



# The Holy Eucharist

Fifth Sunday after the Epiphany

February 4, 2018 • 11:15 am

WASHINGTON NATIONAL CATHEDRAL

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*The people's responses are in bold.*

## THE ENTRANCE RITE

### CARILLON PRELUDE

*Prelude and Fugue in C Major, BWV 553*

Johann Sebastian Bach (1685-1750); arr. Leen 't Hart (1920-1992)

### ORGAN VOLUNTARY

*Andante sostenuto, from Symphonie Gothique, Op. 70*

Charles-Marie Widor (1844-1937)

### INTROIT

*Cantate Domino*

Giuseppe Ottavio Pitoni (1657-1743)

*Sung in Latin.* Sing to the Lord, sing a new song. Praise him with the saintly congregation. Let Israel rejoice in him, and let the children of Zion rejoice and be glad in their King. (*Psalm 149*)

*The people stand.*

### PROCESSIONAL HYMN • 423

*Immortal, invisible, God only wise*

*St. Denio*

### THE OPENING ACCLAMATION

Blessed be the one, holy and living God.  
Glory to God for ever and ever. Amen.

### THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

HYMN OF PRAISE

*Glory to you, Lord God of our fathers*

John Rutter (b. 1945)

Glo-ry to you, Lord God of our fa - thers; you are wor-thy of praise; glo-ry to  
you. Glo-ry to you, for the ra - di-ance of your ho - ly Name; we will  
praise you and high-ly ex - alt you for ev - er. Glo-ry to you in the  
splen-dor of your tem- ple, on the throne of your ma - jes-ty, glo-ry to you. Glo-ry to  
you, seat-ed be- tween the Cher - u - bim; we will praise you and high-ly ex - alt you for-  
ev - er. Glo-ry to you, be - hold-ing the depths; in the  
in the high vault of hea - ven, Glo-ry to you, Fa-ther,  
high vault of hea-ven, glo - ry to you. Glo-ry to you, Fa-ther, Son, and  
Son, and Ho - ly Spi-rit, we will high-ly ex - alt you, Glo-ry to you!  
Ho - ly Spi- rit; we will praise you and high-ly ex - alt you for ev - er.

# THE WORD OF GOD

## THE COLLECT FOR THE FIFTH SUNDAY AFTER THE EPIPHANY

The Lord be with you.

**And also with you.**

Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

*The people are seated.*

## THE FIRST READING

Isaiah 40:21-31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

The Word of the Lord.

**Thanks be to God.**

## PSALM 147:1-12, 21c

Chant: Joseph Barnby (1838-1896)



Hallelujah!

How good it is to sing praises to our God!

how pleasant it is to honor him with praise!

The Lord rebuilds Jerusalem;

he gathers the exiles of Israel.

He heals the brokenhearted

and binds up their wounds.

He counts the number of the stars

and calls them all by their names.

Great is our Lord and mighty in power;

there is no limit to his wisdom.

The Lord lifts up the lowly,

but casts the wicked to the ground.

Sing to the Lord with thanksgiving;

make music to our God upon the harp.

He covers the heavens with clouds

and prepares rain for the earth;

He makes grass to grow upon the mountains

and green plants to serve mankind.

He provides food for flocks and herds  
and for the young ravens when they cry.

He is not impressed by the might of a horse;

he has no pleasure in the strength of a man;

But the Lord has pleasure in those who fear him,

in those who await his gracious favor.

Hallelujah!

*The people repeat the antiphon.*

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, so that I might by any means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

The Word of the Lord.

Thanks be to God.

*The people stand.*

### HYMN AT THE SEQUENCE

*Praise the One who breaks the darkness*

*Beach Spring*



1. Praise the One who breaks the dark - ness with a lib - er - at - ing light.
2. Praise the One who blessed the chil - dren with a strong yet gen - tle word.
3. Praise the one true love in - car - nate, Christ, who suf - fered in our place.



Praise the One who frees the pris - oners turn - ing blind - ness in - to sight.  
 Praise the One who drove out de - mons with a pierc - ing, two-edged sword.  
 Je - sus died and rose for man - y that we may know God by grace.



Praise the One who preached the Gos - pel, cur - ing ev - ery dread dis - ease,  
 Praise the One who brings cool wa - ter to the des - ert's burn - ing sand;  
 Let us sing for joy and glad - ness, see - ing what our God has done.



calm - ing storms, and feed - ing thou - sands with the ve - ry bread of peace.  
 from this well comes liv - ing wa - ter, quench - ing thirst in ev - ery land.  
 Praise the one re - deem - ing glo - ry. Praise the One who makes us one.

### THE HOLY GOSPEL

Mark 1:29-39

The Holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you, Lord Christ.

Jesus and his disciples left the synagogue at Capernaum and entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of the Lord.  
Praise to you, Lord Christ.

*The people are seated at the invitation of the presiding bishop.*

#### THE SERMON

The Most Reverend Michael Bruce Curry

*The people stand.*

#### THE NICENE CREED

We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father.  
Through him all things were made.  
For us and for our salvation, he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate; he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

#### THE PRAYERS OF THE PEOPLE

*After each intercession,*

God of life and light,  
hear us, we pray.

*The presiding bishop prays the concluding collect, and the people respond, Amen.*

#### THE CONFESSION & ABSOLUTION

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

*The presiding bishop offers absolution and the people respond, Amen.*

#### THE PEACE

The peace of the Lord be always with you.  
And also with you.

