The people’s responses are in bold.

**The Entrance Rite**

**Carillon Prelude**

*Praise to the Lord, the Almighty*  
*Lobe den Herren*; arr. Edward M. Nassor (b. 1957)

**Organ Prelude**

*Schmücke dich, O liebe Seele*, BWV 654  
Johann Sebastian Bach (1685-1750)

*The people remain seated for the Introit.*

**Introit**

*Set me as a seal*  
William Walton (1902-1983)

Set me as a seal upon thine heart as a seal upon thine arm, for love is strong as death; many waters cannot quench love, neither can the floods drown it. (*From the Song of Solomon*)

*The people stand as able.*

**Processional Hymn • 390**

*Praise to the Lord, the Almighty*  
*Lobe den Herren*

**The Opening Acclamation**

Blessed be God: Father, Son, and Holy Spirit.  
And blessed be God’s kingdom, now and for ever. Amen.

**The Collect for Purity**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.
HYMN OF PRAISE

Gloria in excelsis Deo

Robert Powell (b. 1932)

The Word of God

THE COLLECT FOR THE SEVENTH SUNDAY AFTER THE EPIPHANY

The Lord be with you.
And also with you.
Let us pray.

O Lord, you have taught us that without love whatever we do is worth nothing: Send your Holy Spirit and pour into our hearts your greatest gift, which is love, the true bond of peace and of all virtue, without which whoever lives is accounted dead before you. Grant this for the sake of your only Son Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The people are seated.
Joseph said to his brothers, “I am Joseph. Is my father still alive?” But his brothers could not answer him, so dismayed were they at his presence.

Then Joseph said to his brothers, “Come closer to me.” And they came closer. He said, “I am your brother, Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither plowing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, ‘Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children's children, as well as your flocks, your herds, and all that you have. I will provide for you there—since there are five more years of famine to come—so that you and your household, and all that you have, will not come to poverty.’”

And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

The Word of the Lord.

Thanks be to God.

**PSALM 37:1-12**

*chant: Henry John Gauntlett (1805-1876)*

*The choir sings the antiphon; then all repeat.*

Do not fret yourself because of evildoers; do not be jealous of those who do wrong.

For they shall soon wither like the grass, and like the green grass fade away.

Put your trust in the Lord and do good; dwell in the land and feed on its riches.

Take delight in the Lord, and he shall give you your heart's desire.

Commit your way to the Lord and put your trust in him, and he will bring it to pass.

He will make your righteousness as clear as the light and your just dealing as the noonday.

Be still before the Lord and wait patiently for him.

Do not fret yourself over the one who prospers, the one who succeeds in evil schemes.

Refrain from anger, leave rage alone; do not fret yourself; it leads only to evil.

For evildoers shall be cut off, but those who wait upon the Lord shall possess the land.

In a little while the wicked shall be no more; you shall search out their place, but they will not be there.

But the lowly shall possess the land; they will delight in abundance of peace.

*All sing the antiphon.*
Someone will ask, “How are the dead raised? With what kind of body do they come?” Fool! What you sow does not come to life unless it dies. And as for what you sow, you do not sow the body that is to be, but a bare seed, perhaps of wheat or of some other grain. But God gives it a body as he has chosen, and to each kind of seed its own body.

So it is with the resurrection of the dead. What is sown is perishable, what is raised is imperishable. It is sown in dishonor, it is raised in glory. It is sown in weakness, it is raised in power. It is sown a physical body, it is raised a spiritual body. If there is a physical body, there is also a spiritual body. Thus it is written, “The first man, Adam, became a living being”; the last Adam became a life-giving spirit. But it is not the spiritual that is first, but the physical, and then the spiritual. The first man was from the earth, a man of dust; the second man is from heaven. As was the man of dust, so are those who are of the dust; and as is the man of heaven, so are those who are of heaven. Just as we have borne the image of the man of dust, we will also bear the image of the man of heaven.

What I am saying, brothers and sisters, is this: flesh and blood cannot inherit the kingdom of God, nor does the perishable inherit the imperishable.

The Word of the Lord.
Thanks be to God.

The people stand as able at the introduction of the hymn.

HYMN AT THE SEQUENCE • 445  

Praise to the Holiest in the height  

Gerontius

THE HOLY GOSPEL  


The Holy Gospel of our Lord Jesus Christ according to Luke.

Glory to you, Lord Christ.

Jesus said, “I say to you that listen, Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. Do to others as you would have them do to you.

“If you love those who love you, what credit is that to you? For even sinners love those who love them. If you do good to those who do good to you, what credit is that to you? For even sinners do the same. If you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful.

“Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Forgive, and you will be forgiven; give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back.”

The Gospel of the Lord.
Praise to you, Lord Christ.
The people are seated at the invitation of the preacher.

THE SERMON

The Reverend Canon Rosemarie Logan Duncan

THE NICE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation, he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

After each intercession,

Lord, in your mercy,
Hear our prayer.

The presider prays the concluding collect, and the people respond, Amen.

