The Holy Eucharist
The Fourteenth Sunday after Pentecost
August 26, 2018 • 10:00 AM
Washington National Cathedral

The Entrance Rite

The people’s responses are in bold.

Carillon Prelude

Eucaristica

Pablo Casals (1876-1973); arr. Robert B. Grogan (b. 1939)

Organ Prelude

Chorale in A minor

César-Auguste Franck (1822-1890)

Introit

Sing, my soul, his wondrous love

Ned Rorem (b. 1923)

Sing, my soul, his wondrous love,
Who, from yon bright throne above,
Ever watchful o’er our race,
Still to man extends his grace.

Heaven and earth by him were made;
All is by his scepter swayed;
What are we that he should show
So much love to us below?

God, the merciful and good,
Bought us with the Saviour’s blood,

The people stand as able.

Hymn at the Procession • 521

Put forth, O God, thy Spirit’s might

Chelsea Square

The Opening Acclamation

Blessed be God: Father, Son and Holy Spirit.

And blessed be God’s kingdom, now and for ever.

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.
The prayer continues:

Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The people are seated.

The first reading:

Then Solomon stood before the altar of the Lord in the presence of all the assembly of Israel, and spread out his hands to heaven. He said, “O Lord, God of Israel, there is no God like you in heaven above or on earth beneath, keeping covenant and steadfast love for your servants who walk before you with all their heart, the covenant that you kept for your servant my father David as you declared to him; you promised with your mouth and have this day fulfilled with your hand. Therefore, O Lord, God of Israel, keep for your servant my father David that which you promised to your servant my father David.
“But will God indeed dwell on the earth? Even heaven and the highest heaven cannot contain you, much less this house that I have built! Regard your servant’s prayer and his plea, O Lord my God, heeding the cry and the prayer that your servant prays to you today; that your eyes may be open night and day toward this house, the place of which you said, ‘My name shall be there,’ that you may heed the prayer that your servant prays toward this place. Hear the plea of your servant and of your people Israel when they pray toward this place; O hear in heaven your dwelling place; heed and forgive.

“Likewise when a foreigner, who is not of your people Israel, comes from a distant land because of your name — for they shall hear of your great name, your mighty hand, and your outstretched arm — when a foreigner comes and prays toward this house, then hear in heaven your dwelling place, and do according to all that the foreigner calls to you, so that all the peoples of the earth may know your name and fear you, as do your people Israel, and so that they may know that your name has been invoked on this house that I have built.”

The Word of the Lord.
Thanks be to God.

PSALM 84:1-6  
chant: Robert Knox Kennedy (b. 1945)

One measure of music is sung for each half verse, changing pitch on the underlined syllable. The people sing the verses in bold.

How dear to me is your dwelling, O Lord of hosts!  
My soul has a desire and longing for the courts of the Lord;  
my heart and my flesh rejoice in the living God.

The sparrow has found her a house  
and the swallow a nest where she may lay her young;  
by the side of your altars, O Lord of hosts,  
my King and my God.

Happy are they who dwell in your house!  
they will always be praising you.

Happy are the people whose strength is in you!  
whose hearts are set on the pilgrims’ way.

Those who go through the desolate valley will find it a place of springs,  
for the early rains have covered it with pools of water.

They will climb from height to height,  
and the God of gods will reveal himself in Zion.

THE SECOND READING  
Ephesians 6:10-20

Be strong in the Lord and in the strength of his power. Put on the whole armor of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God.

Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

The Word of the Lord.
Thanks be to God.
The people stand as able.

HYMN AT THE SEQUENCE

From the dawning of creation

The people are seated at the invitation of the preacher.

1. From the dawning of creation, God was present in the Word.
2. Light appeared in deepest darkness, Night was ended, morning dawned.
3. Human eyes have seen God’s glory, human hands have touched God’s own.

And the Word was God eternal, source of all that came to be.
And that light is ever burning, brightness never overcome.
In our likeness here among us, dwells the Word of God made flesh.

Jesus is that Word eternal. Jesus is the Word of life.
Jesus is that Light eternal. Jesus is the Word of life.
Jesus is that Word incarnate. Jesus is the Word of life.

THE HOLY GOSPEL

The Holy Gospel of our Lord Jesus Christ according to John.

Glory to you, Lord Christ.

Jesus said, “Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever.” He said these things while he was teaching in the synagogue at Capernaum.

