas que han visto.

Palabra del Señor. Demos gracias a Dios.

Sung by the cantor.

The psalms are prayers that Jesus used and cover every mood of humanity's relationship with God and one another.

Psalm 145:1-9

Salmo 145:1-9

I will exalt you, O God my King, and bless your Name for ever and ever. Every day will I bless you and praise your Name for ever and ever. Great is the Lord and greatly to be praised; there is no end to his greatness. One generation shall praise your works to another and shall declare your power. I will ponder the glorious splendor of your majesty and all your marvelous works. They shall speak of the might of your wondrous acts, and I will tell of your greatness. They shall publish the remembrance of your great goodness; they shall sing of your righteous deeds. The Lord is gracious and full of compassion, slow to anger and of great kindness. The Lord is loving to everyone and his compassion is over all his works.

Te exaltaré, oh Dios, mi Rey, y bendeciré tu Nombre por siempre jamás. Día tras día te bendeciré, y alabaré tu Nombre por siempre jamás. Grande es el Señor, y digno de toda alabanza; ilimitable es su grandeza. Generación a generación loará tus obras, y proclamará tus hazañas. Meditaré en la gloria y el esplendor de tu majestad, y en todas tus acciones maravillosas. Se anunciará el poder de tus hechos temibles, y yo cantaré tus grandes proezas. Se publicará la memoria de tu inmensa bondad; se cantará tu justicia. Clemente y compasivo es el Señor, lento para la ira y grande en misericordia. Amante es el Señor para con todos; su compasión está sobre todas sus obras.

THE SECOND READING

This reading, taken from the New Testament, is typically from a letter (epistle) to the early Church, the Acts of the Apostles, or the Revelation to John.

Romans 7:15-25a

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

The Word of the Lord. Thanks be to God.

Romanos 7:15-25a

No entiendo el resultado de mis acciones, pues no hago lo que quiero, y en cambio aquello que odio es precisamente lo que hago. Pero si lo que hago es lo que no quiero hacer, reconozco con ello que la ley es buena. Así que ya no soy yo quien lo hace, sino el pecado que está en mí. Porque yo sé que en mí, es decir, en mi naturaleza débil, no reside el bien; pues aunque tengo el deseo de hacer lo bueno, no soy capaz de hacerlo. No hago lo bueno que quiero hacer, sino lo malo que no quiero hacer. Ahora bien, si hago lo que no quiero hacer, ya no soy yo quien lo hace, sino el pecado que está en mí. Me doy cuenta de que, aun queriendo hacer el bien, solamente encuentro el mal a mi alcance. En mi interior me gusta la ley de Dios, pero veo en mí algo que se opone a mi capacidad de razonar: es la ley del pecado, que está en mí y que me tiene preso. ¡Desdichado de mí! ¿Quién me librará del poder de la muerte que está en mi cuerpo? Solamente Dios, a quien doy gracias por medio de nuestro Señor Jesucristo.

Palabra del Señor. Demos gracias a Dios.

HYMN AT THE SEQUENCE

Lift every voice and sing

Sung by all.

The sequence hymn moves us toward the summit of the Liturgy of the Word—the reading of the Holy Gospel. Gospel means "good news"—specifically the "good news of Jesus."



THE HOLY GOSPEL

This reading is taken from one of the four Gospels (Matthew, Mark, Luke, and John), which depict the life, teachings, death, resurrection, and ascension of our Lord Jesus Christ. We stand for the Gospel reading to show the particular importance placed on Jesus² words and actions.

Matthew 11:16-19, 25-30

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, Lord Christ.

Jesus said, "To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another, 'We played the flute for you, and you did not dance; we wailed, and you did not mourn.' For John came neither eating nor drinking, and they say, 'He has a demon'; the Son of Man came eating and drinking, and they say, 'Look, a glutton and a drunkard, a friend of tax collectors and sinners!' Yet wisdom is vindicated by her deeds." At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

The Gospel of the Lord. **Praise to you, Lord Christ.** Mateo 11:16-19, 25-30

Santo Evangelio de nuestro Señor Jesucristo, según Mateo. ¡Gloria a ti, Cristo Señor!

