

The Holy Eucharist

The Seventh Sunday after Pentecost

July 28, 2019 • 10:00 AM

WASHINGTON NATIONAL CATHEDRAL

The people's responses are in bold.

THE ENTRANCE RITE

CARILLON PRELUDE

Praise, my soul, the King of heaven

Lauda anima; arr. James B. Slater (1927-2019)

ORGAN VOLUNTARY

Cantabile

César-August Franck (1822-1890)

The people remain seated during the introit.

INTROIT

My soul, sing the praise of the Lord

Peter Hallock (1924-2014)

My soul, sing the praise of the Lord,

as long as life shall last sing out the glories of God the maker.

The Lord give sight for our blindness; His truth is the power to set us free,

Our God remains, O Jerusalem, Ruler of all ages.

My soul, as long as this earthly life remains

sing out the glories of God the maker.

(Psalm 146:1, 7, 9)

The people stand as able at the introduction to the hymn.

HYMN AT THE PROCESSION • 410

Praise, my soul, the King of heaven

Sung by all.

Lauda anima

THE OPENING ACCLAMATION

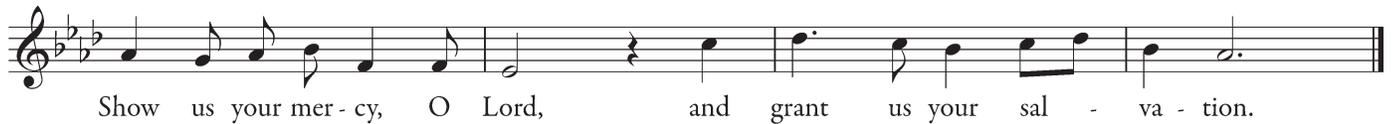
Blessed be God: Father, Son, and Holy Spirit.

And blessed be God's kingdom, now and for ever. Amen.

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The choir introduces the antiphon, then all repeat.



The choir sings the psalm.

You have been gracious to your land, O Lord,
 you have restored the good fortune of Jacob.
 You have forgiven the iniquity of your people
 and blotted out all their sins.
 You have withdrawn all your fury
 and turned yourself from your wrathful
 indignation.
 Restore us then, O God our Savior;
 let your anger depart from us.
 Will you be displeased with us for ever?
 will you prolong your anger from age to age?
 Will you not give us life again,
 that your people may rejoice in you?
 Show us your mercy, O Lord,
 and grant us your salvation.

I will listen to what the Lord God is saying,
 for he is speaking peace to his faithful people
 and to those who turn their hearts to him.
 Truly, his salvation is very near to those who fear him,
 that his glory may dwell in our land.
 Mercy and truth have met together;
 righteousness and peace have kissed each other.
 Truth shall spring up from the earth,
 and righteousness shall look down from heaven.
 The Lord will indeed grant prosperity,
 and our land will yield its increase.
 Righteousness shall go before him,
 and peace shall be a pathway for his feet.

All repeat the antiphon.

THE SECOND READING

Colossians 2:6-15, 16-19

As you therefore have received Christ Jesus the Lord, continue to live your lives in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving. See to it that no one takes you captive through philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe, and not according to Christ. For in him the whole fullness of deity dwells bodily, and you have come to fullness in him, who is the head of every ruler and authority. In him also you were circumcised with a spiritual circumcision, by putting off the body of the flesh in the circumcision of Christ; when you were buried with him in baptism, you were also raised with him through faith in the power of God, who raised him from the dead. And when you were dead in trespasses and the uncircumcision of your flesh, God made you alive together with him, when he forgave us all our trespasses, erasing the record that stood against us with its legal demands. He set this aside, nailing it to the cross. He disarmed the rulers and authorities and made a public example of them, triumphing over them in it. Therefore do not let anyone condemn you in matters of food and drink or of observing festivals, new moons, or sabbaths. These are only a shadow of what is to come, but the substance belongs to Christ. Do not let anyone disqualify you, insisting on self-abasement and worship of angels, dwelling on visions, puffed up without cause by a human way of thinking, and not holding fast to the head, from whom the whole body, nourished and held together by its ligaments and sinews, grows with a growth that is from God.