THE CONFESSION & ABSOLUTION

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The presider offers absolution and the people respond, Amen.

THE PEACE

The peace of the Lord be always with you.
And also with you.

The people greet one another with a sign of God’s peace and are then seated.
THE OFFERTORY

An offering is received to support the Cathedral’s ministry of sharing God’s love with the world.
The altar is prepared for Holy Communion.

ANTHEM AT THE OFFERTORY

Witness

Who’ll be a witness for my Lord? I’ll be a witness for my Lord. There was a man of the Pharisees, his name was Nicodemus and he didn’t believe. The same came to Christ by night, wanted to be taught out of human sight. Nicodemus was a man who desired to know how a man can be born when he is old. Christ told Nicodemus as a friend, man, you must be born again. He said marvel not, man, if you want to be wise, repent, believe, and be baptized. Then you’ll be a witness for my Lord, soul is a witness for my Lord. You read about Samson, from his birth. He was the strongest man that ever lived on earth. Way back yonder in ancient times he killed ten thousand of the Philistines. Then old Samson went a-wandrin’ about. Samson’s strength was never found out. ‘Til his wife sat upon his knee. She said, tell me where your strength lies, if you please! Well, old Samson’s wife, she talk so fair Samson said, Cut off-a my hair! Shave my head just as clean as your hand, and my strength will come like a natural man. Samson was a witness for my Lord, soul is a witness for my Lord. There’s another witness for my Lord! My soul is a witness for my Lord! (Negro spiritual)

The people stand as able at the introduction of the hymn.

HYMN AT THE PRESENTATION

Spirit of the living God, fall afresh on me

Living God

use me._ Spirit of the living God, fall afresh on me.
The Holy Communion

The great thanksgiving

The Lord be with you.
And also with you.
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

The presider offers thanks to God for the grace and mercy made available in Christ, and in response the people sing:

SANCTUS & BENEDICTUS

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love.

You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.
On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: “Take, eat: This is my Body which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:
Christ has died.
Christ is risen.
Christ will come again.

Remembering his death and resurrection, we now present to you from your creation this bread and this wine.

By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ’s Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Saint Peter, Saint Paul, and all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. AMEN.

THE LORD’S PRAYER

Notre Père..., Padre nostro..., Vater unser..., 

Our Father, who art in heaven, 
    hallowed be thy Name, 
    thy kingdom come, 
    thy will be done, 
    on earth as it is in heaven.
Give us this day our daily bread. 
And forgive us our trespasses, 
    as we forgive those 
    who trespass against us. 
And lead us not into temptation, 
    but deliver us from evil. 
For thine is the kingdom, 
    and the power, and the glory, 
    for ever and ever. Amen.

The presider breaks the bread in silence.
THE BREAKING OF THE BREAD & THE FRACTION ANTHEM

James Moore (b. 1951)

Taste and see, taste and see the goodness of the Lord.

THE INVITATION TO HOLY COMMUNION

The people are seated.

All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Please receive the bread in open and outstretched hands and sip the wine from the chalice, guiding it gently to your lips; or you may dip the wafer into the wine. Gluten-free wafers are available; please make your need known to the minister. Respond to receiving Communion by saying "Amen." If you prefer to receive a blessing instead, please indicate your choice by crossing your hands across your chest. Those who wish to have Holy Communion brought to them at their seat should notify an usher.

During the administration of Holy Communion, the laying on of hands and prayers for healing are offered in St. John’s Chapel. Please enter the chapel by the ramp or stairs to the right of the pulpit.

ANTHEM DURING THE COMMUNION

O sacrum convivium

Sung in Latin. O sacred feast, wherein Christ is received: the memory of his passion is renewed in us. Our souls are filled with grace, and the pledge of everlasting glory is given unto us. Alleluia.

(Antiphon for the Feast of Corpus Christi)

The people stand as able.

THE POSTCOMMUNION PRAYER

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom.

And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

The presider blesses the people, and people respond, Amen.
HYMN AT THE CLOSING  •  657

Love divine, all loves excelling  

THE DISMISSAL

Go in the light and peace of Christ.
Thanks be to God.

POSTLUDE

Toccata in F major, BWV 540  

J. S. Bach

The Washington Ringing Society will ring the Cathedral bells following the service.
Ash Wednesday

March 6, 2019

Begin your Lenten journey with us.

Holy Eucharist with Imposition of Ashes

7:30 AM

NOON

7:00 PM

Clergy will be available for the Rite of Reconciliation (Confession) throughout the day.
Thank you for worshipping at the Washington National Cathedral today!

We invite you to support the mission and ministry of the Cathedral by using our mobile giving program.

Simply text the dollar amount you wish to give to (202) 856-9005. You’ll be taken to a secure website to enter your credit card information, which is kept safe and secure.

Thank you in advance for your generosity and please know that your presence with us today has been a blessing.

Those wishing to make flower gifts for Easter 2019 are invited to submit their gifts to the Altar Guild before March 21.