



# The Holy Eucharist

The Fourth Sunday of Advent  
December 23, 2018 • 11:15 AM

WASHINGTON NATIONAL CATHEDRAL

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*The people's responses are in bold.*

## THE ENTRANCE RITE

### CARILLON PRELUDE

*Paraphrase on "O come, O come, Emmanuel"*

Albert C. Gerken (b. 1938)

### ORGAN PRELUDE

*Veni, Redemptor gentium, SSWV 149*

Samuel Scheidt (1587-1654)

*The people remain seated for the Introit.*

### INTROIT

*Advent Responsory*

Michael McCarthy (b. 1966)

I look from afar: and lo, I see the Power of God coming, and a cloud covering the whole earth. Go ye out to meet him and say: Tell us, art thou he that should come to reign over thy people Israel? High and low, rich and poor, one with another, Go ye out to meet him and say: Hear, O thou Shepherd of Israel, thou that leadest Joseph like a sheep, tell us, art thou he that should come? Stir up thy strength, O Lord, and come to reign over thy people Israel. Glory be to the Father, and to the Son, and to the Holy Ghost. (*Matin Responsory for Advent I*)

*The people stand as able and face the Advent wreath.*

### LIGHTING OF THE ADVENT WREATH

Blessed are you, O Lord our God, ruler of the universe. In your son, Emmanuel, you have shown us your light and saved us from the power of sin. Bless us as we light the candles on this wreath. Increase our longing for your presence that at the celebration of your Son's birth his Spirit might dwell anew in our midst. Blessed be God forever. **Amen.**

### PROCESSIONAL HYMN • 74

*Blest be the King whose coming*

*Valet will ich dir geben*

### THE OPENING ACCLAMATION

Blessed are you, holy and living God.  
**You come to your people and set them free.**



Hear, O Shepherd of Israel, leading Joseph like a flock;  
shine forth, you that are enthroned upon  
the cherubim.

In the presence of Ephraim, Benjamin, and Manasseh,  
stir up your strength and come to help us.

Restore us, O God of hosts;  
show the light of your countenance, and we shall  
be saved.

O Lord God of hosts,  
how long will you be angered  
despite the prayers of your people?

You have fed them with the bread of tears;  
you have given them bowls of tears to drink.  
You have made us the derision of our neighbors,  
and our enemies laugh us to scorn.

Restore us, O God of hosts;  
show the light of your countenance, and we shall  
be saved.

## THE SECOND READING

Hebrews 10:5-10

When Christ came into the world, he said, "Sacrifices and offerings you have not desired, but a body you have prepared for me; in burnt offerings and sin offerings you have taken no pleasure. Then I said, 'See, God, I have come to do your will, O God' (in the scroll of the book it is written of me)." When he said above, "You have neither desired nor taken pleasure in sacrifices and offerings and burnt offerings and sin offerings" (these are offered according to the law), then he added, "See, I have come to do your will." He abolishes the first in order to establish the second. And it is by God's will that we have been sanctified through the offering of the body of Jesus Christ once for all.

The Word of the Lord.

**Thanks be to God.**

*The people stand as able at the introduction of the hymn.*

## HYMN AT THE SEQUENCE • 269

*Ye who claim the faith of Jesus*

*Den des Vaters Sinn geboren*

## THE HOLY GOSPEL

Luke 1:39-55

The Holy Gospel of our Lord Jesus Christ according to Luke.

**Glory to you, Lord Christ.**

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord." And Mary said, "My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has looked with favor on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name. His mercy is for those who fear him from generation to generation. He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts. He has brought down the powerful from their thrones, and lifted up the lowly; he has filled the hungry with good things, and sent the rich away empty. He has helped his servant Israel, in remembrance of his mercy, according to the promise he made to our ancestors, to Abraham and to his descendants forever."

The Gospel of the Lord.

**Praise to you, Lord Christ.**

*The people are seated at the invitation of the preacher.*

## THE SERMON

The Reverend Canon Jan Naylor Cope

*The people stand as able.*

## THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation, he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## THE PRAYERS OF THE PEOPLE

*After each intercession,*

O come, O come Emmanuel;  
be our hope and our salvation.

*The presider prays the concluding collect, and the people respond, Amen.*

## THE CONFESSION & ABSOLUTION

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

*The presider offers absolution and the people respond, Amen.*

## THE PEACE

The peace of the Lord be always with you.  
And also with you.

*The people greet one another with a sign of God's peace and are then seated.*

## THE OFFERTORY

*An offering is received to support the Cathedral's ministry of sharing God's love with the world.*

*The altar is prepared for Holy Communion.*

## ANTHEM AT THE OFFERTORY

*Bogoróditse Djévo*

Arvo Pärt (b. 1935)

Virgin Mother of God, Hail Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, for you gave birth to the savior of our souls. *(From the Liturgy of the Vespers)*

*The people stand as able.*

## HYMN AT THE PRESENTATION

*Gladly, Lord, we offer*

*Tysk*



1. Glad-ly, Lord, we of - fer thine to be for ev - er, soul and life and each en - deav - or.  
2. Come, a - bide with - in me; let my soul, like Ma - ry, be thine earth-ly sanc-tu - ar - y.



