

The Holy Eucharist

The First Sunday in Lent

March 10, 2019 • 11:15 AM

WASHINGTON NATIONAL CATHEDRAL

The people's responses are in bold.

THE ENTRANCE RITE

PRELUDE

Passacaglia in C minor, BWV 582

Johann Sebastian Bach (1685-1750)

INTROIT

Call to remembrance

Richard Farrant (1530-1580)

Call to remembrance, O Lord Thy tender mercies and thy loving kindness, which hath been ever of old, O remember not the sins and offences of my youth: But according to thy mercy think thou on me, O Lord, for thy goodness.

(Psalm 25:5-6)

At the sounding of the bells, the people stand as able as the procession enters in silence.

THE LENTEN ACCLAMATION

Bless the Lord who forgives all our sins.

His mercy endures for ever.

THE INVITATION TO A HOLY LENT

Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.

The people may kneel or be seated.

Most holy and merciful God: We confess to you and to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone.

We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

Cantor *Congregation*

We con - fess to you. Have mer - cy on us.

We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit. We confess to you.

Have mercy on us.

All our past unfaithfulness: the pride, hypocrisy and impatience of our lives, we confess to you.

Have mercy on us.

Our self-indulgent appetites and ways, and our exploitation of other people, we confess to you.

Have mercy on us.

Our anger at our own frustration and our envy of those more fortunate than ourselves, we confess to you.

Have mercy on us.

Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work, we confess to you.

Have mercy on us.

Our negligence in prayer and worship, and our failure to commend the faith that is in us, we confess to you.

Have mercy on us.

Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty.

Cantor *Congregation*

Have mer - cy on us. Ac - cept our re-pent-ance, O Lord.

For all false judgments, for uncharitable thoughts toward our neighbors, and for our prejudice and contempt toward those who differ from us, have mercy on us.

Accept our repentance, O Lord.

For our waste and pollution of your creation, and our lack of concern for those who come after us, have mercy on us.

Accept our repentance, O Lord.

Restore us, good Lord, and let your anger depart from us.

Congregation

Fav - or - ab - ly hear us, for your mer - cy is great.

Accomplish in us the work of your salvation,

Congregation



That we may show forth your glo - ry in the world.

By the cross and passion of your Son our Lord,

Congregation



Bring us with your saints to the joy of res - ur - rec - tion.

KYRIE ELEISON

Cantor *Congregation*



Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

Cantor *Congregation*



Chri - ste e - le - i - son. Chri - ste e - le - i - son.

Cantor *Congregation*



Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

Silence is kept.

The presider offers the declaration of forgiveness, and the people respond, Amen.

THE WORD OF GOD

THE COLLECT FOR THE FIRST SUNDAY IN LENT

The Lord be with you.

And also with you.

Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The people are seated.

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

The Word of the Lord.

Thanks be to God.

PSALM 91: 1-2, 9-16

chant: plainsong, Tone IV

He who dwells in the shelter of the Most High,
abides under the shadow of the Almighty.

He shall say to the Lord,
"You are my refuge and my stronghold,
my God in whom I put my trust."

Because you have made the Lord your refuge,
and the Most High your habitation,

There shall no evil happen to you,
neither shall any plague come near your dwelling.

For he shall give his angels charge over you,
to keep you in all your ways.

They shall bear you in their hands,
lest you dash your foot against a stone.

You shall tread upon the lion and adder;
you shall trample the young lion and the serpent
under your feet.

Because he is bound to me in love,
therefore will I deliver him;
I will protect him, because he knows my Name.

He shall call upon me, and I will answer him;
I am with him in trouble;
I will rescue him and bring him to honor.

With long life will I satisfy him,
and show him my salvation.

THE SECOND READING

Romans 10:8b-13

“The word is near you, on your lips and in your heart” (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.”

The Word of the Lord.

Thanks be to God.

The people stand as able at the introduction of the hymn.

HYMN AT THE SEQUENCE • 147

Now let us all with one accord

Bourbon

THE HOLY GOSPEL

Luke 4:1-13

The Holy Gospel of our Lord Jesus Christ according to Luke.

Glory to you, Lord Christ.