The Word of the Lord.
Thanks be to God.

The people stand as able at the introduction to the hymn.

HYMN AT THE SEQUENCE

My hope is built on nothing less

Sung by all.

Christ the Solid Rock

1. My hope is built on noth - ing less than Je - sus' blood and right - eous - ness;
2. When dark - ness veils His love - ly face, I rest on His un - chang - ing grace;
3. His oath, His cov - e - nant and blood, sup - port me in the whelm - ing flood;
4. When He shall come with trum - pet sound, O may I then in Him be found;

1. I dare not trust the sweet - est frame, but whol - ly lean on Je - sus' name.
2. in ev - 'ry high and storm - y gale, my an - chor holds with - in the veil.
3. when all a - round my soul gives way, He then is all my hope and stay.
4. dressed in His right - eous - ness a - lone, fault - less to stand be - fore the throne.

Refrain

On Christ, the so - lid Rock, I stand, all oth - er ground

is sink - ing sand, all oth - er ground is sink - ing sand.

THE HOLY GOSPEL

Luke 11:1-13

The Holy Gospel of our Lord Jesus Christ according to Luke.

Glory to you, Lord Christ.

Jesus was praying in a certain place, and after he had finished, one of his disciples said to him, "Lord, teach us to pray, as John taught his disciples." He said to them, "When you pray, say: Father, hallowed be your name. Your kingdom come. Give us each day our daily bread. And forgive us our sins, for we ourselves forgive everyone indebted to us. And do not bring us to the time of trial." And he said to them, "Suppose one of you has a friend, and you go to him at midnight and say to him, 'Friend, lend me three loaves of bread; for a friend of mine has arrived, and I have nothing to

set before him.' And he answers from within, 'Do not bother me; the door has already been locked, and my children are with me in bed; I cannot get up and give you anything.' I tell you, even though he will not get up and give him anything because he is his friend, at least because of his persistence he will get up and give him whatever he needs. So I say to you, Ask, and it will be given you; search, and you will find; knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened. Is there anyone among you who, if your child asks for a fish, will give a snake instead of a fish? Or if the child asks for an egg, will give a scorpion? If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!"

The Gospel of the Lord.
Praise to you, Lord Christ.

The people are seated at the invitation of the preacher.

THE SERMON

The Reverend Dr. Andrew K. Barnett

The people stand as able.

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation, he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

After each intercession,

We pray to you, O Lord,
Lord, have mercy.

The presider prays the concluding collect, and the people respond, Amen.

THE CONFESSION & ABSOLUTION

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The presider offers absolution and the people respond, Amen.

THE PEACE

The peace of the Lord be always with you.
And also with you.

The people greet one another with a sign of God's peace and are then seated.

THE OFFERTORY

An offering is received to support the Cathedral's ministry of sharing God's love with the world.

The altar is prepared for Holy Communion.

ANTHEM AT THE OFFERTORY

Jubilate Deo

Benjamin Britten (1913-1976)

O be joyful in the Lord all ye lands; serve the Lord with gladness and come before his presence with a song. Be ye sure that the Lord he is God; it is he that hath made us and not we ourselves; we are his people and the sheep of his pasture. O go your way into his gates with thanksgiving and into his courts with praise; be thankful unto him and speak good of his Name. For the Lord is gracious; his mercy is everlasting; and his truth endureth from generation to generation. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be: world without end. Amen.

(Psalm 100)

The people stand as able at the introduction to the hymn.

HYMN AT THE PRESENTATION • 300

Glory, love, and praise, and honor

Sung by all.

Benifold

THE HOLY COMMUNION

THE GREAT THANKSGIVING

The Lord be with you.
And also with you.
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give God thanks and praise.

The presider offers thanks to God for the grace and mercy made available in Christ, and in response the people sing:

SANCTUS & BENEDICTUS

Sung by all.