*The people greet one another with a sign of God's peace and are seated.*

## THE OFFERTORY

*An offering is received to support the Cathedral's ministry of sharing God's love with the world.*

*The altar is prepared for Holy Communion.*

## ANTHEM AT THE OFFERTORY

*Epiphany Alleluias*

John Weaver (b. 1934)

Alleluia. We have seen his star in the east, and are come to worship him. Arise, shine, for thy light is come and the glory of the Lord is ris'n upon thee. Alleluia. (*From the propers for Epiphany*)

*The people stand.*

## HYMN AT THE PRESENTATION • 529

*In Christ there is no East or West*

*McKee*

## THE HOLY COMMUNION

### THE GREAT THANKSGIVING

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

*The presiding bishop offers our thanks to God for the grace and mercy made available in Christ, and in response the people sing:*

### SANCTUS & BENEDICTUS

Grayson Warren Brown (b. 1948)

Ho-ly, ho - ly, ho-ly, ho - ly, ho-ly Lord God of hosts. —  
— Hea-ven and earth are filled with your glo - ry. Ho - san - na in the  
high - est. Bless-ed is he who comes in the name — of the Lord, —  
— of the Lord. — Ho - san - na in the  
high - - est. Ho - san - na in the high - est. —

*The presiding bishop gives thanks to God for the reconciling work of Christ's passion and resurrection and prays over the bread and wine.*

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

**Dying, you destroyed our death.**

**Rising, you restored our life.**

**Christ Jesus, come in glory!**

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with blessed Peter and Paul, our patrons, and all your people into the joy of our true eternal home.

Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

**Blessed are you now and for ever. AMEN.**

#### THE LORD'S PRAYER

Notre Père..., Padre nuestro..., Vater unser...,

**Our Father, who art in heaven,**

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

**Give us this day our daily bread.**

**And forgive us our trespasses,**

as we forgive those

who trespass against us.

**And lead us not into temptation,**

but deliver us from evil.

**For thine is the kingdom,**

and the power, and the glory,

for ever and ever. Amen.

#### THE BREAKING OF THE BREAD & THE FRACTION ANTHEM

*Taste and see*

James Moore (b. 1951)

Taste and see, taste and see the good - ness of the Lord, \_\_\_\_\_ O

taste and see, taste and see the good - ness of the Lord, \_\_\_\_\_ of the Lord.

*The people are seated.*

#### THE INVITATION TO HOLY COMMUNION

*All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Please receive the bread in open and outstretched hands and sip the wine from the chalice, guiding it gently to your lips; or you may dip the wafer into the wine. Gluten-free wafers are available; please make your need known to the minister. Respond to receiving Communion by saying "Amen." If you prefer to receive a blessing instead, please indicate your choice by crossing your hands across your chest.*

*During the administration of Holy Communion the laying on of hands and prayers for healing is offered in St. John's Chapel. Please enter the chapel by the ramp to the right of the pulpit.*

## ANTHEM DURING THE COMMUNION

*Thou wilt keep him in perfect peace*

Samuel Sebastian Wesley (1810-1876)

Thou wilt keep him in perfect peace, whose mind is stayed on thee. The darkness is no darkness with thee, but the night is as clear as the day. The darkness and the light to thee are both alike. God is light and in him is no darkness at all. O let my soul live, and it shall praise thee, for thine is the kingdom, the power and the glory, for evermore. (*Isaiah 26:3; Psalm 139: 11; I John 1:5; Psalm 119:175*)

*The people stand.*

## THE POSTCOMMUNION PRAYER

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

## THE BLESSING

*The presiding bishop blesses the people, and the people respond, Amen.*

## CLOSING HYMN • 401

*The God of Abraham praise*

*Leoni*

## THE DISMISSAL

Go in the peace of Christ.  
Thanks be to God.

## ORGAN VOLUNTARY

*Fanfare*

John Cook (1918-1984)

**WORSHIP LEADERS** The Most Reverend Michael B. Curry, The Very Reverend Randolph Marshall Hollerith, The Reverend Canon Jan Naylor Cope, The Boys Cathedral Choir.

**FLOWERS** The flowers throughout the Cathedral are given to the glory of God. The High Altar: in memory of Katharine Baillie Olin; Holy Spirit Chapel Altar: in memory of Arthur Brammer on the anniversary of his birthday; The Altar at the Crossing: in memory of Glen Naylor by Joe and Peggy Bracewell; Children's Chapel Altar: in memory of Mrs. Leah Bennett Laycock; Bethlehem Chapel Altar: to the Glory of God and in loving memory of The Reverend Frederick H. Arterton, late Canon of this Cathedral; Frederick Henry Prince Tomb: on the anniversary of his death.

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*A Song of Praise: Benedictus es, Domine.* Music: John Rutter (b. 1945). Copyright © 1985 Oxford University Press, Inc. *Praise the One who breaks the darkness.* Text: Rusty Edwards (b. 1955). Copyright © 1987 Hope Publishing Company. Tune: Beach Spring, from *The Sacred Harp* (1844). *Sanctus: Holy, Holy, Holy.* Words: Traditional. Music: A Mass for Soulful People, Grayson Warren Brown (b. 1948). © 1979 North American Liturgy Resources. *Taste and see.* Text: Psalm 34; James E. Moore Jr., © 1983, GIA Publications, Inc. Tune: James E. Moore, Jr., © 1983, GIA Publications, Inc.



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