Jesús dijo: «¿A qué compararé la gente de este tiempo? Se parece a los niños que se sientan a jugar en las plazas y gritan a sus compañeros: "Tocamos la flauta, pero ustedes no bailaron; cantamos canciones tristes, pero ustedes no lloraron." Porque vino Juan, que ni come ni bebe, y dicen que tiene un demonio. Luego ha venido el Hijo del hombre, que come y bebe, y dicen que es glotón y bebedor, amigo de gente de mala fama y de los que cobran impuestos para Roma. Pero la sabiduría de Dios se demuestra por sus resultados.» En aquel tiempo, Jesús dijo: «Te alabo, Padre, Señor del cielo y de la tierra, porque has mostrado a los sencillos las cosas que escondiste de los sabios y entendidos. Sí, Padre, porque así lo has querido. Mi Padre me ha entregado todas las cosas. Nadie conoce realmente al Hijo, sino el Padre; y nadie conoce realmente al Padre, sino el Hijo y aquellos a quienes el Hijo quiera darlo a conocer. Vengan a mí todos ustedes que están cansados de sus trabajos y cargas, y yo los haré descansar. Acepten el yugo que les pongo, y aprendan de mí, que soy paciente y de corazón humilde; así encontrarán descanso. Porque el yugo que les pongo y la carga que les doy a llevar son ligeros.»

El Evangelio del Señor. Te alabamos, Cristo Señor.

THE SERMON

David Brooks Journalist and author

The sermon directly follows the Gospel because it is to be grounded in the scriptures. It illuminates the scriptural readings and relates them to daily life.

AFFIRMATION OF FAITH

As we gather around this civic holiday we express our unity as the family of God by declaring our faith in the triune God with this affirmation of faith.

Let us declare our faith in God.	Declaremos nuestra fe en Dios.
We believe in God the Father,	Creemos en Dios el Padre,
from whom every family	de quien todas las familias
in heaven and on earth is named.	en el cielo y en la tierra son nombradas.
We believe in God the Son,	Creemos en Dios el Hijo,
who lives in our hearts through faith,	quien vive en nuestros corazones por la fe,
and fills us with his love.	y nos llena con su amor.
We believe in God the Holy Spirit,	Creemos en Dios el Espíritu Santo,
who strengthens us	quien nos fortalece
with power from on high.	con el poder desde lo alto.
We believe in one God;	Creemos en un solo Dios;
Father, Son, and Holy Spirit.	Padre, Hijo, y Espíritu Santo.
Amen.	Amén.

A LITANY FOR THE NATION

We pray for ourselves and particularly on behalf of others. In our prayers we pray for the for Universal Church, the nation and all who govern, the welfare of the world, the concerns of our community of faith, including those who are in need or suffer, and for the departed. We are reminded in prayer that we are part of a larger fellowship, the Church—the Body of Christ.

After each intercession,	Después de cada intercesión,
Lord, in your mercy	Señor, en tu misericordia
Hear our prayer.	Atiende nuestra súplica.

The presider prays the concluding collect, and the people respond, Amen.

The confession \mathcal{C} absolution

Confessing our sins, receiving forgiveness (absolution), and showing signs of peace to one another prepare us to receive Christ in the Sacrament of Holy Communion.

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

The presider offers absolution and the people respond, Amen.

Dios de misericordia, confesamos que hemos pecado contra ti, oponiéndonos a tu voluntad en nuestras vidas. Hemos negado tu bondad el uno del otro, en nosotros mismos, y en el mundo que has creado. Nos arrepentimos del mal que nos esclaviza, el mal que hemos hecho, y el mal que ha sido hecho en nuestro nombre. Perdona, restaura, y fortalécenos a través de nuestro Salvador Jesucristo, que podamos permanecer en tu amor y servir solo a tu voluntad. Amén.