Help us to sur - rend - er earth's de- ceit - ful trea - sures, pride of life, and sin - ful plea - sures:  
Come, in-dwell-ing Spi - rit, with trans-fi-guring splen - dor; love and hon - or will I ren - der.



thou a - lone shalt be known Lord of all our be - ing, life's true way de - cree - ing.  
Where I go here be - low, let me bow be - fore thee, know thee, and a - dore thee.

## THE HOLY COMMUNION

### THE GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give God thanks and praise.**

*The presider offers thanks to God for the grace and mercy made available in Christ, and in response the people sing:*

### SANCTUS & BENEDICTUS

Robert Powell (b. 1932)



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and earth are



full of your glo - ry. Ho - san - na in the high - est. Bless - ed is he who



comes in the name of the Lord. Ho - san - na in the high - est.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Saint Peter, Saint Paul, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

#### THE LORD'S PRAYER

Notre Père..., Padre nuestro..., Vater unser...,

**Our Father, who art in heaven,**

**hallowed be thy Name,**

**thy kingdom come,**

**thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those**

**who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom,**

**and the power, and the glory,**

**for ever and ever. Amen.**

## THE BREAKING OF THE BREAD & THE FRACTION ANTHEM

Richard Proulx (1937-2010)

*Cantor*

1. Je - sus, wis - dom and might - y Lord:  
2. Je - sus, true branch of Jes - se's tree: you take a - way the sins of the world,  
3. De - sire of na - tions, our Em - man - u - el:

1.2. *All*  
have mer - cy on us, have mer - cy on us.

3. *All*  
grant us peace, grant us peace.

## THE INVITATION TO HOLY COMMUNION

*The people are seated.*

*All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Please receive the bread in open and outstretched hands and sip the wine from the chalice, guiding it gently to your lips; or you may dip the wafer into the wine. Gluten-free wafers are available; please make your need known to the minister. Respond to receiving Communion by saying "Amen." If you prefer to receive a blessing instead, please indicate your choice by crossing your hands across your chest. Those who wish to have Holy Communion brought to them at their seat should notify an usher.*

*During the administration of Holy Communion, the laying on of hands and prayers for healing are offered in St. John's Chapel. Please enter the chapel by the ramp or stairs to the right of the pulpit.*

## ANTHEM DURING THE COMMUNION

*Ave Maria*

Robert Parsons (1535-1571)

*Sung in Latin.* Hail, Mary, full of grace, the Lord is with thee: blessed art thou among women, and blessed be the fruit of thy womb. Amen. (*Offertory for the Fourth Sunday of Advent*)

*The people stand as able.*

## THE POSTCOMMUNION PRAYER

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

## THE BLESSING

*The presider blesses the people, and people respond, Amen.*

## HYMN AT THE CLOSING

*O come, O come, Emmanuel*

*Veni Emmanuel*



1. O come, O come, Em - man - u - el, and ran - som cap - tive Is - ra - el,
2. O come, thou Branch of Jes - se's tree, free them from Sa - tan's ty - ran - ny
3. O come, thou Key of Da - vid, come, and o - pen wide our heaven - ly home;
4. O come, thou Day-spring from on high, and cheer us by thy draw - ing nigh;



that mourns in lone - ly ex - ile here un - til the Son of God ap - pear.  
that trust thy might - y power to save, and give them vic - tory o'er the grave.  
make safe the way that leads on high, and close the path to mis - er - y.  
dis - perse the gloom - y clouds of night, and death's dark shad - ow put to flight.



Re-joyce! Re-joyce! Em - man - u - el shall come to thee, O Is - ra - el!

## THE DISMISSAL

The Lord's coming is close at hand. Go forth in peace to prepare the way of the Lord.  
Thanks be to God.

## POSTLUDE

*Toccata on "Veni Emmanuel"*

Andrew Carter (b. 1939)

*The Washington Ringing Society will ring the Cathedral bells following the service.*

*Thank you for worshipping at the Washington National Cathedral today!*

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Thank you in advance for your generosity and please know that your presence with us today has been a blessing.

**WORSHIP LEADERS** The Very Reverend Randolph Marshall Hollerith, The Reverend Canon Jan Naylor Cope, The Reverend Canon Dana Colley Corsello, The Reverend Canon Kelly Brown Douglas, The Reverend Canon Rosemarie Logan Duncan, The Reverend Canon Leonard L. Hamlin, Sr., The Reverend Andrew K. Barnett, The Cathedral Singers.

**GREENS AND FLOWERS** The Advent floral arrangements are given to the glory of God. High Altar greens and flowers: in memory of Hibbard G. James; Mid-nave Advent wreath: in loving memory of Sarah Stewart Scarborough; St. Mary's Chapel Altar greens and flowers: in memory of Mr. and Mrs. Larz Anderson; Holy Spirit Chapel Altar greens and flowers: in memory of Ann Wilson; Children's Chapel Altar greens and flowers: in memory of Wayne Evan Matejik; War Memorial Chapel Altar greens and flowers: in memory of Margaret H. Howard; Bethlehem Chapel Altar greens and flowers: in honor of David, Michael, and Peter Lee.

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