When many of his disciples heard it, they said, “This teaching is difficult; who can accept it?” But Jesus, being aware that his disciples were complaining about it, said to them, “Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe.” For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, “For this reason I have told you that no one can come to me unless it is granted by the Father.” Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, “Do you also wish to go away?” Simon Peter answered him, “Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God.”

The Gospel of the Lord.
Praise to you, Lord Christ.

The people stand as able.

THE SERMON

The Reverend Canon Kelly Brown Douglas

The people are seated at the invitation of the preacher.
THE NICENE CREED
We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation, he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE
After each intercession,
God of Mercy,
Hear our prayer.
The presider prays the concluding collect, and the people respond, Amen.

THE CONFESSION & ABSOLUTION
Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.
The presider offers absolution and the people respond, Amen.

THE PEACE
The peace of Christ be always with you.
And also with you.
The people greet one another with a sign of God’s peace and are then seated.

THE OFFERTORY
An offering is received to support the Cathedral’s ministry of sharing God’s love with the world.
The altar is prepared for Holy Communion.

ANTHEM AT THE OFFERTORY
O how amiable
Ralph Vaughan Williams (1872-1958)
O how amiable are Thy dwellings: Thou Lord of hosts! My soul hath a desire and longing to enter into the courts of the Lord: my heart and my flesh rejoice in the living God. Yea, the sparrow hath found her an house, and the swallow a nest where she may lay her young: even Thy altars, O Lord of hosts. my King and my God. Blessed are they that dwell in Thy house: they will be alway praising Thee. The glorious Majesty of the Lord our God be upon us: prosper Thou the work of our hands upon us; O prosper Thou our handiwork.

O God, our help in ages past,
Our hope for years to come,
Our shelter from the stormy blast,
And our eternal home.
(Psalms 84:1-4 and 90:17)
The Holy Communion

The Great Thanksgiving

The Lord be with you.
And also with you.
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give God thanks and praise.

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.
You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.
Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

Sanctus & Benedictus

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love.
You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.
On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: “Take, eat: This is my Body which is given for you. Do this for the remembrance of me.”
As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

**Christ has died. Christ is risen. Christ will come again.**

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ’s Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Peter and Paul and all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. AMEN.

**THE LORD’S PRAYER**

Notre Père..., Padre nostro..., Vater unser...

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

**THE BREAKING OF THE BREAD & THE FRACTION ANTHEM**

Sung by cantor first time, then the people repeat.

Be known to us, Lord Jesus, in the breaking of the bread.

The bread which we break, alleluia, is the communion of the body of Christ. **Refrain**

One body are we, alleluia, for though many, we share one bread. **Refrain**

**THE INVITATION TO HOLY COMMUNION**

The people are seated.

All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Please receive the bread in open and outstretched hands and sip the wine from the chalice, guiding it gently to your lips; or you may dip the wafer into the wine. Gluten-free wafers are available; please make your need known to the minister. Respond to receiving Communion by saying “Amen.” If you prefer to receive a blessing instead, please indicate your choice by crossing your hands across your chest.

Those who wish to have Holy Communion brought to them at their seat should notify an usher.

During the administration of Holy Communion the laying on of hands and prayers for healing is offered in St. John’s Chapel. Please enter the chapel by the ramp or stairs to the right of the pulpit.

**ANTHEM DURING THE COMMUNION**

He, watching over Israel, from Elijah

He, watching over Israel, slumbers not, nor sleeps. Shouldst thou, walking in grief languish, He will quicken thee. *(Psalm 121:3b-4)*

Felix Mendelssohn (1809-1847)
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We invite you to support the mission and ministry of the Cathedral by using our new mobile giving program. Simply text the dollar amount you wish to give to (202) 856-9005. You'll be taken to a secure website to enter your credit card information, which is kept safe and secure. Thank you in advance for your generosity and please know that your presence with us today has been a blessing.


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The people stand as able.

Sending Forth Eucharistic Visitors (when scheduled)

In the name of God and this Cathedral Church, we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's Body and Blood. We who are many are one body, because we all share one bread, one cup.

The Postcommunion Prayer

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

The presider blesses the people, and the people respond, Amen.

Hymn at the Closing  530

Spread, O spread, thou mighty word

Gott sei Dank

The Dismissal

Let us go forth in the name of Christ.

Thanks be to God.

Organ Voluntary

Prelude and Fugue in B major; Op. 7 no. 1

Marcel Dupré (1886-1971)