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, “If you are the Son of God, command this stone to become a loaf of bread.” Jesus answered him, “It is written, ‘One does not live by bread alone.’” Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, “To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.” Jesus answered him, “It is written, ‘Worship the Lord your God, and serve only him.’” Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down from here, for it is written, ‘He will command his angels concerning you, to protect you,’ and ‘On their hands they will bear you up, so that you will not dash your foot against a stone.’” Jesus answered him, “It is said, ‘Do not put the Lord your God to the test.’” When the devil had finished every test, he departed from him until an opportune time.

The Gospel of the Lord.

Praise to you, Lord Christ.

The people are seated at the invitation of the preacher.

THE SERMON

The Very Reverend Randolph Marshall Hollerith

THE NICENE CREED

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation,
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PEACE

The peace of the Lord be always with you.
And also with you.

The people greet one another with a sign of God's peace and are then seated.

THE OFFERTORY

*An offering is received to support the Cathedral's ministry of sharing God's love with the world.
The altar is prepared for Holy Communion.*

ANTHEM AT THE OFFERTORY

Wash me thoroughly

Wash me thoroughly from my wickedness, and forgive me all my sin.
For I acknowledge my faults, and my sin is ever before me. (*Psalm 51:2, 3*)

Samuel S. Wesley (1810-1876)

The people stand as able at the introduction of the hymn.

HYMN AT THE PRESENTATION • 150

Forty days and forty nights

Aus der Tiefe rufe ich

THE HOLY COMMUNION

THE GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

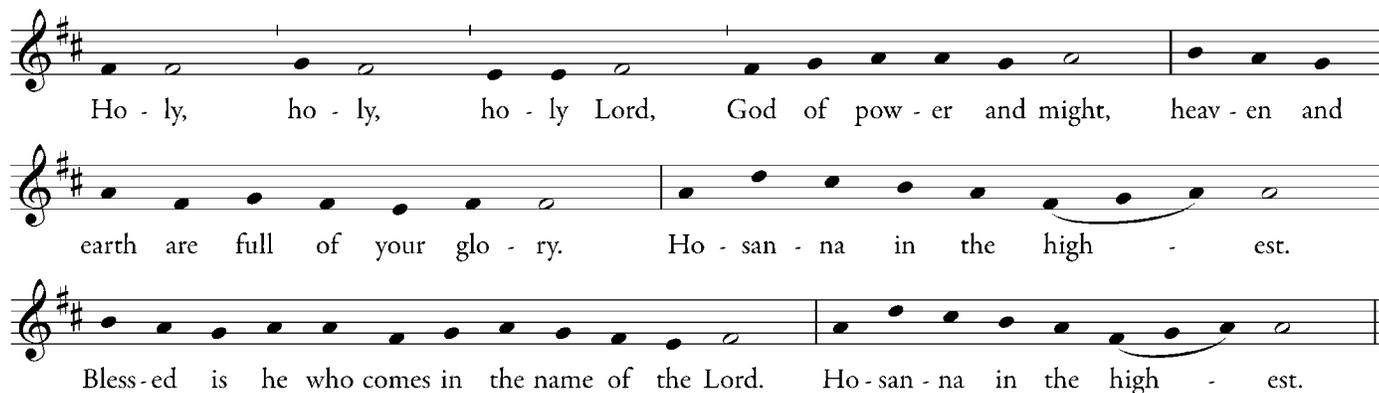
It is right, and a good and joyful thing, always and every where to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS & BENEDICTUS

David Hurd (b. 1950)



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, heav - en and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

THE LORD'S PRAYER

Notre Père..., Padre nuestro..., Vater unser...,

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

for ever and ever. Amen.

The presider breaks the bread in silence.

THE BREAKING OF THE BREAD & THE FRACTION ANTHEM

D. Hurd

Lamb of God, you take a - way the sins of the world: have mer - cy on us.

Lamb of God, you take a - way the sins of the world: have mer - cy on us.

Lamb of God, you take a - way the sins of the world: grant us peace.

THE INVITATION TO HOLY COMMUNION

The people are seated.

All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Please receive the bread in open and outstretched hands and sip the wine from the chalice, guiding it gently to your lips; or you may dip the wafer into the wine. Gluten-free wafers are available; please make your need known to the minister. Respond to receiving Communion by saying "Amen." If you prefer to receive a blessing instead, please indicate your choice by crossing your hands across your chest.