THE PEACE

The peace of the Lord be always with you. And also with you.

La paz del Señor sea siempre con ustedes. Y con tu espíritu.

THE HOLY COMMUNION

THE OFFERTORY

Having listened to the Word of God, affirmed our faith, confessed our sins, received forgiveness and shared in the peace, we are prepared for the drama and miracle of the Holy Communion. At the offertory, we gratefully offer back to God some of what God has given us, symbolically in the bread and wine, and in the money we give.

All are invited to make a gift to support the Cathedral's ministry of sharing God's love with the world by texting the dollar amount you wish to give to (202) 856-9005 or visiting cathedral.org/support.

The altar is prepared for Holy Communion.

ANTHEM AT THE OFFERTORY

My World Needs You	Sung by the cantor.	Kirk Franklin (b. 1970)
Show me your face, Fill up this face, My world needs you right now My world needs you right now. I can't escape Being afraid, Fill me with you right now My world needs you right now. Power fall down, Bring with it a sound That points us to you right now, Erase substitutes right now. Fix what I see, And God, please fix me, Let us see you right now. My world needs you right now. Show me your face, Fill up this space, My world needs you right now, My world needs you right now, My world needs you right now.	Storms may come, bu all things chang Kingdoms fall, one th Forever reigns, is you	name Jesus, e power is, the authority, e great I AM, ngs, you're the Lord of Lords. t when we call your name, ge. hing t Name. bw that your great Name

THE GREAT THANKSGIVING

In the Great Thanksgiving, we do what Jesus himself asked us to do: thank God and recall all that God has done for us in the life, death, and resurrection of Christ. The Great Thanksgiving, or Eucharistic Prayer, is a long prayer with four parts. Each of these four parts corresponds to a different action of Jesus at the Last Supper, where he took, blessed, broke, and gave bread and wine as sacraments of his body and blood. We begin the Great Thanksgiving with the Sursum corda, meaning "Lift up your hearts."

The Lord be with you. And also with you.

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give our thanks and praise.

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

SANCTUS & BENEDICTUS

Sung by all.

Land of Rest

The Sanctus (Holy, Holy, Holy) is the hymn of praise that never ceases before God and is based on Isaiah 6:3.



We recall God's acts of salvation history. The presider says the "Words of Institution" that Jesus said at the Last Supper. At the Memorial Acclamation we remember Christ's death, resurrection, and promise to return at the end of the age. During the prayer, the Holy Spirit is invoked to bless and sanctify the gifts of bread and wine.

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love.

You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with our patrons, the Apostles Peter and Paul, and all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. AMEN.

THE LORD'S PRAYER

We pray together the prayer that Jesus taught his disciples to pray. The link between our daily bread and the spiritual food we receive in the Eucharist is an ancient connection.

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven,	Padre nuestro que estás en el cielo,
hallowed be thy Name,	santificado sea tu Nombre,
thy kingdom come,	venga tu reino,
thy will be done,	hágase tu voluntad,
on earth as it is in heaven.	en la tierra como en el cielo.
Give us this day our daily bread.	Danos hoy nuestro pan de cada día.
And forgive us our trespasses,	Perdona nuestras ofensas,
as we forgive those	como también nosotros perdonamos
who trespass against us.	a los que nos ofenden.
And lead us not into temptation,	No nos dejes caer en tentación
but deliver us from evil.	y líbranos del mal.
For thine is the kingdom,	Porque tuyo es el reino,
and the power, and the glory,	tuyo es el poder,
for ever and ever. Amen.	y tuya es la gloria,
	ahora y por siempre. Amén.

Notre Père..., Padre nuestro..., Vater unser...,

The breaking of the bread ${\mathscr G}$ the fraction anthem

The presider breaks the bread in silence.



THE INVITATION TO HOLY COMMUNION

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

The presider invites the following prayer to be said by all.

