



*Be a bright flame before me, O God
a guiding star above me.
Be a smooth path below me,
a kindly shepherd behind me.*

—THE PRAYER OF ST. COLUMBA

led by

Dr. Terri Lynn Simpson

Pilgrimage is at the heart of the Celtic tradition, an outward physical journey that invites the traveler to a deeper inward journey. There is perhaps no more famous pilgrim than St. Columba, who left the green hills of Ireland for a rugged island off the Scottish coast. In the centuries since he established his monastic community on Iona, the island has been a pilgrimage destination for countless seekers who travel to this thin place in the landscape where heaven and earth seem to meet.

Join us on a pilgrimage to Iona as we listen to the silence of the land, the wisdom of saints and the stories of our fellow pilgrims. The rhythm of our days begins and ends with prayer with the ecumenical Iona Community in the historic abbey church. Morning presentations and conversations explore hallmarks of the Celtic spiritual tradition, while free time in the afternoon provides the opportunity for you to explore the island on your own or with others. Follow in Columba's footsteps and discover how the landscape of this holy island and the wisdom of Celtic spirituality through the ages may deepen your own spiritual path in whatever walk of life you come from and return to.

DR. TERRI LYNN SIMPSON is the founder of Anam Cara Retreats and the coordinator for the Center for Prayer and Pilgrimage at Washington National Cathedral. Celtic spirituality is her path, writing is her practice and inviting people into thin places where they may share their stories and experience the presence of the Holy is her work. In addition to having a graduate degree in theology and a doctorate in Spirituality and Story, Simpson is a long-time student of Celtic spirituality. Grounded in the three-fold practices of prayer, pilgrimage and poetry, she weaves strands of these Celtic influences into the retreats, pilgrimages and workshops she leads in the U.S. and in the U.K. for churches, healing ministries, women's groups, and faith based non-profit organizations..

itinerary highlights

MAY 23

Depart from USA on an overnight flight to Scotland!

MAY 24

Arrive at Glasgow airport by noon, then travel by private motor coach to Oban. After checking in at the hotel, participants are free to relax before an evening reception and dinner.

MAY 25

Travel to the Isle of Iona by private coach and ferry to and then walk to the St. Columba Hotel.

MAY 26–31

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Breakfast and dinner at St. Columba Hotel included each day.

- 8 am: Breakfast
- Morning: Worship service (at the Abbey) followed by program session
- Noon: Lunch; early afternoon free time
- 4:30 pm: Afternoon program session
- 6:30 pm: Evening meal
- 9 pm: Evening worship service (at the Abbey)

JUNE 1

Participants travel by private coach and ferry through Fionnphort, Mull, Craignure and Oban to arrive in Glasgow and enjoy leisure time.

JUNE 2

Participants may depart from Glasgow at any time this day.

cost, payment & cancellation

The cost of the pilgrimage is \$2,850 per pilgrim.

- **COST INCLUDES** travel from Glasgow Airport to Iona on the day of arrival, double occupancy hotel accommodations (1 night in Oban, St. Columba Hotel on Iona for 7 nights and one night in Glasgow) breakfast and dinner (not including beverages) while at Iona, pilgrimage content and leadership and a donation to the Cathedral Center for Prayer and Pilgrimage.
- **COST DOES NOT INCLUDE** include flight arrangements to and from Glasgow Airport, travel insurance, some meals or personal expenses.
- Single rooms are available at an additional cost.

Payment and cancellation details

- Deposit of \$800 due upon registration. Includes non-refundable \$500 deposit. Once deposit is received, pilgrims must complete the travel-medical form.
- Additional payment of \$1,000 due on December 1, 2018.
- Full payment due April 1, 2019, including single room supplement if applicable. Final payment includes \$500 donation to the Cathedral Center for Prayer and Pilgrimage to be recognized in calendar year 2019.

cancellations

All notice of cancellation must be received in writing by Washington National Cathedral.

refunds

- **Before February 1 2019**, \$500 per person is nonrefundable.
- **February 1, 2019–May 9, 2019**, any refund amount will be determined by the final policies of the hotels and other travel suppliers).
- No refunds if cancellation is received on or after May 10, 2019.



For additional information, email pilgrimages@cathedral.org
or visit www.cathedral.org/iona.