Those who wish to have Holy Communion brought to them at their seat should notify an usher.

During the administration of Holy Communion, the laying on of hands and prayers for healing are offered in St. John's Chapel. Please enter the chapel by the ramp or stairs to the right of the pulpit.

ANTHEM DURING THE COMMUNION

Super flumina Babylonis

Giovanni Pierluigi da Palestrina (1525-1594)

Sung in Latin.

By the waters of Babylon we sat down and wept, when we remembered you, O Zion.
As for our harps, we hung them up on the trees in the midst of that land.

(Psalm 137:1, 2)

The people stand as able.

THE POSTCOMMUNION PRAYER

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

During the season of Lent, in place of a final blessing, the presider offers a Prayer over the People.

THE PRAYER OVER THE PEOPLE

Let us bow down before the Lord.

The people may kneel or bow as able.

The presider prays over the people, and the people respond, Amen.

The people stand as able.

HYMN AT THE CLOSING • 143

The glory of these forty days

Erbalt uns, Herr

THE DISMISSAL

Let us bless the Lord.

Thanks be to God.

POSTLUDE

Introduction and Passacaglia in D minor

Max Reger (1873-1916)

WORSHIP LEADERS The Very Reverend Randolph Marshall Hollerith, The Reverend Canon Jan Naylor Cope, The Reverend Canon Dana Colley Corsello, The Reverend Canon Rosemarie Logan Duncan, The Reverend Canon Leonard L. Hamlin, Sr., The Reverend Andrew K. Barnett, The Girls Cathedral Choir.

FLOWERS In the mid-nave, the Lenten pedestals of branches are given in loving memory of Mary Ashley Scarborough. In accordance with the Cathedral practice of bare altars during the Lenten season, all flower endowments during Lent will be named in the leaflet and honored at Easter.

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HOLY WEEK & EASTER 2019

SUNDAY, APRIL 14: PALM SUNDAY: THE SUNDAY OF THE PASSION

Holy Eucharist with Liturgy of the Palms • 8 am (nave + live webcast)

Holy Eucharist with Liturgy of the Palms • 11:15 am (nave + live webcast)

TUESDAY, APRIL 16: TUESDAY IN HOLY WEEK

Holy Eucharist with Renewal of Vows and Blessing of Chrism • noon (nave)

THURSDAY, APRIL 18: MAUNDY THURSDAY

Holy Eucharist with Washing of Feet and the Stripping of the Altar • 7 pm (nave + live webcast)

Vigil with the Reserved Sacrament • 9 pm –12 am (St. John's Chapel)

FRIDAY, APRIL 19: GOOD FRIDAY

Morning Prayer in the Presence of the Reserved Sacrament • 10 am (St. John's Chapel)

Solemn Liturgy of Good Friday • noon (nave + live webcast)

Good Friday Evening Service • 7 pm (nave + live webcast)

SATURDAY, APRIL 20: EASTER EVE

The Great Vigil and First Eucharist of Easter • 8 pm (nave + live webcast)

SUNDAY, APRIL 21: THE SUNDAY OF THE RESURRECTION: EASTER DAY

Festival Holy Eucharist • 8:00 am and 11:15 am (nave + live webcast) *passes required*

Easter Day Organ Recital • 2 pm (nave + live webcast)

Festival Choral Evensong • 4 pm (nave + live webcast)

*For a full listing of special services and events for Lent, Holy Week, and Easter:
cathedral.org/lent*

Thank you for worshipping at the Washington National Cathedral today!

We invite you to support the mission and ministry of the Cathedral by using our mobile giving program.

Simply text the dollar amount you wish to give to (202) 856-9005. You'll be taken to a secure website to enter your credit card information, which is kept safe and secure.

Thank you in advance for your generosity and please know that your presence with us today has been a blessing.

Gifts for Easter flowers may be sent to the Washington National Cathedral Altar Guild, 3101 Wisconsin Avenue, NW, Washington, DC 20016.

To be included in the Easter service leaflet, gifts must be received by March 21.



3101 Wisconsin Avenue, NW · Washington, DC 20016
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