Land of Rest

Ho - ly, ho - ly, ho - ly Lord, God of power and might, heav'n and earth are
full of your glo-ry. Ho - san - na in the high - est. Bless - ed is he who comes
in the name of the Lord. Ho - san - na in the high - est. Ho - san - na in the high - est.

The presider gives thanks to God for Christ's life, passion, and resurrection and prays over the bread and wine.

Therefore, according to his command, O Father,

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Saint Peter and Saint Paul, our patrons, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

THE LORD'S PRAYER

Notre Père..., Padre nuestro..., Vater unser...,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

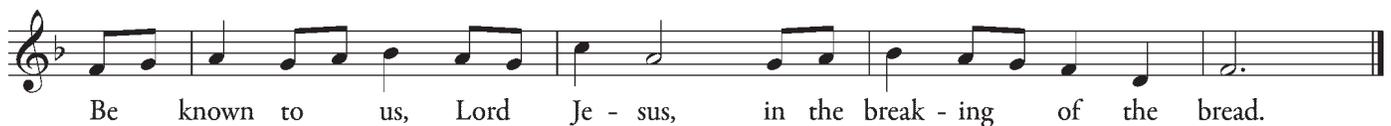
THE BREAKING OF THE BREAD & THE FRACTION ANTHEM

The presider breaks the bread in silence.

Be known to us, Lord Jesus

Gary James (b. 1957)

The choir introduces the refrain, then all repeat.



The choir sings the verses.

The bread which we break, alleluia, is the communion of the body of Christ. *Refrain*
One body are we, alleluia, for though many, we share one bread. *Refrain*

THE INVITATION TO HOLY COMMUNION

The people are seated.

All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Please receive the bread in open and outstretched hands and sip the wine from the chalice, guiding it gently to your lips; or you may dip the wafer into the wine. Gluten-free wafers are available; please make your need known to the minister. Respond to receiving Communion by saying "Amen." If you prefer to receive a blessing instead, please indicate your choice by crossing your hands across your chest. Those who wish to have Holy Communion brought to them at their seat should notify an usher.

During the administration of Holy Communion, the laying on of hands and prayers for healing are offered in St. John's Chapel. Please enter the chapel by the ramp or stairs to the right of the pulpit.

ANTHEM DURING THE COMMUNION

Geistliches Lied, op. 30

Johannes Brahms (1833-1897)

Sung in German. Let nothing ever grieve you; remain calm, as God ordains; therefore be content, my will. Why do you worry today about tomorrow? The one true God guarantees all; he will give to you what is yours. In all your affairs be changeless, remain firm. As God decrees, that is the best. Amen.

(Paul Fleming, 1609-1640)

The people stand as able.

SENDING FORTH EUCHARISTIC VISITORS *(when scheduled)*

In the name of God and this Cathedral Church, we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's Body and Blood.

We who are many are one body, because we all share one bread, one cup.

THE POSTCOMMUNION PRAYER

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

PRAYER OF THANKSGIVING & FAREWELL

THE BLESSING

The presider blesses the people, and the people respond, Amen.

HYMN AT THE CLOSING • 555

Lead on, O King eternal

Sung by all.

Lancashire

THE DISMISSAL

Let us go forth in the name of Christ.

Thanks be to God.

ORGAN VOLUNTARY

Psalms 150

Sigfrid Karg-Elert (1877-1933)

WORSHIP LEADERS The Reverend Canon Jan Naylor Cope, The Reverend Canon Dana Colley Corsello, The Reverend Canon Leonard L. Hamlin, Sr., The Reverend Dr. Andrew K. Barnett, The Reverend Sarah E. Slater, The Reverend David Griswold, the choir of the Royal School of Church Music: Washington, DC, course.

FLOWERS The flowers throughout the Cathedral are given to the glory of God. The High Altar: in loving memory of Sandra and Dick Hynson; St. Mary's Chapel Altar: in memory of Olga Pituch Zorena; Holy Spirit Chapel Altar: in memory of Nancy S. Montgomery; Children's Chapel Altar: in memory of Blanche E. Johnson; Bethlehem Chapel Altar: in memory of Verita Sansom Korth Sheshunoff.

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