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot receive you in the Sacrament of your Body and Blood, come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

LA INVITACIÓN A LA SANTA EUCARISTÍA

La comunión espiritual es una devoción personal que cualquier persona puede orar en cualquier momento expresando su deseo de recibir la Santa Comunión en ese instante, pero en que la circunstancias le impide de recibir los elementos reales de la Santa Comunión.

El presidente invita a todos a rezar esta oración.

Jesús mío, creo que estás verdaderamente presente en el Sagrado Sacramento del Altar. Te amo por encima de todas las cosas, y te anhelo en mi alma. Como no te puedo recibir en el Sacramento de tu Cuerpo y Sangre, entra al menos espiritualmente en mi corazón. Límpiame y fortaléceme con tu gracia, Señor Jesús, y nunca permitas que me separe de ti. Que pueda vivir en ti, y tú en mí, en esta vida y en la vida venidera. Amén.

ANTHEM DURING THE COMMUNION

O Freedom, Op. 1104

Sung by the cantor.

O freedom, lovely in my eyes, To thee I'm bound in duty. In thee I find eternal bliss, Thy ways are the ways of beauty.

As fawns upon the mountain height Or eagles in their flight, To be in perfect liberty My soul longs to be free.

(William C. Brackett, ca. 1807-1887; Watervliet, New York, Shaker community)

THE POSTCOMMUNION PRAYER

Gracious God, lover of all,	Dios bondadoso, quien ama a todos,
in this Sacrament	en este Sacramento
we are one family in Christ your Son,	somos una sola familia en Cristo tu Hijo,
one in the sharing of his Body and Blood	uno en el compartir de su Cuerpo y Sangre
and one in the communion of his Spirit:	y uno en la comunión de su Espíritu:
help us to grow in love for one another	ayúdanos a crecer en amor unos por otros
and come to the full maturity of the Body of Christ.	y a llegar a la plena madurez del Cuerpo de Cristo.
We make our prayer through your Son our Savior. Amen.	Hacemos nuestra oración a través de tu Hijo
	nuestro Salvador.
	Amén.

THE BLESSING

The presider blesses the people, and the people respond, Amen.

HYMN AT THE CLOSING • 719

O beautiful for spacious skies

Sung by all.

Materna



THE DISMISSAL

Be watchful, stand firm in your faith, be courageous and strong. Practice justice and mercy and let all that you do be done in love.

Thanks be to God.

Sé vigilante, mantente firme en tu fe, sé valiente y fuerte. Practica la justicia y la misericordia y deja que todo lo que hagas se haga en amor. **Demos gracias a Dios.**

POSTLUDE

God, Shed Your Grace on Us

Dennis Jernigan (b. 1959)

A Prayer for the Power of the Spirit Among the People of God

God of all power and love, we give thanks for your unfailing presence and the hope you provide in times of uncertainty and loss. Send your Holy Spirit to enkindle in us your holy fire. Revive us to live as Christ's body in the world: a people who pray, worship, learn, break bread, share life, heal neighbors, bear good news, seek justice, rest and grow in the Spirit. Wherever and however we gather, unite us in common prayer and send us in common mission, that we and the whole creation might be restored and renewed, through Jesus Christ our Lord. Amen.

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Una Oración por el Poder del Espíritu Entre el Pueblo de Dios

Dios de todo poder y amor, te damos gracias por tu constante presencia y por la esperanza que brindas en tiempos de incertidumbre y de pérdida. Envía tu Espíritu Santo a encender en nosotros tu fuego santo. Revívenos para vivir como cuerpo de Cristo en el mundo: un pueblo que ora, adora, parte el pan, comparte la vida, atiende a sus prójimos, es portador de buenas nuevas, busca la justicia, descansa y crece en el Espíritu. Dondequiera y de cualquier manera que nos reunamos, únenos en oración comunitaria y envíanos en una misión común: que nosotros y toda la creación podamos ser restaurados y renovados, mediante Jesucristo nuestro Señor. Amén.

— The church-wide leadership of The Episcopal Church and the Evangelical Lutheran Church in America in response to the COVID-19 pandemic and commended for prayer May 31–September 6, 2020.

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